

More Than High School.

Her School.



CARONDELET
HIGH SCHOOL

Our Mission

Carondelet High School inspires excellence by preparing young women to live with heart, faith, and courage in the Catholic tradition and spirit of the Sisters of St. Joseph.

Our Vision

A Carondelet graduate is empowered by her Catholic, college-preparatory education and is known as a woman who responds to the needs of the times and makes a positive difference.

Our Values

Our values of **Heart, Faith, Courage,** and **Excellence** help to guide our students as they: lead with heart, grow in faith, advocate for others and empower one another with courage, and pursue excellence in school and in the world.

Our History

Carondelet High School was founded in 1965 by the Sisters of St. Joseph of Carondelet at the request of Bishop Floyd Begin, the first bishop of Oakland. In the tradition of their congregation, the Sisters responded to the needs of the Church by establishing the only Catholic secondary school for young women in Contra Costa County.



CARONDELET

At a glance



23

AVERAGE
CLASS SIZE

40+

STUDENT
CLUBS

16:1

STUDENT TO
FACULTY RATIO

45%

PARTICIPATE IN
ARTS

54%

PARTICIPATE IN
ATHLETICS

28 AP
COURSES

19 HONORS
COURSES

1087

AP EXAMS
TAKEN

36

SPORTS TEAMS



STATE-OF-THE-ART
ATHLETICS COMPLEX

52%

RECEIVE
TUITION
ASSISTANCE

The All-Girl



Advantage

An All-Girls Education

For the first two years, students benefit from all-girls classes, which help them find their voices and grow in confidence. Through our unique partnership with De La Salle High School, they then have the opportunity to further develop their strengths in a co-ed setting, allowing them to practice and refine their voices in a diverse social and academic community.

At Carondelet, our young women are center stage. She learns to speak out and advocate for herself and others from the day she starts high school.

All girls school graduates are **6x** more likely to consider majoring in **math, science, and technology** compared to girls who attended coeducational schools.



Her Learning

80%

of all-girls school graduates consider their academic performance as **highly successful**.

Girls' school students also show more confidence compared to girls in coeducational schools, and **typically do better academically and are more likely to study STEM subjects** than girls in coed schools.

I am extremely grateful for my teachers and the impact they continue to have on my high school journey. They have created a supportive learning environment for me and all my peers, encouraged collaboration, and served as role models for me and everyone around them. The teachers at Carondelet create a safe and supportive classroom setting to empower students to take risks without the fear of judgement or failure. —Maddie S. '27





Compared to coeducated peers,
girls' school graduates are
3x more likely to consider
engineering careers.



Personalized Attention

We offer personalized learning strategies and pathways developed to meet individual student needs. Through various support programs, we give our students every advantage to succeed in the classroom, in the community, and in life.

Dedicated Teachers & Staff

We understand the impact that we have on our students and we take that responsibility very seriously. Our caring, close-knit team of teachers and administrators collaborate each day to bring out the best in each student.



College Preparatory Curriculum

Our curriculum develops student self-advocacy, creative problem solving, collaborative learning, varied forms of self-expression, and the ability to communicate effectively. We stay at the forefront of best practices for girls' education, continuously reassessing the tools and skills young women need to become confident, entrepreneurial, resilient, career-ready leaders in our dynamic world.

Her Faith Journey

Our Catholic Foundation

At the heart of Carondelet is our Catholic tradition, rooted in the mission of the Congregation of the Sisters of St. Joseph (CSJ): **to create an inclusive environment that embraces all students, welcomes diversity, and values social justice, empathy, service, and gratitude.**

Carondelet students learn the skills they need to make their faith actionable, picking up on the traditions handed down by the Sisters of St. Joseph in addressing real world issues. Our curriculum helps our students to identify what it means to live with Heart, Faith, Courage, and Excellence. We integrate these measures into all aspects of the school with the expectation that our students will graduate ready to respond to the needs of the times and make a positive impact in the world.

Our Charism

In the spirit of our founders, the Sisters of St. Joseph, we embrace our charism of **"unifying love"** and our mission **"to serve the dear neighbor without distinction."** This belief is at the heart of everything that we do.

