

CARONDELET HIGH SCHOOL | FALL 2019



CARONDELETTER



A Carondelet student is courageous, composed, confident, eager to learn more, and prepared to tackle what's ahead of her.

— BONNIE A. COTTER

Building Our Future NO LIMITS

Many the Gifts honors our extraordinary community of generous alumnae, parents, and friends who provide the support that sets Carondelet apart.

Through your collective generosity and leadership, Carondelet has the resources to help shape the lives of our students on campus and beyond.

Our online lists include all donors who made a meaningful difference for Carondelet's students, faculty, and community from July 1, 2018 to June 30, 2019.

Thank you for all you do for Carondelet!

Visit: CarondeletHS.org/ManytheGifts



Our vibrant school community is enriched by your active involvement. Since 1965, community engagement through generous philanthropy, volunteering, and active participation has created the Carondelet we know and love. We depend on partnerships with our entire community to help us maintain and enhance the proud tradition of values-based, woman-centered education, and academic excellence that is Carondelet's hallmark.

There are no limits to what we can accomplish together, and our events bring our community together for fun, friendship, and fundraising to support students and build our future. We are deeply grateful for your continued interest, involvement, and investment in Carondelet.

Please join our valued community of donors by supporting Carondelet today. Every gift—no matter the amount and whether outright, via appreciated stock, or bequest—makes an immediate impact. If you have recently given, please accept our sincere thanks.

Summer Staino
Executive Director of Development



DEC 4-8, 2019

Our flagship fundraiser including two beautiful Holiday Teas, Bubbles & Brews cocktail party, and a family-focused Visit with Santa



FEB 29, 2020

Largest fundraiser for the Carondelet Parent Association supporting parent education, programming, and scholarships for students



MAY 11, 2020

Annual golf tournament in a scramble-style format including prizes, awards, premium hosted bar, and banquet at Round Hill Country Club

MISSION

Carondelet High School inspires excellence by preparing young women to live with heart, faith, and courage in the Catholic tradition and spirit of the Sisters of St. Joseph.

VISION

A Carondelet graduate is empowered by her Catholic, college-preparatory education and is known as a woman who responds to the needs of the times and makes a positive difference.

CONTENTS

- 04 In the Footsteps of Our Founders
by Bonnie A. Cotter
- 06 Justice Heard
Mock Trial + Model U.N.
- 08 AP Computer Science
Students in Tech
- 10 *The Memory Visit*
by Jenny Lambert
- 11 Making a Difference Award
Sarah Alpert '92
- 12 Student Life
on Campus
- 14 Voyage of Discovery
Travels through Western Europe
- 18 Jean Hofmann
Center for Innovation Update
- 22 Athletics Highlights
- 24 Graduation 2019
- 28 Alumnae News
- 34 In Memoriam



FALL 2019

CARONDELETTER

Published for the alumnae, parents, and friends of Carondelet High School

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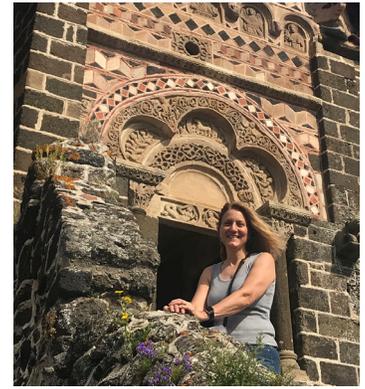
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In the Footsteps OF OUR FOUNDERS



Bonnie A. Cotter

PRESIDENT'S NOTE: Back in June, I was invited to join a group from Mount St. Mary's University on their annual pilgrimage to France tracing the origins of our founding sponsors, the Sisters of St. Joseph. What a deeply moving and life-giving experience it was.

We began in the beautiful French/Swiss medieval old town city of Annecy in the foothills of the Alps where the religious reformation was the catalyst for the new religious order of women. We traveled to the small French city of Le Puy, the birthplace of the Sisters of St. Joseph, and then on to the French town of Bas-en-Basset to visit and celebrate the University's purchase of the family home of Mother St. Jean Fontbonne. We crossed the countryside stopping in cathedrals and convents in small towns along the way, and followed the journey of Mother St. Jean right to Lyon where she worked and was buried in 1843 at the age of 84.

In Le Puy, a simple shell embedded in the cobblestone—the hallmark of the Camino de Santiago, the Way of Saint James—captured it all. Here is a place of welcome and strength for pilgrims of all types, from all walks of life, as they seek out their own personal, physical, and spiritual journeys. What a beautiful reminder that we are all pilgrims on our own unique journey. God bless and Godspeed to all.

Traveling to France this past June to walk in the footsteps of our founders revealed a profound message describing how we as a Carondelet community are being called by our Sisters of St. Joseph history to go out, reach out, and act courageously in our works today.

The ravages of war, famine, plague, and religious persecution were the realities that the early Sisters were forced to navigate as they eschewed the relative safety of a prayerful convent life and **embraced the streets as their new “cloister” bringing food, medical care, and comfort to the poor, the sick, and the hopeless.** Each day they would go out into the streets. Each evening they would come back to a special place—the Kitchen—to regroup, to share, to renew...and to prepare to go out again.

One hundred years later, the French Revolution brought new peril for the Sisters. In Le Puy, a magnificent tree stands at the center of the city along with memorial markers honoring the two Sisters of St. Joseph who were beheaded here for carrying out their ministry, a reminder and a tribute to all the women of courage who followed their hearts and their faith as they lived and worked out in the streets in service to God.

Our own order’s foundress, Mother St. Jean Fontbonne, was saved from the same fate by mere hours as the French revolution ended on the day she was to be guillotined. Mother St. Jean would go on to lead and grow the Sisters of St. Joseph, ultimately sending the sisters to America to be recreated in a new form, in a new location, in order to meet the needs of a new time and place. This simple act would



lead the sisters from St. Louis to all corners of the United States. Like a “swarm of bees” they would serve, and then move on to serve the next area of need calling to them—**healthcare, education, social services, and social advocacy. They went forth with heart, faith, and courage...the foundation for both their gift and their message to us today.**



The times are different now. Our youth are different. The future is unpredictable and rapidly changing.

