



Welcome aboard, Cougars!

We are anxiously anticipating the next season and we look forward to working with our incoming students! We have a rich athletic tradition at Carondelet and a bright future ahead. Our tremendous athletes, in all sports, strive to become greater on and off the playing field and truly embody heart, faith and courage in all that they do.

Athletics Transfer Policy

As part of the admissions process, a prospective transfer student to Carondelet should always consider her ability to be eligible for participation in interscholastic sports. While not every transfer student will desire to compete athletically at Carondelet, she should be aware of the rules that govern her eligibility/ineligibility once she enrolls in the school. The North Coast Section (NCS) of the California Interscholastic Federation (CIF) has a very detailed process for athletic eligibility that an applicant should review prior to making a formal decision about acceptance (http://www.cifncs.org/parents-students/eligibility_information). Furthermore, certain forms must be completed prior to any Carondelet Athletics activity. All transfer students interested in gaining athletic eligibility at Carondelet are encouraged to fill out the Parent/Student Certification form below/attached and connect with our Athletics Department before the start of the 2018-19 school year. (https://www.carondeleths.org/uploaded/PDFs/NCS_Parent_Student_Certification_Form.pdf)

On the next page you will find the 2018-19 tryout dates for each season of sport. Online registration for Cheer and Dance will begin April 18, and registration for our remaining programs will begin June 1. Until then, check out our Cougar Athletics website and Facebook page and follow us on twitter @go_carondelet for the latest news and updates on our current Cougars! Our teams are continuing to compete for championships while honoring our school's mission and vision.

Go Cougars!!