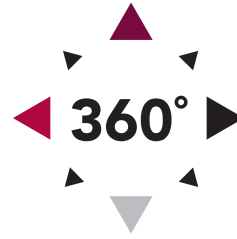


# A 360° Year Overview of the Carondelet Freshman Experience



CARONDELET  
HIGH SCHOOL



## ► Inspiring young women

Preparing your daughters for college, career and lives of purpose begins the moment you become part of the Carondelet community. We inspire our young women through **personal attention** focused on bringing out their best. This includes providing extraordinary and individualized college and career **guidance** that starts in their freshman year and supports them every step of the way.

You also become part of our special and supportive **sisterhood** that creates a community which motivates each of our students to **aim higher**, take on **new challenges** and feel part of something greater than herself. At the heart of this sisterhood is our Catholic tradition that creates an inclusive environment that embraces all students, welcomes **diversity**, and values **social justice, empathy, service** and **gratitude**.

Ninth grade is a crucial year. At Carondelet it is the gateway to becoming inspired young women who live with **heart, faith, courage**, and **excellence**; who are prepared to succeed in college and career; and who are committed to making a positive difference.

## ► Research shows that all students need common skills in:

- **Critical thinking** and **problem solving**
- **Collaboration across networks** and **leading by influence**
- **Flexibility** and **adaptability**
- **Initiative** and **entrepreneurship**
- **Effective oral** and **written communication**
- **Accessing** and **analyzing information**
- **Curiosity, imagination, and creativity**

—TONY WAGNER | "Global Achievement Gap"

# The Carondelet Academic Advantage

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## What Carondelet 9th graders will learn

Our Ninth grade curriculum begins building a strong foundation of the essential skills by creating the environment for each student to adopt and develop a growth mindset, to take control of their own learning including the decision to tackle honors and advanced coursework across all subject areas. It also strives to make connections between subjects and connect what is being learned to the student's life. Collaboration, real-world problems, and self-discovery are key elements that lead to independence, healthy risk-taking, and discovering their own passions. These skills will come to life in the seven courses we have created.



COURSE DESCRIPTION	COURSE TITLE	DEPARTMENT
<div>► <b>Exploring the art and science of expression</b></div> <div><ul style="list-style-type: none"><li>► Supports risk, failure, revise cycle as students gain experience working with a design-think mindset</li><li>► Actively engages students with their work as they showcase it to others</li><li>► Develops digital literacy through basic coding, portfolio creation (html), and a game lab</li><li>► Expands artistic literacy through:<ul style="list-style-type: none"><li>- digital music composition and learning how to write &amp; record electronic and acoustic music</li><li>- two and three dimensional art, photography, and film working with each medium in a studio setting</li></ul></li></ul></div>	<div><b>FROSH CREATION</b> Think Make Share</div>	<div><b>visual + performing arts</b></div> <div><b>computer science</b></div>
<div>► <b>Charting a journey of faith and personal growth</b></div> <div><ul style="list-style-type: none"><li>► Develops students' sense of who they are as young women of faith and their connection to the sisterhood</li><li>► Explores our school community and the influence of the Sisters of St. Joseph</li><li>► Introduces morality, ethics, and social justice through Catholic Values</li><li>► Develops skills and useful perspectives to help students face challenges they experience in the real world</li><li>► Focuses on physical and emotional well-being as well as on general wellness topics</li></ul></div>	<div><b>FROSH WELLNESS</b> Mind Body Spirit</div>	<div><b>religious studies</b></div> <div><b>kinesiology</b></div>

## ► Unleashing the mathematical mind

- Enables students to move at their own pace, including accessing honors coursework (no placement test required)
- Provides option for students to complete Algebra in less than one year and begin Geometry
- Adopts growth mindset to develop awareness that no one is "bad at math"

Permits students to take challenge exam that places them directly in regular or honors Geometry or beyond

## ► Learning to think like a scientist

- Focuses on student-driven interests of "real world issues" through inquiry-based labs and culminating projects
- Lays a strong foundation to provide a common scientific language and develops project organization skills and teaming techniques

## ► Developing effective communicators and discerning scholars

- Creates connections and in-depth understanding through discussions across disciplines exploring big ideas through the humanities
- Helps students build a toolbox to "read across the curriculum" with confidence and communicate effectively
- Provides accelerated coursework and honors options for all (no placement test required)

## ► Understanding the past to develop leaders for the future

- Examines our past, explains our present, and imagines our future providing a direct link to English, Science and the Arts
- Focuses on developing critical thinking, teaming, and communication skills