We are called to discover new answers to new needs, just as the original sisters demonstrated for us.

It is out of our CSJ roots and spirit that we commit to serving the needs of the times today, educating the young women of Carondelet High School. **We are creating a new sisterhood of young women who upon graduation—like a swarm of bees—are going forth into the world fully prepared to take to the streets of today.** Through the heart, faith, and courage of the CSJs developed within our students, our graduates are called to make the world a better place...just as our founding sisters took to the streets to serve. What a beautiful legacy to be a part of.



Bonnie A. Cotter
President



SASHA WILLIAMS

IGNATIAN FAMILY TEACH-IN FOR JUSTICE 2018

Sasha Williams '19 speaks up

"It could have been one of us. It could have been any one of our black girlfriends riding BART," explained Sasha Williams '19, who spoke on the main stage to the attendees of the Ignatian Family Teach-In for Justice in Washington D.C. last November. Sasha was referring to the July 2018 death of Nia Wilson, an 18-year-old black woman, who was murdered at an Oakland BART station, one station away from where Sasha was that same day.

"It could have been one of us. It could have been any one of our black girlfriends riding BART."

This tragedy was a stunning realization for Sasha that she could have been the target of fatal violence. In the days that followed, Sasha resolved to take action that would help ensure that young women of color are respected and protected in all communities. She co-founded the "She Could Have Been One of Us" campaign, dedicated to elevating the voices of young girls of color and providing funds to Nia Wilson's family. Watch her passionate, powerful speech in our nation's capital on our YouTube channel.

Mock Trial STANDING UP FOR JUSTICE

Carondelet students historically have had a passion for serving the underserved and making a difference. They have excelled in theatre arts. They stand out as leaders. This past year, a new chapter began for our school that combines all of the above student passions, and so much more, through a new academic competition started at our school.

Thanks to alum parent and attorney, David Depolo (father of Isabella Depolo '17), a team of nine Carondelet students turned in amazing performances in their first year after months of practice, including learning rules, case law, and current case information.

The Carondelet team tackled its four trials at the Superior Court of Contra Costa County with performances that went beyond expectations. The team won all four pretrial motions, two for the prosecution and two for the defense, an exceptional outcome, even for top teams. In addition, the team finished 12th out of 18, a great showing for a first year team.

"Our students really benefited from David Depolo and his passion in sharing his more than 30 years of courtroom experience during the many evenings he spent tutoring the students on both the prosecution and defense sides of the current case," said Social Studies teacher and Mock Trial moderator, Mitch Ward. Social Studies teacher Joan Larsson, served as assistant moderator.

The future looks bright for Carondelet's Mock Trial team in the years to come.

Model U.N. AWARD WINNING TEAM



Mortality of Stem Cell Research. The Spanish Civil War. 2008 Financial Crisis.

These are some of the topics Carondelet students researched and vigorously debated as part of the Model United Nations. And they're consistently winning awards.

Model United Nations is a simulation of the actual United Nations with students representing a particular country's delegates in the UN. During these simulations, students attempt to resolve global issues through debate and negotiation with both supporters and adversaries.

The program develops skills in diplomacy, critical thinking, writing, and public speaking—which benefit studies in all subjects.

“Model UN gives me a place to talk about subjects that are new and interesting. Being able to defend your position empowers all of our club members and makes conferences like these worth all the hours of preparation.”

– LAURA BOCEK '20

The high point of last year's competitions was when the Carondelet squad attended the Harvard Model Congress in San Francisco, one of the largest in the country with nearly 400 students from around the world. By the end of the 3-day conference, Carondelet students had received six awards. Three earned the highest award presented, Best Delegate, and three others earned Honorable Mentions.

“Model UN gives me a place to talk about subjects that are new and interesting,” said Laura Bocek '20. “Being able to defend your position empowers all of our club members and makes conferences like these worth all the hours of preparation.”



AP Computer Science

STUDENTS IN TECH



"Our curriculum creates a learning environment that helps students acquire the skills they will need in their ever-changing future."

— KEVIN CUSHING,
PRINCIPAL

Anyone who thinks women aren't interested in computer science has not met our Carondelet students. Carondelet earned the AP Computer Science Female Diversity Award for outstanding representation of girls in one of the most challenging courses in the STEM field, AP Computer Principles. Carondelet is among only 4% of schools worldwide that earned this distinction from the College Board.

In the 2018-19 school year, 110 students were enrolled in the AP Computer Principles course and students achieved an AP test pass rate that was 11% above the national average.

Providing girls with access to computer science courses contributes to greater gender equity in the STEM field's highest paying jobs and drives innovation, creativity, and competition. **Research shows women are more likely to pursue computer science if they're given the opportunity to explore it in high school.**

"We're thrilled to earn this accomplishment so soon after launching dedicated Computer Science classes," said Principal Kevin Cushing. "Our curriculum creates a learning environment that helps students acquire the skills they will need in their ever-changing future."

Schools receiving the AP Computer Science Female Diversity Award have either 50% or higher female representation in one of the two AP computer science courses or a percentage of the female computer science examinees meeting or exceeding that of the school's female population.



“By meeting my students at a human level, I hope they are more willing to take risks and not feel discouraged when those risks fall short of expectations.”

– JENNY LAMBERT
ENGLISH TEACHER, AUTHOR



The Memory Visit by JENNY LAMBERT

*Suspenseful. Dystopian. Thriller.
Captivating. Dark. With an Edge.*

What humbly began as a writing project for her daughter turned into a published 272-page debut novel for English teacher, Jenny Lambert. *The Memory Visit* tells the story of a 17-year-old girl who lives in a future not too unimaginable from our own; where time travel allows her to revisit the past and offers an allure that could be as harmful as it is promising.

While the school celebrated Jenny's accomplishment with a book signing in the Library and a student raffle for a signed copy of the book, the real impact of the book was experienced in Jenny's classroom where she was able to share with her students her own difficulties and breakthroughs in the writing process, struggles she hears from her students all the time.