Students don't just deepen their understanding of the Catholic faith and gospel values: they put them into practice.

Through retreats, immersion trips, and service opportunities, students are able to nourish their faith and their expressions of spirituality.

✦ Liturgies and Prayer

There are several liturgies and prayer services held throughout the school year. Students are invited to become lectors, Eucharistic ministers, liturgical dancers, music ministers, and to offer spiritual reflections.

✦ Retreats

The retreat program is designed to offer our student community time to reflect, rest, and bond with self, others, and God. The charism of the Sisters of St. Joseph and the Carondelet mission is woven into the themes of each retreat.

✦ Social Justice & Immersions

Many opportunities to create a more just community and world are available to students. The church's tradition of Catholic Social Teaching, a consistent ethic of life, and the CSJ charism provide the framework for the opportunities and emphases of our Social Justice program.

✦ Service Opportunities

Students have the opportunity to collaborate with their peers and gather together to serve the local community. Students eager to volunteer are encouraged to learn about local agencies that our students frequently partner with. Logging service hours allows students to become eligible for service awards and membership to honors societies.

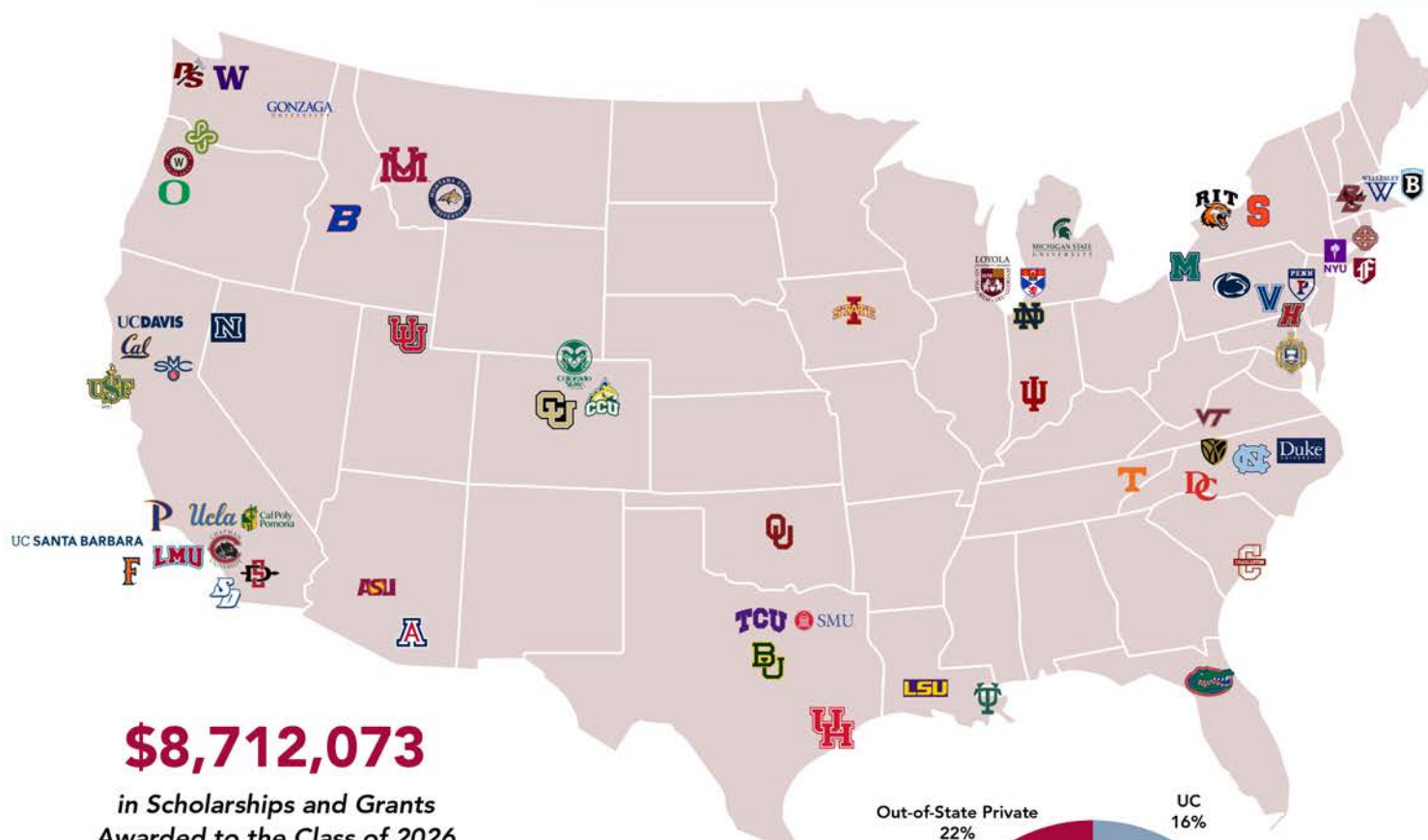


My favorite thing about being part of the Carondelet community is the activities that bring us together as a whole school community. For example, I feel so loved and accepted in our school liturgies and I can honestly feel God's presence in every single one. —Julia A. '27

Her Future



WHERE OUR STUDENTS GO TO COLLEGE

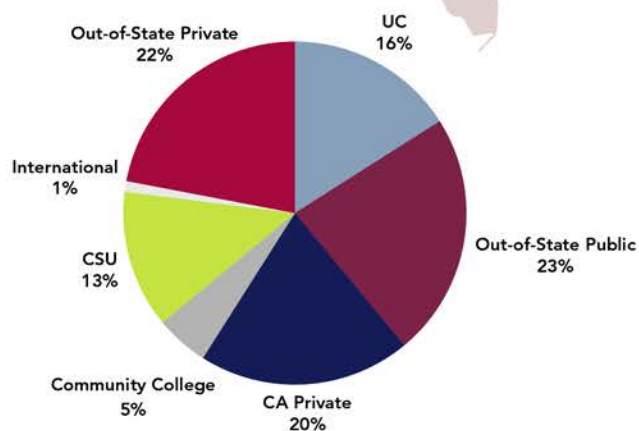


Valedictorian Xochitl A. '26 is attending the United States Naval Academy and Salutatorian Sahana D. '26 is attending Duke University.

View a **full** list of where our students go to college



Arizona State University
Baylor University
Bentley University
Boise State University
Boston College – Massachusetts
California Polytechnic State University–San Luis Obispo
California Polytechnic State University–Pomona
California State University–Chico
California State University–East Bay
California State University–Fullerton
California State University–Long Beach
