



CARONDELET HIGH SCHOOL

CURRICULUM GUIDE



Four-year Planning Guide

Below you'll find an overview of the graduation requirements and a common four-year course of study for Carondelet students. This, however, is only an example and some students' courses will vary from the sample schedule here.

	9th	10th	11th	12th	CREDITS
ENGLISH	English 1* (10)	English 2* (10)	English 3 or AP English Language and Composition (10)	AP English Literature (10) or AP English Language (10) or 2 Selectives (5+5)	40
KINESIOLOGY		Health & Well-being (5)	For the remaining 10 required units, Wellness in Motion (5) must be taken anytime throughout 10th-12th, along with one additional elective. Credit may be attained by participating in three seasons on a Carondelet interscholastic sports team.		15
MATH	Individually paced or teacher directed paths available. Completion through Algebra 2 (or equivalent) required for graduation.				30
MODERN LANGUAGE	Two years of the same language required. First year may be postponed for students selecting an alternate freshman pathway.				20
RELIGIOUS STUDIES	Foundation in Faith (10)	Christian Living: Who Am I Called to Be? (10)	Symbols and Ethics (10)	2 semester-long Selectives (10) and CSJ Capstone	40

*Honors option available

	9th	10th	11th	12th	CREDITS
SCIENCE	Conceptual Physics (10)**	Chemistry* (10)	Biology* (10)		30
SOCIAL STUDIES	World History* (10)	Human Geography (5), or AP Human Geography (10)	US History (10), or AP US History	Civics (5) and Economics (5), or AP Government (10)	35
VISUAL and PERFORMING ARTS	Frosh Creation: Think, Make, Share (5 VPA/ 5 Elective)	One yearlong course.			15
ELECTIVES	An elective course is any course taken in addition to specified department graduation requirements.				20
MINIMUM CREDITS REQUIRED	70	70	60-70	60-70	250-280

Selective: Choice that allows you to fulfill a graduation requirement.

Elective: Additional or optional coursework.

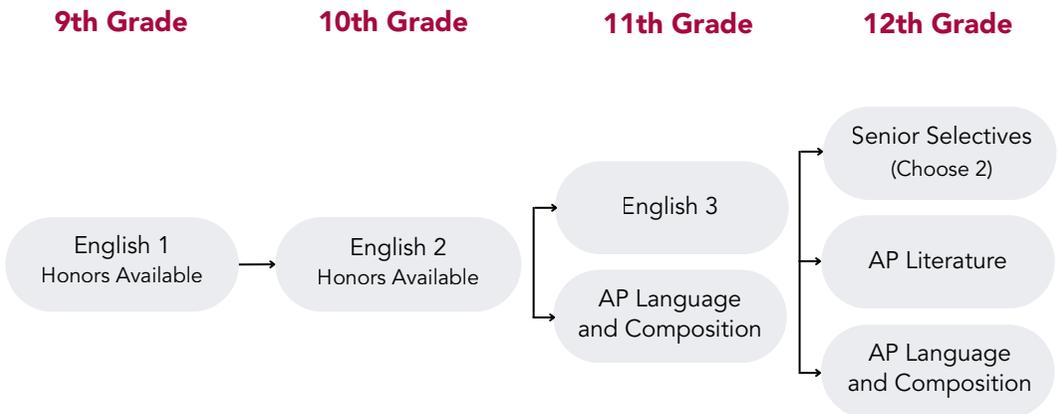
* Honors option available

** First year may be postponed for students selecting an alternate freshman pathway

English

The English Department provides Carondelet students with engaging learning experiences while building core skills that they will need to be successful in college and beyond. Our courses allow students to develop a better understanding of the world beyond the classroom through authentic reading experiences that cultivate an empathic perspective.

With a curriculum grounded in canonical as well as contemporary texts, students are exposed to a variety of viewpoints and experiences. Our focus on writing as a craft teaches students to write with precision while cultivating the power of their own unique voices.