“Writing makes a person very vulnerable,” she said. “By meeting my students at a human level, I hope they are more willing to take risks and not feel discouraged when those risks fall short of expectations.”

For Jenny, creating this futuristic, science-fiction world was as much about going inward and backward personally. “I have the worst memory in the world and to relive a memory in vivid detail for just a moment appealed to me,” she said. “A memory visit is a way to relive the past in vivid detail, a way to celebrate parts of my life that have faded with time. It's a way to reconnect with people I've lost touch with and even a way to reconnect with the person I once was.”

The Memory Visit is available online at major booksellers and is a mainstay in the Carondelet Library.

Making a Difference Award

SARAH ALPERT '92



It takes strong, brave people to build up strong, brave girls. The Contra Costa District Attorney's Office recognized one of Carondelet's Wellness Counselors, Sarah Alpert '92, for her work in support of young women.

On April 9, the DA's Office honored eight people from the county, including Sarah Alpert, for their extraordinary support and dedicated advocacy for sexual assault victims. "Ms. Alpert made a difference in the lives of these students, and she has made a huge impact in the community," noted the District Attorney's Office.

Sarah was granted the Making a Difference award for her exceptional support of students who are survivors of sexual assault and for bringing school-wide assemblies about sexual assault and victim-shaming.

The DA's office said, "Ms. Alpert provided a safe space for disclosure of sexual assault. In two instances, she supported the victims throughout the court process and, during one sentencing, provided a compelling and insightful statement to the court detailing the severe impact that the rape and its aftermath had on the victim."

Sarah redirected any attention from herself to the students and the faculty and staff who make Carondelet the compassionate environment that it is. "I work amongst young women who have a very strong and very, very brave voice," she said. "Being given the blessed opportunity to walk alongside some of the strongest people I have had the pleasure to know—I am forever grateful."

"Ms. Alpert made a difference in the lives of these students, and she has made a huge impact in the community."

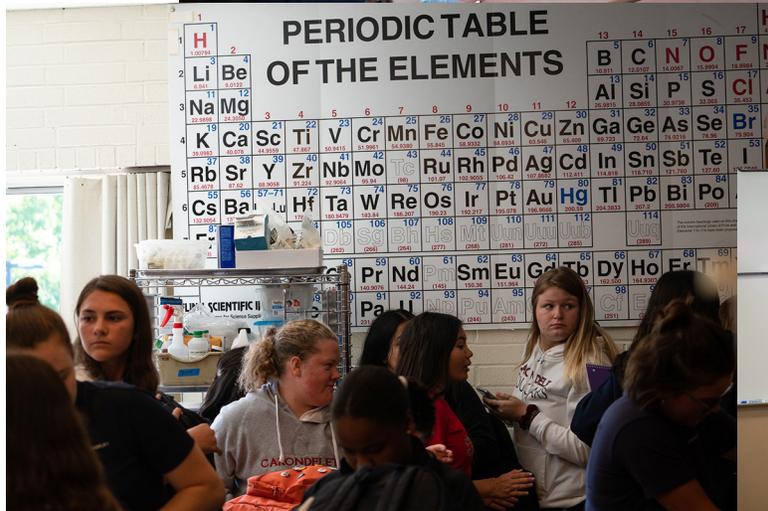
– DISTRICT ATTORNEY'S OFFICE
CONTRA COSTA, CA

Student Life
ON CAMPUS





The Carondelet Sisterhood



MORE
THAN HIGH SCHOOL.
HER
SCHOOL.



The real voyage of discovery consists not in seeking new landscapes, but in having new eyes.

– MARCEL PROUST,
AUTHOR



Teachers, Kristina Levesque '06 and Lesley Schooler '96
in front of Lake Zürich, Switzerland

Voyage of Discovery GLOBAL ACADEMIC TRIPS

Marcel Proust wrote,
“The real voyage of discovery consists not in seeking new landscapes, but in having new eyes.”
In that spirit, Carondelet students traveled across the globe on three international trips last school year, broadening their perspectives by hearing languages, seeing sites, and embracing cultures different than their own.

STEM in the Alps

Twenty-two students visited Switzerland, Germany, Austria, and France to see how STEM is incorporated into the cities, towns, buildings, and operations in the region of the Alps. The group visited the world’s largest science and technology museum, The Deutsches Museum in Munich, which holds 100,000 artifacts from many disciplines.

They ventured underground in a salt mine near Salzburg with a rich engineering past dating back centuries. Students toured a BMW manufacturing factory that combines innovation and performance. And they visited Vauban, a neighborhood to the south of the town center in Freiburg, Germany, that is a model of sustainability. Every stop on the trip sought to encourage students to dream big about the contributions they can make.



On Mt. Pilatus in Switzerland

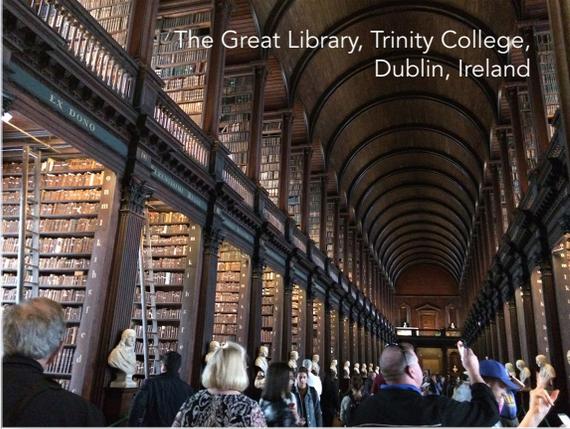


WRITING HISTORY IN IRELAND & ENGLAND

Nineteen students hopped across the pond to the British Isles, traveling back in time to step into the shoes of literature and writing in centuries past. They walked city streets where ancient buildings intertwined with modern shops and sensibilities. Students saw King Lear in the Royal Shakespeare Theatre and participated in an acting workshop.

