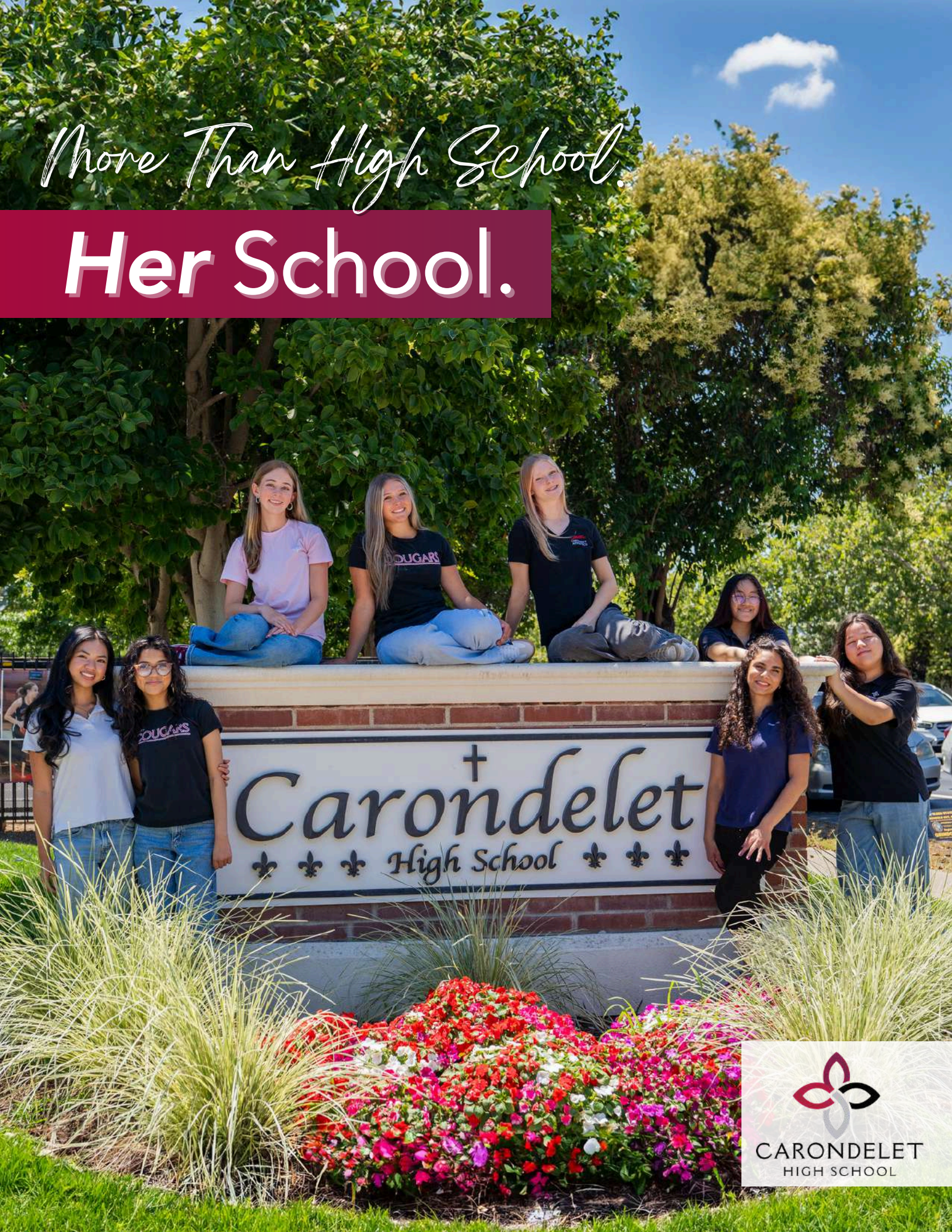


More Than High School.

Her School.



CARONDELET
HIGH SCHOOL

Our Mission

Carondelet High School inspires excellence by preparing young women to live with heart, faith, and courage in the Catholic tradition and spirit of the Sisters of St. Joseph.

Our Vision

A Carondelet graduate is empowered by her Catholic, college-preparatory education and is known as a woman who responds to the needs of the times and makes a positive difference.

Our Values

Our values of **Heart, Faith, Courage,** and **Excellence** help to guide our students as they: lead with heart, grow in faith, advocate for others and empower one another with courage, and pursue excellence in school and in the world.

Our History

Carondelet High School was founded in 1965 by the Sisters of St. Joseph of Carondelet at the request of Bishop Floyd Begin, the first bishop of Oakland. In the tradition of their congregation, the Sisters responded to the needs of the Church by establishing the only Catholic secondary school for young women in Contra Costa County.



CARONDELET

At a glance



22

AVERAGE
CLASS SIZE

40+

STUDENT
CLUBS

16:1

STUDENT TO
FACULTY RATIO

45%

PARTICIPATE IN
ARTS

59%

PARTICIPATE IN
ATHLETICS

26 AP
COURSES

17 HONORS
COURSES

911

AP EXAMS
TAKEN

39

SPORTS TEAMS



STATE-OF-THE-ART
ATHLETICS COMPLEX

51%

RECEIVE
FINANCIAL AID



The All-Girl

Advantage



An All-Girls Education

For the first two years, students benefit from all-girls classes, which help them find their voices and grow in confidence. Through our unique partnership with De La Salle High School, they then have the opportunity to further develop their strengths in a co-ed setting, allowing them to practice and refine their voices in a diverse social and academic community.

At Carondelet, our young women are center stage. She learns to speak out and advocate for herself and others from the day she starts high school.