Senior Selectives

SEMESTER-LONG COURSES

21st Century Woman

 Culture of Storytelling

 Classics of Horror

Dystopian Literature

Psychology in Literature

 Shakespeare

 She Said: A Survey of
20th Century Women's
Literature and History

 The Short Story

Children's Literature

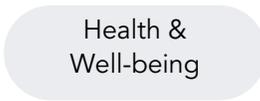
Literature to Film

 = Available on De La Salle's campus.

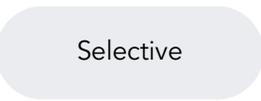
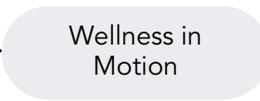
Kinesiology

The Kinesiology Department is committed to fostering students' physical, mental, and social well-being through a comprehensive education in movement science, physical fitness, health literacy, and wellness practices. Our curriculum integrates the scientific principles of human anatomy, physiology, biomechanics, and health to deepen students' understanding of the impact of movement on overall well-being. By emphasizing lifelong healthy habits, injury prevention, and fitness as integral components of balanced living, we empower students to make informed decisions about their personal health and contribute positively to the wellness of their communities.

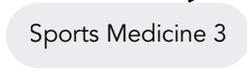
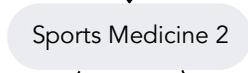
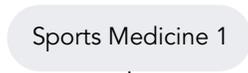
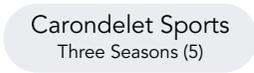
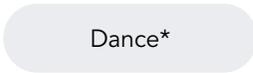
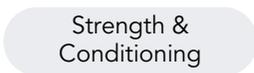
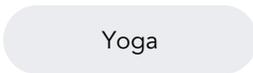
10th Grade



10th-12th Grade



Upper Level Selectives



* May be taken for VPA credit.

Mathematics

The Mathematics Department is excited to provide our students with more options that lead to higher levels of mathematics as well as deepening each student's understanding of mathematics to prepare them for success in college and beyond.

OPTION 1: Individually Paced Math Program

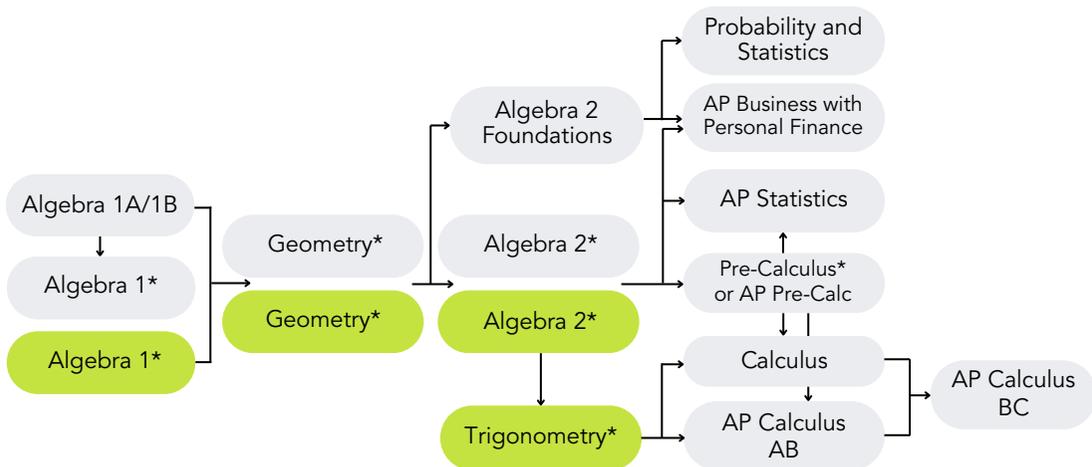
Our individually paced math program (Algebra 1, Geometry, Algebra 2, Trigonometry—all with an Honors mastery based component) is based on the belief that students can achieve any level of math success they want if:

- they are given the freedom to learn at their own pace,
- they are empowered to believe that they have the ability to be successful in math and that there is no such thing as a “math person” and
- they are provided with challenging, deep and inter-connected math tasks that allow them to struggle, persevere, discover and grow.