"... the columns of Carondelet and arches of Oxford support the same academic tenor. We will stand in the footsteps of our heroes."

– KATHERINE BLOBNER '20 &
LAURA BOCEK '20,
CARONDELET STUDENTS



The Great Library, Trinity College, Dublin, Ireland

Students traveled to Dublin to walk through the book-laden aisles of Trinity College and its famous library. And it was at one of the oldest and most respected universities in the world, Oxford, where students Katherine Blobner '20 and Laura Bocek '20 noted, "the columns of Carondelet and arches of Oxford support the same academic tenor. We will stand in the footsteps of our heroes."



Oxford University, England



Mont-Saint-Michel, France

CASTLES, MUSEUMS, AND MORE IN NORTHERN FRANCE

During Easter break, 11 students embarked on an exhilarating journey of culture, language, and history through Northern France. Paris, beautiful as ever under exceptionally clement skies, enchanted our students with its Eiffel Tower by night and its Musée du Louvre treasures by day. The group headed to La Cathédrale de Chartres and reached it just in time to be treated to organ music in celebration of Easter.

After visiting opulent castles, the Carondelet contingent reached the legendary Mont-Saint-Michel and climbed atop to visit its monastery and admire the surrounding view. As the skies laden with dark clouds settled overhead, students paid homage to World War II D-Day fallen heroes at the American Cemetery overlooking Omaha Beach. The groups spent the last two days walking through beautiful Parisian neighborhoods enjoying the many sights, sounds, and smells of the enchanted city.



Students and teachers in front of the Eiffel Tower, Paris, France



JEAN HOFMANN CENTER FOR INNOVATION

As a new flagship building for the future of secondary education, and as an anchor for our expanding campus, the Jean Hofmann Center for Innovation reflects the spirit of innovation that defines the Carondelet of today. The I-Center's active-learning studios, flexible spaces and furnishings, and inviting common areas signal a new era for our students, faculty and staff, alumnae, and extended community. The building is a space to fill with the ideas and dreams of tomorrow.

Encompassing a broad range of experiences—from STEM courses to meditation corners to entrepreneurial pitch sessions to speaker series—the I-Center will accommodate research, teaching, and community spaces. The

design of the building balances the demands of Carondelet's various disciplines and constituencies. Areas for spiritual retreat mix with spaces for integrated communication and collaboration.

The I-Center captures the enduring mission and vision of Carondelet and we invite our entire community to step boldly into this new chapter with us.

This holiday season, we will celebrate the 30th anniversary of our beloved Visions of Christmas in the Center's engaging media theater and throughout the inviting common areas. You will be able to visit our new building during our Community Open House on December 12, 2019.

See videos, pictures, and event calendar at CarondeletHS.org/I-Center

Open House

Thursday, Dec. 12 from 6:30 - 8:00 PM

- **18,000 sq. ft.** designed to maximize interaction and facilitate innovative, effective curriculum
- **Eight learning studios** with movable glass walls and whiteboard walls to allow for collaboration
- **Central common area** serves as a gathering space for the entire community
- **Interactive media wall** to showcase student artwork and presentations
- **Student-run cafe** for students to gather and relax



NAMING OPPORTUNITIES

Make your mark at the heart of our campus. Gifts of \$1,000 or more will be prominently displayed at the I-Center on donor gratitude monuments and the Media Wall at events. Donor recognition is highlighted at the following levels:

CarondeletHS.org/I-Center

- | | |
|----------|------------|
| \$1,000+ | \$10,000+ |
| \$2,000+ | \$25,000+ |
| \$5,000+ | \$50,000+ |
| | \$100,000+ |

Sparking Innovation at the I-Center

PROFILE ON CHRIS WALSH

DIRECTOR, CENTER FOR INNOVATION



“My daughter Kathryn ‘18 had such a great experience at Carondelet, so I’m excited to give back to this amazing community.”

– CHRIS WALSH

As an experienced educator, product designer, and entrepreneur, Chris is passionate about using digital tools to support innovation in teaching and learning. Chris started his career as a middle school teacher, and since then has held leadership positions with some of the most respected education organizations in the country, including: New Tech Network (NTN), Edutopia, WestEd, and the KIPP Foundation.

He also co-founded the Google Teacher Academy and was the creator/executive producer of the Infinite Thinking Machine, an award-winning Internet TV show showcasing innovations in K-12 education. In addition to his nonprofit work, Chris is a serial ed tech entrepreneur, including serving as the CEO of Zaption—an interactive video learning platform acquired by Workday in 2016.

Chris is excited to leverage these experiences at the Jean Hofmann Center for Innovation. “Today, the only constant is change, so we need to help our students become life-long learners capable of navigating ambiguity, synthesizing information from a wide variety of sources, and creatively solving complex problems. This is what the I-Center was designed for.” With flexible learning spaces, whiteboards around every corner, and tech tools that rival many Silicon Valley startups, Chris is looking forward to supporting students and teachers as they dive into collaborative, project-based challenges across all disciplines.