California State University–Los Angeles
California State University–Northridge
Chapman University
Claremont McKenna College
College of Charleston
Colorado Christian University
Colorado State University
Davidson College
Diablo Valley College
Dominican University of California
Duke University
Fairfield University
Fordham University
Gonzaga University
Haverford College
Indiana University–Bloomington
Iona University
Iowa State University
Louisiana State University
Loyola Marymount University



Loyola University Chicago
Mercyhurst University
Michigan State University
Montana State University
New York University
Pepperdine University
Pomona College
Portland State University
Rochester Institute of Technology
Saint Mary's College
San Francisco State University
San Jose State University
Santa Barbara City College
Santa Clara University
Southern Methodist University
Syracuse University
Texas Christian University
United States Naval Academy
University of Arizona
University of California–Berkeley
University of California–Davis

University of California–Los Angeles
University of California–Merced
University of California–San Diego
University of California–Santa Barbara
University of California–Santa Cruz
University of Colorado Boulder
University of North Carolina–Chapel Hill
University of Notre Dame
University of Oregon
University of Pennsylvania
University of Puget Sound
University of San Diego
University of San Francisco
University of Southern California
University of Utah
Villanova University
Virginia Polytechnic Institute and State University
Wellesley College
Willamette University

and more!

College Counseling !

Our student-centered college counseling program is rooted in Carondelet's core values of educating young women to live with Heart, Faith, Courage, and Excellence.

Our Roadmap

All freshmen are assigned to the Academic Counselor who helps lay a strong academic foundation by ensuring appropriate course selection and providing an early introduction to the college counseling process.

Beginning in the second semester of sophomore year, students are assigned to a dedicated College Counselor who will support them throughout the rest of their high school journey at Carondelet. Each College Counselor works with approximately 50 students per grade level, offering personalized guidance through the college planning and application process.