Last year, more than **15% of our students completed two years of math in one year.**

OPTION 2: Teacher Directed Math Class

For students who need a little more structure, a more traditional teacher-led classroom, or who are starting at the beginning of a course with goals of completing that course in a school year, we have teacher-led options in Algebra 1, Geometry, Algebra 2 or Algebra 2 Foundations, and Pre-Calculus.



Completion through Algebra 2 (or equivalent) is required for graduation.

* Student-select honors available

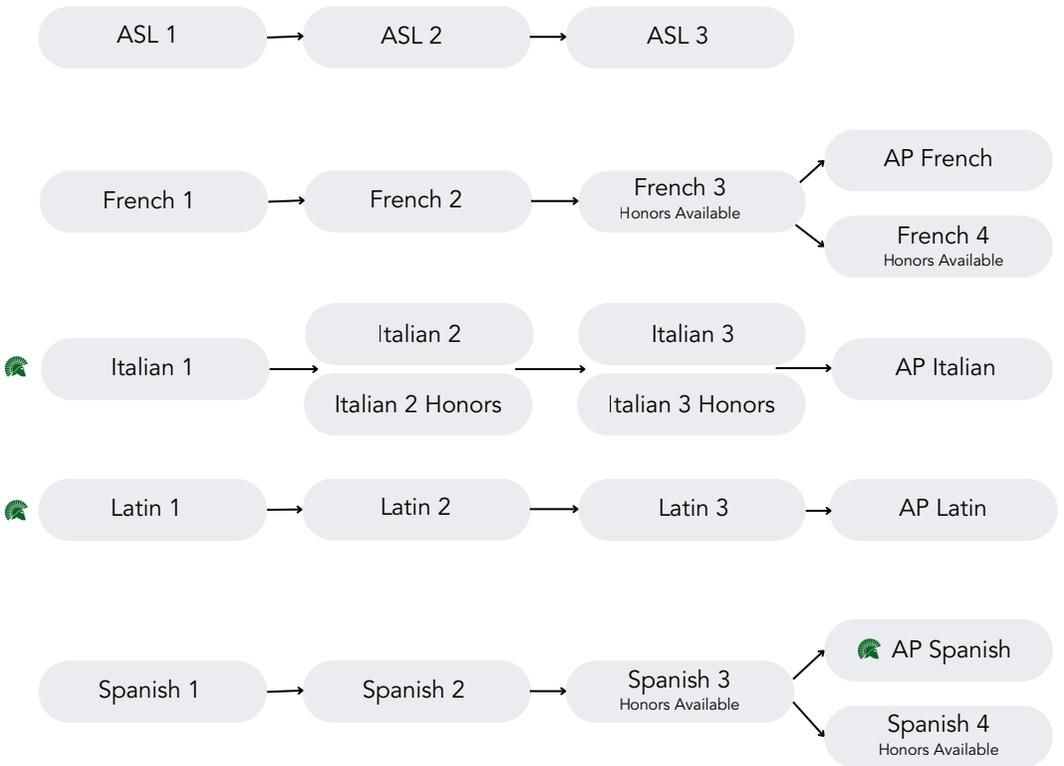
● Individually-Paced Mastery-Based

Modern Language

The Modern Language Department at Carondelet prepares students to communicate authentically in French, Spanish, and American Sign Language. In their Modern Language classes, students are immersed in a variety of communicative and culturally responsive activities designed to develop their listening, reading, speaking, and writing skills. Italian and Latin are available on De La Salle's campus.

Beyond the two years of language required for graduation, students are encouraged to continue their study for the third year (levels 3 and 3 honors) and the fourth year (level 4, 4 honors, and Advanced Placement) and obtain the Seal of Biliteracy.