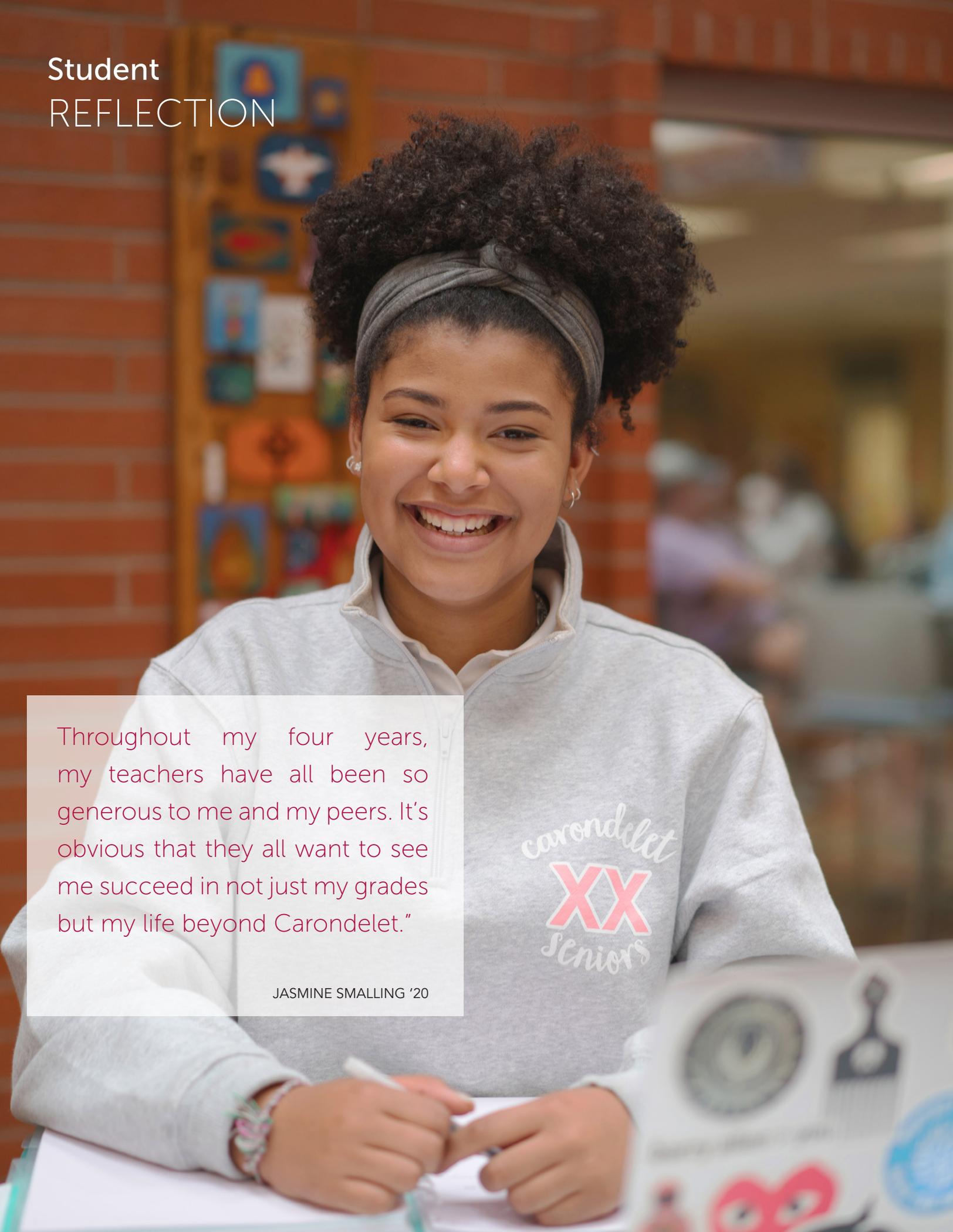
This year, Chris is also launching a number of new initiatives to leverage the I-Center’s unique environment, including a speaker series, a student-run cafe, and a media festival—which coincidentally align with his expertise in public speaking, entrepreneurship, and media production.

“There’s so much potential for the I-Center, and I’m excited to help every student and teacher take new risks, explore their passions, and cultivate the innovator in us all.”

Student REFLECTION

Throughout my four years, my teachers have all been so generous to me and my peers. It's obvious that they all want to see me succeed in not just my grades but my life beyond Carondelet."

JASMINE SMALLING '20



Athletics

COUGARS UPDATE

Basketball won its fourth straight NCS Championship. The team was ranked as high as #9 in the nation, and #2 in California by MaxPreps during the season.

BASKETBALL was invited to a VIP event and met Steph Curry at an event in Oakland hosted by Under Armour.

CLUB RUGBY was founded and competed in its inaugural season in the NorCal Rugby League against local high school and club teams.

SOCCER returned to glory, winning the NCS Championship for the first time since 2016. The team finished the year as one of the best in California with a 17-3-6 record.

CROSS COUNTRY competed at the CIF State Championships, finishing in 18th place. A very impressive showing for the team's first appearance at the state meet in eight years.

Carrisa Wu '20 won an individual championship at NorCal **GOLF CHAMPIONSHIPS**, scoring 1-under (71) and winning on a one-hole playoff. The Golf team qualified for and participated in State Championships.



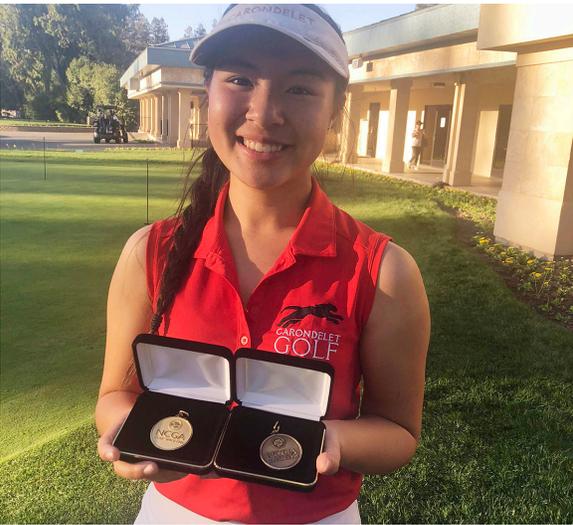
The Carondelet Athletics Complex hosted games, practices, and events for the first full school year. **Diving, Lacrosse, Rugby, Soccer, Softball, Swimming, Tennis, and Water Polo** are now playing and practicing in their new home.

SWIMMING returned to the podium at NCS with a 3rd place overall finish.

DIVER Courtney Klausen '19 earned the highest girl's score in the 40+ year history of the NCS Championships. It was her third consecutive year as the individual champion at NCS.

"SOS!" is the call that goes out for Carondelet students, families, and alumnae to Support Our Sisters during big games throughout the year. Thanks to thousands of fans who answered the SOS call.