The Carondelet approach to college counseling is to identify goals for each grade and help guide students through the college exploration process.

9th Grade: DISCOVER

Students try something new, discover an interest, get involved.

10th Grade: EXPLORE

Students deepen commitments and further academic interests.

11th Grade: THRIVE

Students begin their college search in earnest, learning valuable skills that will serve them in college and beyond.

12th Grade: LAUNCH

Students feel confident in applying to college and receive guidance and feedback along the way.





LUNCH AND LEARN SERIES

Each month, students are invited to visit College Counseling for an informative lunch time presentation on various college-focused topics. These sessions are intended to give younger students an introduction into the college search and application process.



COLLEGE KICKSTART

In addition to regular one-on-one meetings, students participate in a three-part College Bootcamp that begins in the winter of junior year. This comprehensive program jumpstarts the college application process, guiding students through essay writing, filling out their applications, staying organized, and much more.

COLLEGE REPRESENTATIVE VISITS AND COLLEGE FAIRS

Each year, nearly 100 colleges and universities visit Carondelet and De La Salle to connect with interested juniors and seniors. In addition, multiple college fairs are hosted throughout the year, providing all students with valuable opportunities to explore a wide range of higher education options.



COURSE SCHEDULING

Each year, College Counselors meet individually with every student to guide them in selecting courses for the upcoming school year. These personalized meetings ensure that students stay on track to meet graduation requirements while aligning their coursework with future academic and career goals.

The Carondelet

Sisterhood



The Sisterhood

We are a proud, supportive Sisterhood. We motivate each of our students to aim higher, take on new challenges, and feel part of something greater than herself. This Sisterhood has created an inclusive environment that embraces all students, welcomes diversity, and values social justice, empathy, gratitude, and service to our dear neighbor.



When I first came to Carondelet, I only knew a few people. However, soon I found that everyone here was very welcoming, kind, and they embodied the spirit of the Sisterhood that I had heard so much about. I created lasting bonds and friendships that I never would have had if I had not leaned into the Sisterhood and put myself out there. —Rahya A. '28



Her Athletics

Carondelet is a place where young women enjoy the opportunity to develop athletic abilities consistent with the highest standards of leadership, sportsmanship, academic scholarship, and school tradition. Our mission to live out our values of Heart, Faith, Courage, and Excellence remains at the core of our athletic ideals.

36 SPORTS
TEAMS

Our Athletics Program

BASKETBALL

Varsity
JV
Freshmen

BEACH VOLLEYBALL

Varsity

CHEER

Varsity
JV

CROSS COUNTRY

Varsity
JV

DANCE

Varsity
JV

DIVING

Varsity
JV

GOLF

Varsity
JV

FALL RUGBY

Varsity

FLAG FOOTBALL

Varsity

LACROSSE

Varsity
JV

SOCCER

Varsity
JV

SOFTBALL

Varsity
JV

SPRING RUGBY

Varsity

STUNT

Varsity

SWIMMING

Varsity
JV

TENNIS

Varsity
JV

TRACK & FIELD

Varsity
JV

VOLLEYBALL

Varsity
JV

Freshmen

WATER POLO

Varsity
JV



NCS Division I Champions

GO COUGARS!

Average GPA of our student-athletes was 3.93 for 2025–26.

National Talent
23

student-athletes from the Class of 2026 signed commitments to play at the collegiate level.

Winning Teams

- 151** League Championships
- 69** NCS Team Championships
- 18** National Cheer and Dance Championships
- 9** Northern California Team Championships
- 4** State Team Championships
- 4** Individual State Championships
- 2** National Team Championships
- 1** Individual National Champion



My favorite thing about being a part of the Carondelet community is being an athlete. It truly emphasizes the school spirit and the amount of support everyone of all grades has for one another. Whether it's while I'm playing or while I'm watching someone else play, watching women's sports and being able to empower other women feels powerful. —Reese A. '27



CARONDELET ATHLETICS COMPLEX

3737 Valley Vista Road, Walnut Creek

Our six acre, state-of-the-art athletics complex serves as the primary home venue for flag football, lacrosse, rugby, soccer, softball, tennis, water polo, and swimming and diving programs.