Outside the classroom, language students can participate in a variety of clubs. Some years, optional trips abroad offer students the opportunity to use their language skills in France or Spain, and immerse themselves in the cultures with peers and locals.



Entrance exams available for initial higher level placement.

Regardless of placement, graduation requires taking at least two years of the same language.

 = Available on De La Salle's campus.

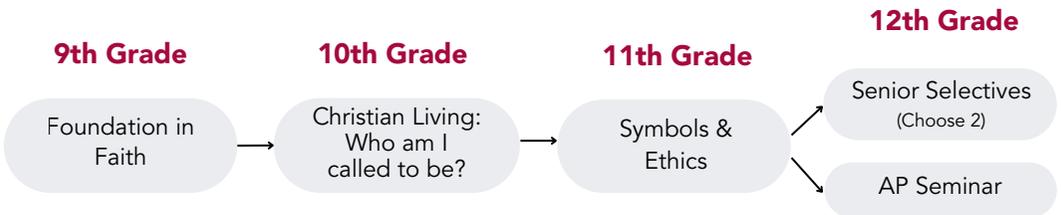
Religious Studies

Religious Studies curriculum builds every year towards helping develop women of heart, faith, courage, and excellence who become graduates of Carondelet that bring strong gospel values into everything they do.

Our Religious Studies curriculum, in the Catholic tradition, is relevant and actionable for our students. In our program, we:

- Focus on Catholic Social Teaching and putting faith into action;
- Foster spiritual growth through integration of mindfulness practices and social emotional learning;
- Connect Catholic values to their lives;
- Increase opportunities for self-reflection; and
- Embed the charism and spirit of the founding Sisters of St. Joseph as contemplatives in action who serve the dear neighbor.

The Religious Studies Department aims to meet the needs of the student and model what it means to be a loving, gospel-valued human being through the students' four years at Carondelet.



Senior Selectives

SEMESTER-LONG COURSES

World Religions

Christian Prayer and Meditation

Intro to Philosophy

Spiritual Journey

 Spirituality in the Arts

Senior Capstone

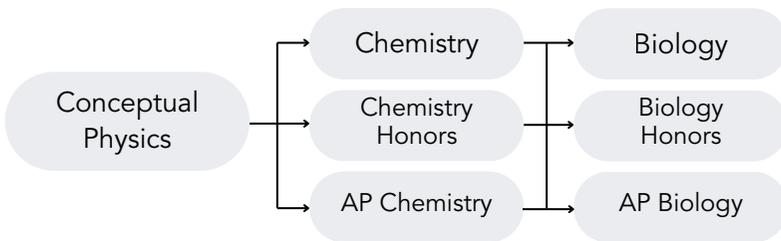
Additionally, seniors will complete a reflection that connects CSJ values to their academic and extracurricular work.

Science

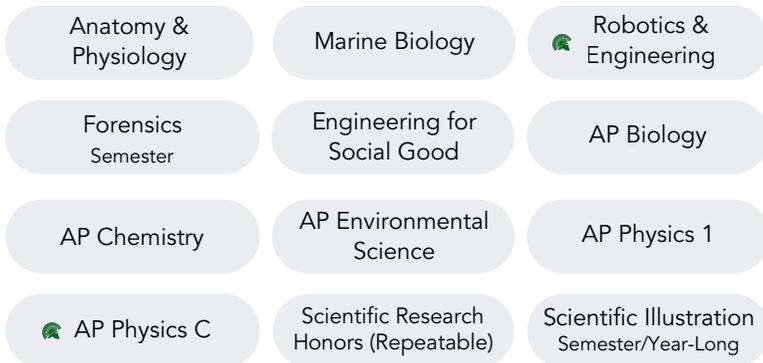
The Science Department strives to ignite a desire to explore the unknown. Our courses are designed to cultivate intellectual independence through inquiry, direct experience, and collaboration to prepare responsible citizens to innovate in an increasingly complex world.