Record-setting Commitment: 18 Cougars Sign NLI's

A record 18 Cougar student-athletes signed National Letters of Intent to play an NCAA college sport. This is one of the highest number of student-athletes from a single school in the country to do so. Ten sports are represented, showcasing the breadth of high achieving programs and individuals. This exceptional group is a testament to our student-athletes' determination to become excellent on and off the playing field and to our Carondelet coaches.



- Angelina Anderson**, Soccer - University of California, Berkeley
- Ali Bamberger**, Basketball - University of Washington
- Alex Brown**, Water Polo - University of Michigan
- Kate Cilley**, Diving - Boston College
- Ella Collier**, Soccer - University of California, Berkeley
- Courtney Gaoiran**, Golf - Holy Names University
- Sofia Green**, Cross Country & Track - University of San Diego
- Sarah Hamilton**, Swimming - Pepperdine University
- Catherine Helgeson**, Volleyball - Chapman University
- Emily Howie**, Basketball - Johns Hopkins University
- Courtney Klausen**, Diving - University of North Carolina, Wilmington
- Emma McLaughlin**, Softball - Siena College
- Erica Miller**, Basketball - New York University
- Tatyana Modawar**, Basketball - University of Texas, El Paso
- Christy Neufeld**, Swimming - San Diego State University
- Natalie Nicolosi**, Basketball - Cal State University San Marcos
- Alexandria Schwenger**, Softball - Eastern Nazarene College
- Angelina Scoma**, Soccer - St. John's University

Graduation CELEBRATION



Congratulations, class of 2019!



Two hundred newly-minted graduates marked the conclusion of their four years at Carondelet on Sunday, May 26. Families and teachers joined the new alumnae in the Carondelet Gym and overflowed into the Garaventa Center, wishing for a healthy, happy, and meaningful future for the young women.

President Bonnie Cotter urged the graduates to pursue their personal passions and talents, no matter what conventional wisdom may be. "If you don't push your horizons, take intelligent risks, and listen to your heart, you will be living someone else's journey. You will never know the true path God has meant for you. And you will rob the world of your unique gifts—the ideas, inventions, and achievements that only you can give us."

Principal Kevin Cushing encouraged them to consider which years would be the best of their life. Is it the four years of high school, the years ahead in college, or some other time? "What ultimately provides you purpose, satisfaction, and fulfillment is that you gave your best, that you stood up for what you believed in, and treated others with love and compassion. You can then look back and say that the best years of your life were all of them. Because of how you lived, striving to be compassionate, striving to be understanding and accepting, striving to love yourself and, more importantly, striving to love others. Then you'll be living the mission of our CSJ founders."



“Dream big, act boldly, leave the world a better place.”





"We developed passions that will inspire future aspirations for when our time at Carondelet comes to an end. Now, it is that time. **Time for us to be confident in what we have learned and who we have become.** To take the essence of the small community of Carondelet and spread it to the larger communities we will be joining next year."

**ELLEN JURGENS
VALEDICTORIAN, CLASS OF 2019**

"The most important thing I've learned at Carondelet is this: **'I matter, but I am not the only person who matters.'** Here, we are empowered and courageous women who know our value. Grounded in faith, we speak out against global injustices, we 'Break the Chain' on Kairos, we fight underrepresentation of women in STEM and political fields, we advocate for more sustainable practices on our campus, and we sing and pray for peace around the world, just to name a few examples. Together, we are a class overflowing with heart."

**SOFIA BRINKERHOFF
SALUTATORIAN, CLASS OF 2019**





Excellence by numbers



98%
SENIORS
4 YEARS MATH



297 STUDENTS TOOK
507 AP CLASSES



100%
GRADUATING
TO COLLEGE

15%



GRADUATES ARE
FIRST IN THEIR FAMILY
TO ATTEND COLLEGE

\$5.3M



COLLEGE
SCHOLARSHIPS
AWARDED TO 2019 GRADUATES

30



AP SCHOLARS
16 WITH HONORS
15 WITH DISTINCTION IN 2019

SAT SCORES

Math

Evidence-based Reading & Writing

Carondelet (2019)

577

605

Nat'l Avg. (2018)

531

536

ACT SCORES

English

Math

Reading

Science

Composite

Carondelet (2019)

27

24

27

25

25.6

Nat'l Avg. (2018)

20.2

20.7

21.3

20.7

20.8

Class Notes

KEEPING IN TOUCH



Bettina Graf Miller '72

Bettina Graf Miller '72

I am currently the restorative justice practices coordinator for the San Mateo County Office of Education. This includes facilitating restorative circles with incarcerated youth in juvenile hall, court, and community schools. I have two fabulous darling daughters who are amazing contributors to our global community. I am looking forward to retiring in the year 2020 and settling into a new part time career of wine pourer at a winery in Napa! Yep, time to chill and enjoy a slower pace... Yippee!

Mary DeMange '73

My wife Robbie and I moved to Vashon Island full-time about a year ago. Robbie will retire this May and while I dream about a life of leisure, I'm going to hang on for a while longer as a data analyst and developer for UW Medicine. I'm looking forward to a motorcycle trip to Glacier National Park this summer. Life is good!

Kathleen Stambaugh Goodwin '73

Kathleen was elected Trustee of District 6 of the American Academy of Periodontology, October 2018.

Tish Serrani '73

Married when legal in 2004 to Vanessa Van Stee. Fostered 36 children in the state of Massachusetts. Adopted our last two. Son Sky is now nine and Gina is about to be eight. Daughter Shebria is 42 in Southern California with granddaughter Kali who is a lively two. Living my beliefs with a Liberal Jesus by way of The Nuns on the Bus.

Inge Sorenson Houston '82

I made it! Three children launched! Bart, DLS '12, is working in medical sales in Madison Wisconsin. He attended UW - Madison on a football scholarship where he played QB. Sumner, DLS '14, graduated from Oregon State University in December 2018 with a degree in Construction Engineering also on a football scholarship. He works for Mortenson Construction in Minneapolis, Minnesota. Glynnis, CHS '16, is attending the University of Hawaii at Manoa and is studying business marketing. Now is MY time! 2019 starts with a new career. I am the President/CEO of the Dublin Chamber of Commerce! Come by and see me!