Her Interests

Social Justice

MISSION

The Social Justice Club is a student-led organization dedicated to promoting the rights of marginalized groups, raising awareness of social issues, and advocating for positive change in our community.

Join our
SCHOOLY
PPHS-FOCUS

Follow our
INSTAGRAM
@socialjusticeclub



There's something for everyone!

Every student can find an activity, club, or honor society to enhance her personal development and her sense of purpose. Carondelet's wide array of student organizations reflects the broad and diverse interests of our girls. There's a place for **everyone** here.

STUDENT COUNCILS

- Associated Student Body (ASB) Council
- Senior Class Council
- Junior Class Council
- Sophomore Class Council
- Freshman Class Council
- Diversity, Equity, Inclusion Council
- Green Team Environmental Council
- Peer Counselors
- Spiritual Life Council

HONOR SOCIETIES

- California Scholarship Federation (CSF)
- National Art Honor Society (NAHS)
- National Honor Society (NHS)
- National Music Honor Society (Tri-M)



More than
40+

co-curricular offerings or clubs in the areas of academics, honor societies, fine arts, theatre, culture, and more to allow students to express themselves and explore their passions.

CLUBS

- | | | | |
|---|---|--|--|
| <ul style="list-style-type: none">• Animal Careers Club• Asian Pacific Islanders• Badminton Club• Basketball Club• Brick by Brick• Bring Change to Mind• Cards of Compassion• CHS Future Imagineers• CHS/DLS Company• CHS/DLS Walking Club• Cougar Nation | <ul style="list-style-type: none">• Cougars in Cosmetology• Cougars United• DLS/CHS Trap Team• Empower Her• Environmental Awareness and Action Club (EAAC)• Filmmakers Club• Grounds From Around• Intramural Sports• Jewish Club• Latinas Unidas | <ul style="list-style-type: none">• Made with Love• Math Club• Middle Eastern Club• Mock Trial• Model United Nations• Multiplying Good• Neurodiversity Club• Philanthropy Club• Rotten Tomatoes• Social Justice• Spanish Appreciation Club | <ul style="list-style-type: none">• SWENext• Video Game Club• Vital Women• Volleyball Club• Women in Finance |
|---|---|--|--|



Carondelet & De La Salle combined choirs performing the National Anthem at a Warriors game (fall 2025)



My favorite thing about being part of Carondelet is the community. It's inspiring to be part of a community that lifts each other up and reminds us that we can achieve anything we set our minds too. —Ryan N. '26



WELLNESS CENTER



Follow us on Instagram!
@carondeleths_wellness

Her Wellness

The Cannon Wellness Center opened its doors to students in January 2023. The Cannon brings wellness to the forefront of our community, providing a comforting environment where students can connect with wellness counselors, utilize designated TeleHealth rooms, reset in the Gratitude Garden, or join in wellness activities such as painting, arts and crafts, and journal making.



Our wellness counselors provide programming for students around key social and emotional health topics, including: stress management and mindfulness, communication, healthy relationships, and responsible social media use.





Opportunities for Tuition Assistance

We want every family to have the opportunity to afford Carondelet. We provide multiple ways to offset the cost of tuition through school-provided need-based aid and merit-based scholarship. Carondelet also partners with outside organizations, such as FACE and Bay Scholars, to provide financial aid.

Tuition assistance applications open in December.



For more information, please visit:

CarondeletHS.org/Apply/Tuition-Aid

52%

of students receive
merit and/or need-based
tuition assistance

\$2.9

million awarded



Learn More Today!

- Learn about our application process step-by-step during the Admissions night in October.
- Experience our community with students and teachers at Open House in November.
- Visit classes for a half-day, on-campus experience during Student Preview days.
- Get ready for your HSPT exam through our Prep Course.
- To sign up for events and to start your application, visit:

CarondeletHS.org/Apply

- Applications are due early December.



Upcoming Events

Visit the QR Code to learn
about upcoming events.





CARONDELET
HIGH SCHOOL

Carondelet High School

Heart. Faith. Courage. Excellence.

1133 Winton Drive, Concord, California, 94518
(925) 686-5353 | admissions@CarondeletHS.org

CarondeletHS.org