



East Bay Athletic League

1130 Winton Drive

Concord, Ca 94518

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January 15th, 2021

Dear East Bay Athletic League Community,

There was a conference call this morning with the EBAL Board of Governors and athletic directors to discuss the current COVID-19 situation. The East Bay Athletic League has created a revised season of sport plan. Please see the revised sport plan below. This plan is pending North Coast Section approval. The schedule is subject to change and contingent on CDPH guidelines, county guidelines, and school district/site determinations/approvals.

For any questions please contact your school directly.

Sincerely,

Leo Lopez

East Bay Athletic League

Commissioner for Athletics

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@THE_EBAL_SPORTS and www.theebal.com

East Bay Athletic League - COVID 19 Seasons of Sport DRAFT (REVISED as of 1/15/21)

All EBAL sports to be played as outlined by the CDPH. Sports would be able to officially begin their season once the county of each member school's residence reaches a specific tier.

All member schools agree to adhere to CIF/NCS/EBAL bylaws for athletic competition.

Points of Emphasis/Rational

1. Schedule in alignment with CDPH Tier system and cohort definition
2. No EBAL standings or championships
3. EBAL schools agree to not participate in NCS or CIF post season play
4. EBAL may opt to adjust seasons of sport based on unforeseen circumstances

EBAL Season 1 - PURPLE:

Sport: Cross Country - Preseason Meeting, Wednesday 1/20, 4pm

1. Target Start Date for practices - 2/1/21 (may be adjusted based on tier status)
2. Earliest date for allowable competition - when stay at home order is removed
3. Last date of EBAL competition - 3/20/21 (may be adjusted based on tier status)
4. Maximum number of contests - 7

Sport: Swimming/Diving - Preseason Meeting, TBD

1. Target Start Date for practices - 2/1/21 - (may be adjusted based on tier status)
2. Earliest date for allowable competition - when stay at home order is removed
3. Last date of EBAL competition - 3/27/21 (may be adjusted based on tier status)
4. Maximum number of contests - 8

Sports: Golf and Tennis Preseason Meeting, Thursday 1/21, 5pm; Golf Tuesday 1/19, 4pm

1. Target Start Date for practices - 2/8/21 - (may be adjusted based on tier status)
2. Earliest date for allowable competition - when stay at home order is removed
3. Last date of EBAL competition - 5/1/21 (may be adjusted based on tier status)
4. Maximum number of contests - 20

Sports: Track and Field - Preseason meetings, Wednesday 1/20, 5pm

1. Target Start Date for practices - 3/22/21
2. Earliest date for allowable competition - 3/22/21
3. Last date of EBAL competition - 5/15/21 (may be adjusted based on tier status)
4. Maximum number of contests - 8

EBAL Season 2 - RED:

Sports: Baseball and Softball

1. Target Start Date for practices - 3/1/21 or when allowable based on tier status
2. Earliest date for allowable competition - TBD
3. Last date of EBAL competition - TBD
4. Maximum number of contests - TBD

Sport: Girls Lacrosse

1. Target Start Date for practices - 3/1/21 - (may be adjusted based on tier status)
2. Earliest date for allowable competition - TBD
3. Last date of EBAL competition - TBD
4. Maximum number of contests - TBD

EBAL Season 3 - ORANGE

Sport: Football

1. Target Start Date for practices - When allowable based on tier status
2. Earliest date for allowable competition - TBD
3. Last date of EBAL competition - TBD
4. Maximum number of contests - TBD

Sport: Boys Lacrosse

1. Target Start Date for practices - When allowable based on tier status
2. Earliest date for allowable competition - TBD
3. Last date of EBAL competition - TBD
4. Maximum number of contests - TBD

Sport: Soccer

1. Target Start Date for practices - When allowable based on tier status
2. Earliest date for allowable competition - TBD
3. Last date of EBAL competition - TBD
4. Maximum number of contests - TBD

Sport: Water Polo

1. Target Start Date for practices - When allowable based on tier status
2. Earliest date for allowable competition - TBD
3. Last date of EBAL competition - TBD
4. Maximum number of contests - TBD

Sport: Volleyball

1. Target Start Date for practices - When allowable based on tier status
2. Earliest date for allowable competition - TBD
3. Last date of EBAL competition - TBD
4. Maximum number of contests - TBD

Sport: Badminton

1. Target Start Date for practices - When allowable based on tier status
2. Earliest date for allowable competition - TBD
3. Last date of EBAL competition - TBD
4. Maximum number of contests - TBD

EBAL Season 4 - YELLOW

Sport: Competitive Cheer

1. Target Start Date for practices - When allowable based on tier status
2. Earliest date for allowable competition - TBD
3. Last date of EBAL competition - TBD
4. Maximum number of contests - TBD

Sport: Basketball

1. Target Start Date for practices - When allowable based on tier status
2. Earliest date for allowable competition - TBD
3. Last date of EBAL competition - TBD
4. Maximum number of contests - TBD

Sport: Wrestling

1. Target Start Date for practices - When allowable based on tier status
2. Earliest date for allowable competition - TBD
3. Last date of EBAL competition - TBD
4. Maximum number of contests - TBD