Karen Bowen Edmonson '91

I've wanted to travel to Japan ever since taking Miss Roth's Japanese History and Culture class my junior year at Carondelet. I finally lived that dream when I spent a week traveling through Hiroshima, Kyoto and Tokyo, including welcoming in the New Year praying with thousands of Japanese citizens. It was a magical trip. My cousin, Denise Engler-Lynch '91, introduced me to my amazing travel buddy Roxanne when we were both bridesmaids in Denise's wedding in August 2017. Thank you Miss Roth and Carondelet for inspiring me to take the trip of a lifetime!



Mary DeMange '73



Trish Serrani '73



Inge Sorenson Houston '82



Karen Bowen Edmonson '91

Kendall Bercaw '00

I recently relocated to Oahu, Hawaii, accepting a job offer with Aulani, a Disney Resort & Spa. I've been with The Walt Disney Company for nearly 17 years and am grateful to be close to my parents on the island.

Sara Psara Talatala '04

My husband Mike (DLS class of '99) and I welcomed our first child into the world—Milo Victor Psara on July 1, 2018! We are absolutely thrilled to start our journey as new parents!

Kristin Andrighetto '06

I attended the University of Missouri to play soccer and achieve my degree. I went on to complete my Doctorate of Physical Therapy at New York Medical College, and moved to Washington, DC for 3.5 years. I left DC, lived in the Bay Area for a bit and have recently relocated to Australia! I am currently living in Brisbane enjoying the life down under with my partner!

Kimberly Simpson '07

Kimberly married Jake Zentner on September 21, 2018. She is an 8th grade teacher at Diablo Vista Middle School in Danville.

Katherine Lucot '08

I recently completed my doctorate of philosophy at UC Davis (June, 2018). My area of focus was translational genomics, using dogs as a model for human disease. I specifically studied birth defects, with the hopes of helping children. I found the mutation for Neuroaxonal Dystrophy (NAD) in Rottweiler dogs. Humans also get this disease, so this discovery can now assist with the diagnosis and research of undiagnosed cases of NAD in humans, as well as allow dog breeders to prevent this from occurring in their dogs. I am now a postdoctoral scholar at Stanford University, in the School of Medicine, where I am studying the genetics behind Alzheimer's and Parkinson's Disease.

Marie Galetto-Dugoni '09

Marie Galetto and Andrew Dugoni were married on November 17, 2018 at Mission Santa Clara de Asis in Santa Clara, CA. The couple met during Freshman Orientation in 2009 at Santa Clara University. Marie wore her grandmother's wedding dress, Teresa Machado, worn during her wedding in 1954. The dress was also worn by Marie's late mother, Elaine Machado-Galetto '76, during her wedding in 1982. The bridal party included Carondelet alumnae Mary Katen '09 as maid of honor, and bridesmaids Mandy (Viscarra) Argraves '09 and Farrell Thomas '09. The couple works and lives in San Jose. Andrew is in the high-tech industry and Marie works in the nonprofit sector.

Taylor Hill '11

I welcomed a baby girl in March! Oakley Harper Rose Myers is the third generation to be born on March 7 so she shares her birthday with Mom and Grandpa!

Natalie Niethold '13

After high school I went to DVC and enrolled in their culinary program, which gave me opportunities to work in Pebble Beach. I transferred to UNLV and now work as a chef at the T-Mobile Arena. I worked with the Golden Knights Hockey team during their opening year!



Kristin Andrighetto '06



Marie Galetto-Dugoni '09



Sara Psara Talatala '04



Katherine Lucot '08



Taylor Hill '11



“Even though my career has been primarily in public education, it has been my goal to create that sense of community and belonging that Carondelet gave to me that can sometimes be lost on a high school campus of over 2,500 students. It is why I chose to focus my career in developing programs that focus on fostering student’s passions in college and career pathways where like-minded students support one another and are given opportunities in the community to work in their field of interest so that they have careers by choice not by chance.

“For over 50 years, this school has inspired young women to speak up for themselves, instilling confidence that they can achieve whatever they set their goals to...”

“I understand everyone’s journey here is different as mine was from my daughter Maddy’s and acknowledge sisterhood is sometimes hard to articulate to others and for some we don’t fully understand what sisterhood means until we have left here or until our sisters are there for us when we get married, or have kids, or suffer great loss.”

Alumnae AWARDS

Carondelet is proud of all 9,000+ alumnae. These proud, astounding women span more than five decades, representing a wide breadth of professions, and make a difference locally and globally. We are proud to recognize two Alumna of the Year recipients and the first-ever Inspirational Mentor Award honoree who stand out amongst this remarkable group. Here are some excerpts from the speeches.

“I think to outsiders the best way to describe Carondelet sisterhood is community.”



**Alumnae
Association**

CARONDELET HIGH SCHOOL

2019 ALUMNA OF THE YEAR | MARY FICHTENKORT MCFARLAND '77



"There are opportunities all around us, in our daily lives, to serve and to be the light. I think it starts with just showing up, with taking the time to be there for your family, your friends, or the stranger in need."

"Here at Carondelet, you're surrounded by high-achieving females. Likewise when you leave Carondelet, and go out into the world and on to college, you will find yourself facing pressure to succeed, in many different ways. And you might be thinking of all that is expected of you, the load you will need to carry, to make your mark upon the world."

"But instead of thinking about all the great things you need to do,

start with the one small, simple thing, that Jesus told us to do—love.

Love God and love your neighbor. Start with this as your foundation, and all else will fall into place, and you will be well on your way to fulfilling our Carondelet mission: to be women of heart, faith, and courage."