The program begins with Physics, which introduces students to phenomena and leads them through investigations that help them construct explanations using data analysis. Study continues with examination of the physical world through Chemistry. Extensive experimentation in the lab allows the students to connect the theoretical concepts with practical analysis. The final required year allows students to apply their background in physical sciences to the life sciences by studying Biology. Students are challenged to ask questions about the world around them and investigate concepts ranging from ecosystem biology, organismal biology, cellular biology, and molecular biology.

Additionally, our AP and elective courses showcase our teachers' experience. Many of our faculty have been involved in science careers in various industries before they embraced high school education.



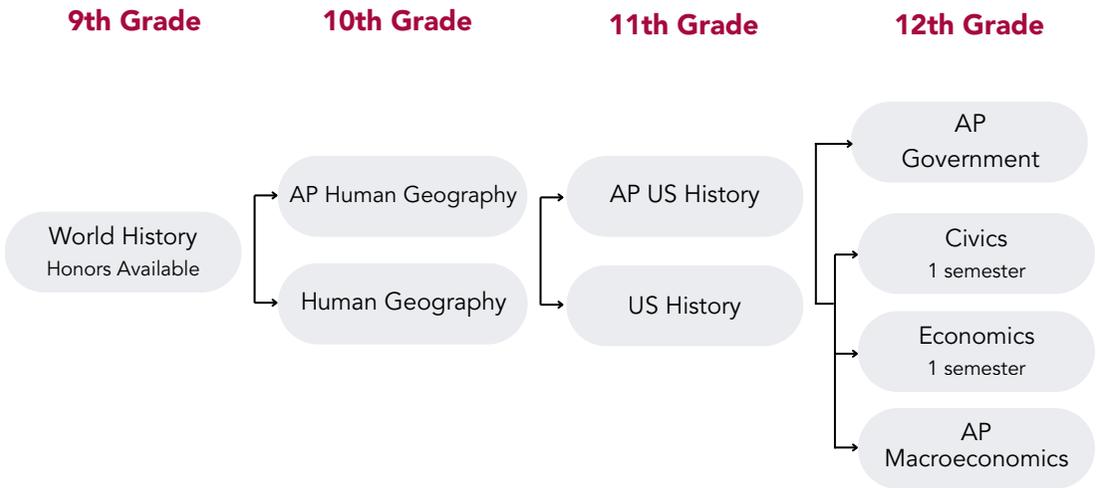
Electives



Social Studies

Critical thinking, problem solving, collaboration, and communication—these are the 21st century skills that Carondelet students develop during their four years as students in the Social Studies Department. Our curriculum helps ready our students for success beyond graduation

Throughout the four years, students will encounter project-based learning in and beyond our courses. We encourage students to select their topics, practice intensive research and teamwork, and perform oral presentations of their research findings. It is our firm belief when students are fully engaged in the process of inquiry, learning becomes more meaningful and important skills are developed.