## ► Opening hearts and minds to new worlds

- Systematically connects language learning to other subjects
  - Goes beyond the classroom to use new language in our own community and globally
  - Encourages pursuit of external certifications to validate competence
- Challenge exam may be taken to test beyond level 1

**Algebra 1**

**Geometry**

**math**

**Conceptual  
Physics**

**science**

**Big  
Voices**

**english**

**Big  
History**

**social  
studies**

**French  
Spanish  
Italian  
Latin  
ASL\***

**modern  
language**

\*(w/counselor approval)



## The Carondelet Academic Advantage **Beyond the classroom**

Beginning on the first day of school, our team of talented and caring educators are here to support all of our young women both in and outside of the classroom. This support includes the following programs that make a difference:

### **Advisory**

- ▶ Small groups working with one adult and student peer counselors.
- ▶ Mindfulness and emotional support.
- ▶ Life/school strategies to empower and equip students to succeed in school and life AND make a positive difference in the world.

### **College and Career Counseling**

- ▶ 1 to 1 relationship with college counselor begins Freshman year.
- ▶ Counselors meet with students and serve as advisors throughout high school to support development of student passions.
- ▶ Guidance for the whole family to navigate the college application process and career planning process.
- ▶ Parent education and multiple student bootcamps.

### **Personal and Emotional Support**

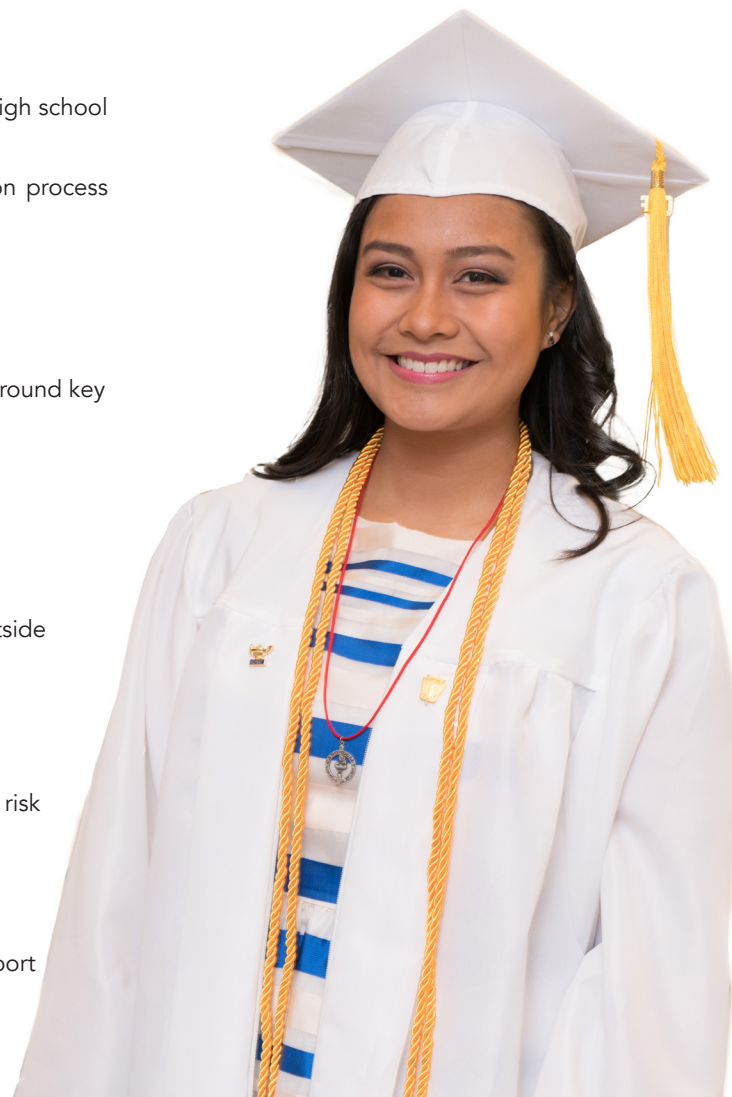
- ▶ Professional Personal Counselors lead programming for students around key wellness topics including:
  - stress management & mindfulness
  - respect and behavior
  - social media use and responsibility
- ▶ Opportunities for group discussions and peer support groups.
- ▶ Licensed counselors provide support for families connecting to outside resources when necessary

### **Academic and Learning Support**

- ▶ Outreach to students and families to identify students at academic risk
- ▶ Personalized learning strategies and pathways developed to meet individual student needs
- ▶ In-house professional learning specialists
- ▶ Structures that include after school homework and study skills support available through peer counseling and CSJ empowerment hour.



**CARONDELET**  
HIGH SCHOOL



▶ **Heart** ▶ **Faith** ▶ **Courage** ▶ **Excellence** ▶