2019 INSPIRATIONAL MENTOR (INAUGURAL) | MARY BETH KULAWIEC DITTRICH '79



"I was invited to share with you today something that would inspire you to be 'all of which woman is capable.' Mother Teresa said, 'Not all of us can do great things. But we can do small things with great love.' Not all of us can go on a mission trip. Not all of us can start a charity. But we can all love—in small, simple, and beautiful ways. Motivated by a profound love of God and love of the dear neighbor, the first Sisters of St. Joseph in Le Puy, France did simple things—they took soup to the sick in their homes—they taught young women the trade of lace-making. Nothing earth-shattering, but small acts

of kindness, which reflected their love of God and their desire to serve."

"So, I challenge you to look every day for small things that you can do out of great love—small things that the world may see as unreasonable, but things that show your love of God and your love of the dear neighbor."

But we can all love—in small, simple, and beautiful ways.

At some point you have to work for more than a paycheck, there has to be meaning in what you do.

– SHANNON KOPPLIN '87

Alumnae Feature

SHANNON KOPPLIN '87

“Question authority. But raise your hand first.” Shannon Hamilton Kopplin '87 can't remember which CSJ Sister told her this at Carondelet, but it's never left her mind. And it has fueled her rise to be one of the highest-ranking attorneys in the U.S. Navy.

Shannon is a career naval officer, serving and ascending in a variety of positions for 25 years. **This September, she selected and is now assigned as the Assistant Judge Advocate General of the Navy responsible for all civil law matters in the Department of the Navy.** Previously, she served as Special Counsel to the Chief of Naval Operations, who is the head of the U.S. Navy and a member of the Joint Chiefs of Staff. Her selection as the Assistant Judge Advocate General will allow her in future years to compete to be the highest-ranking uniformed lawyer in the Department of the Navy, the Judge Advocate General.

Shannon was recruited to the Navy out of law school at Santa Clara University. A sense of adventure, patriotism, and a calling to serve all drove to her decision to enlist. “At some point you have to work for more than a paycheck, there has to be meaning in what you do,” Shannon reflected. “I have that feeling every single day that I put on the uniform. I believe in what I do. Some of those values came through as a young woman at Carondelet: There has to be a bigger purpose.”

Recently, Shannon learned about the newly-formed rugby team at Carondelet from the alumnae newsletter. Her sons play rugby and she regards it fondly. “What a great fit. That's the way I remember my experience at school. In unexpected places you will find people on the cutting-edge of a lot of things.”

Rugby is a fast-paced game that requires good decision-making and building a network of teammates to gain an advantage. Shannon described it affectionately as a “violent game of chess played at speed.”

And it's inclusive. No matter a player's size, shape, or speed, there's a place on a rugby team for everyone. “Rugby has a lot of values that the school has always tried to espouse...and I'm glad to see it expand into the girls' domain,” she said.

Shannon was so inspired by the girls' push to start the team that she made a donation to the program, supporting their play now and so that those students may rise to meet whatever may stand ahead of them in their lives and careers.



Alumnae ENGAGEMENT



ANN BACIGALUPI SCHIFFENHAUS '86
DIRECTOR OF
ALUMNAE ENGAGEMENT

Here are some new opportunities for alumnae to connect personally and network professionally beginning this fall.

ALUMNAE MONTHLY E-NEWS

Email Ann at aschiffenhaus@CarondeletHS.org to receive the monthly e-news and notifications of alumnae events.

C-NETWORK

An online community for social and professional networking, internship opportunities, jobs, and more.

FATHERS CLUB AND GRANDPARENTS CLUB

Welcome to all parents and grandparents of current students and alumnae.

REGIONAL ALUMNAE CHAPTERS

Coming soon! Join fellow alumnae in San Francisco, Sacramento, San Diego, Los Angeles, Oregon, Texas, New York, and Boston.

In Memoriam *July 1, 2018 - November 1, 2019*

Carondelet mourns the loss of its sisters, family, and friends of Carondelet. We pay homage to fellow Cougars and Cougar family members who have recently passed away. If you wish to submit information on an alumna who has passed away, please email Ann at aschiffenhaus@CarondeletHS.org.

The following have been entered in Carondelet's Memorial Book and will be remembered each month at a Mass in honor of St. Joseph, patron of a peaceful death.

Sr. Rita Angerman, CSJ
former librarian

Sr. Marilyn Binder, CSJ
Board of Trustee member

Margarito Briseno, father of
Cristina Briseno-Estrella '00

Gilbert Chavez, grandfather of
Jessica Parfitt '05 and
Katy Wilson '06

Auddie Collins, father of
Victoria Uribe '70 and
Deirdre Burgoin '72

James P. Curtis, father of
Kirsten Crum '89

Anita Dolores Fenstermacher,
mother of
Susanne Fenstermacher '72

Lillian "Lil" Fichtenkort, mother of
Mary McFarland '77,
Jean Fichtenkort '79,
Theresa Hathaway '81, and
Sara Fichtenkort-Larose '84

Bud Fingerson, father of
Kathleen '71

Michael Gunning, father of
Patricia '88 (dec)

Roger Harless, father of
Jessica Brook '03 and Kelsie '10

James Lauer, grandfather of
Meghan '13

Nancy Lombardi '85

Teresa Machado, mother of
Elaine Galetto '76 and
grandmother of
Marie Galetto-Dugoni '09

Frances Martin, mother of
Julia '10

Henry Mayo, father of
Tracey '85 and Janet '86

Elena McKinnon, mother
of Stephanie Thomas '74,
grandmother of
Mary Alyson Messier '98 and
Jennifer Bellow '01

Hon. William O'Malley, father of
Nancy '71, Denise Clark '73, and
Mary '87

John Pagnini, contractor who built
the school

Theresa Reardon '74

Rosemary Reilly, former employee
Marianne Siino '76, sister of
Dr. Rosanne Siino '80 and aunt of
Kristin Beratta '98

Camille Tabones '16, sister of
Kristina Cayabyab '09

Gloria Whittaker, mother of
Lynn Nicks, grandmother of
Cassidy Nicks '12

Norma Williams, mother of
Morningstar Borzoni '70,
Mary Manieri '72, and
Laura Bush '82



1979



1974



1999



1984



1993-1994



2004

Alumnae REUNITED!



Legacy Luncheon



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