Electives

Criminal and Civil Justice Semester

 History of the 60s & 70s Semester

AP Art History

 AP Macroeconomics Semester

AP Human Geography

AP Psychology

 Psychology Semester

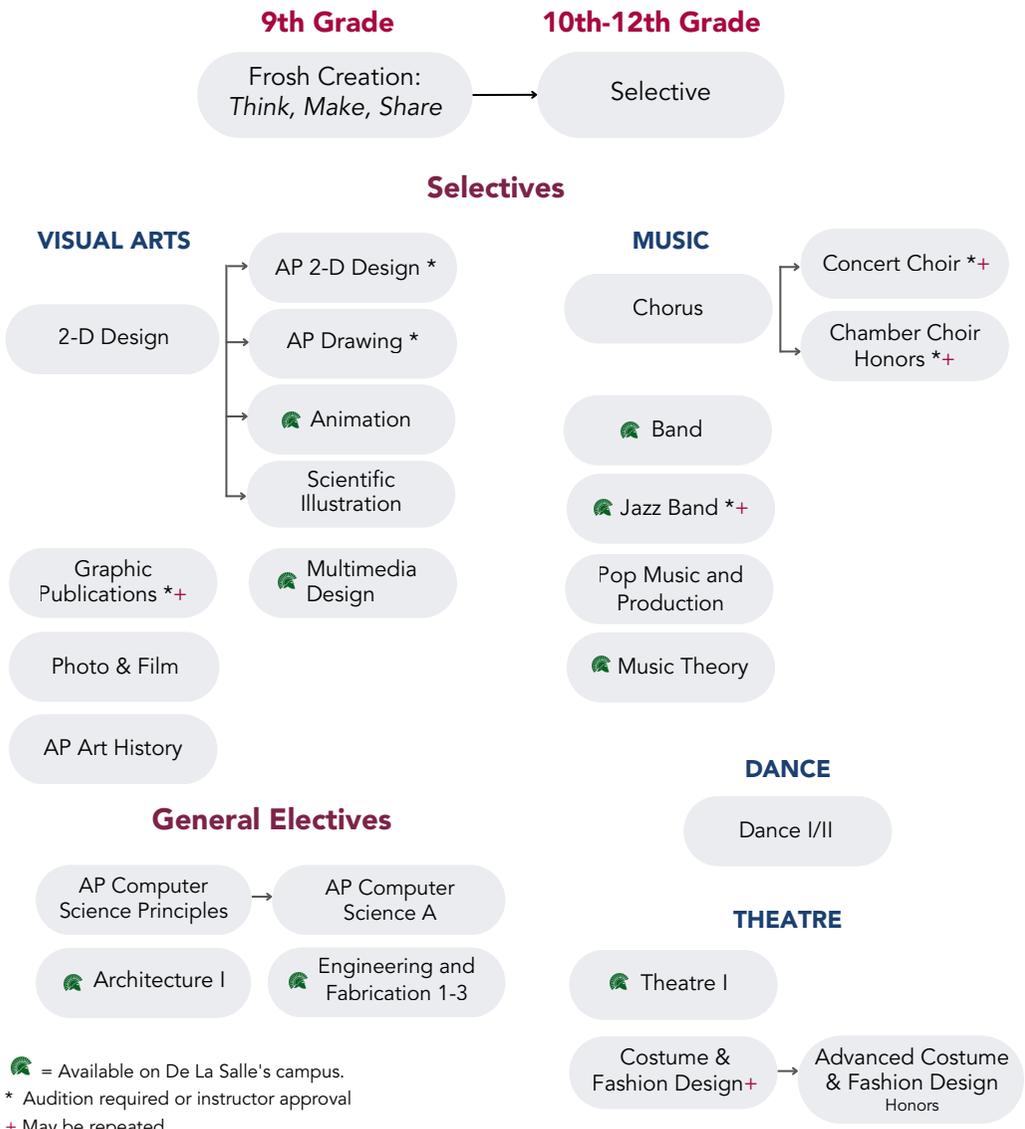
 AP Euro History

AP Human Geography

Visual & Performing Arts

Our Visual & Performing Arts and Computer Science (VPA + CS) Department has been a leader in curricular innovation and design. As such, the VPA + CS department strives to make learning visible, inspiring students to be creative, risk-taking thinkers and makers. Our goal is to guide and inspire students to be both intentional and reflective with their artistic choices. We provide a space for students to share their thoughts about how art helps them understand and interpret the world.

In conjunction with our VPA colleagues at De La Salle, we are able to offer our students more than 20 different course options. These range from beginner to AP course work with classes that are sure to appeal to the artist that resides in each student.





Got a question?

We've got your answer.



Check out the full course catalog and additional information about our departments and teachers at **CarondeletHS.org**.



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