All girls school graduates are **6x** more likely to consider majoring in **math**, **science**, and **technology** compared to girls who attended coeducational schools.



Being surrounded by a strong, supportive community of girls has helped me grow in confidence and spirit. It's taught me to lead with heart and purpose, and I've made amazing friendships along the way. Carondelet has given me the space to find my voice and represent a school I genuinely love.

—Ciena A. '26

Her Learning

80%

of all-girls school graduates consider their academic performance as **highly successful**.

Girls' school students also show more confidence compared to girls in coeducational schools, and **typically do better academically and are more likely to study STEM subjects** than girls in coed schools.



The teachers at Carondelet strive to not only make this a great learning environment, but also to make sure every student is doing their best. These relationships honestly improve your high school experience and enhance it in a way that makes you always want to do your best.

—Jade W. '26





Compared to coeducated peers,
girls' school graduates are
3x more likely to consider
engineering careers.



Personalized Attention

We offer personalized learning strategies and pathways developed to meet individual student needs. Through various support programs, we give our students every advantage to succeed in the classroom, in the community, and in life.

Dedicated Teachers & Staff

We understand the impact that we have on our students and we take that responsibility very seriously. Our caring, close-knit team of teachers and administrators collaborate each day to bring out the best in each student.



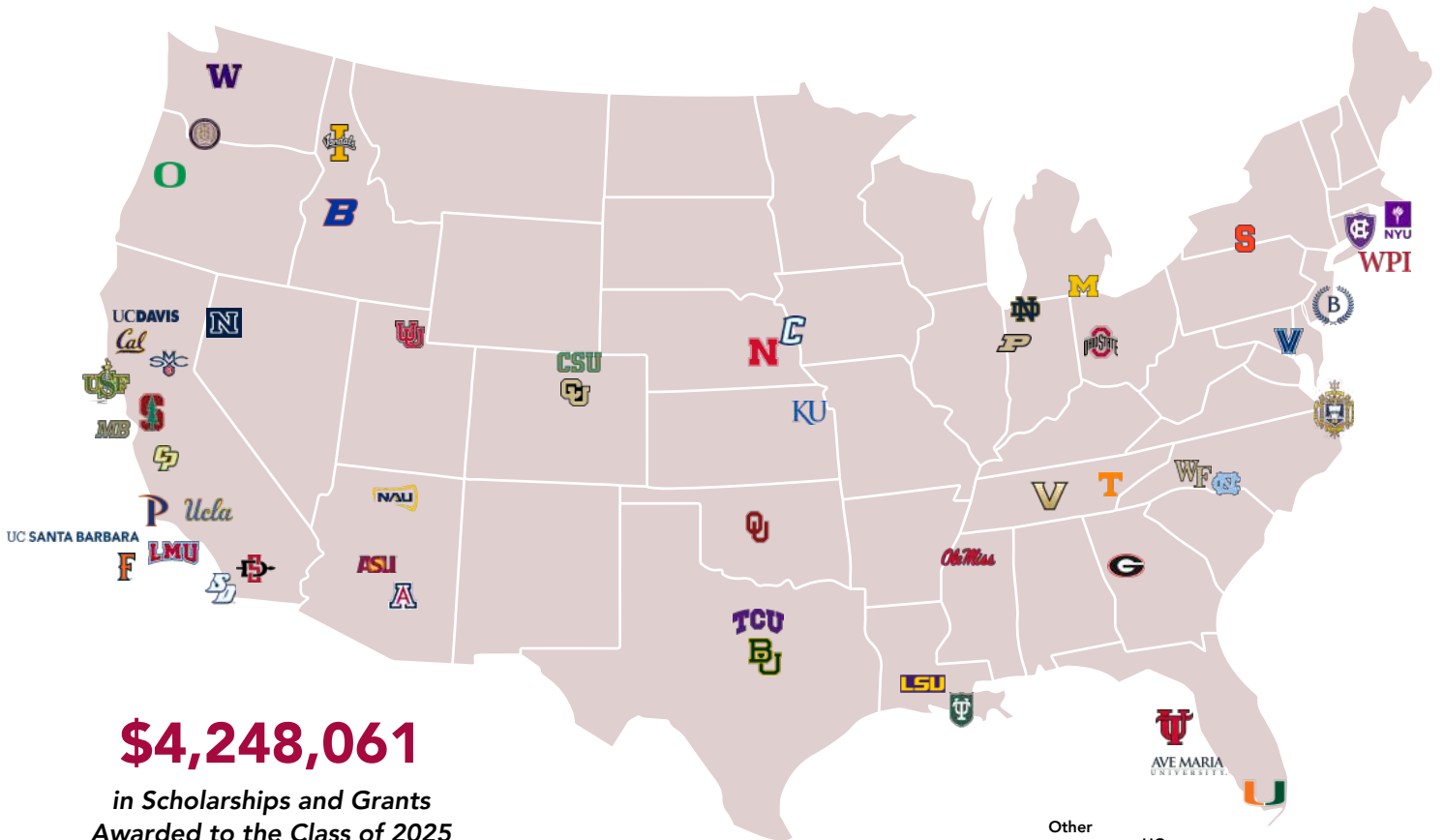
College Preparatory Curriculum

Our curriculum develops student self-advocacy, creative problem solving, collaborative learning, varied forms of self-expression, and the ability to communicate effectively. We stay at the forefront of best practices for girls' education, continuously reassessing the tools and skills young women need to become confident, entrepreneurial, resilient, career-ready leaders in our dynamic world.

Her Future



WHERE OUR STUDENTS GO TO COLLEGE

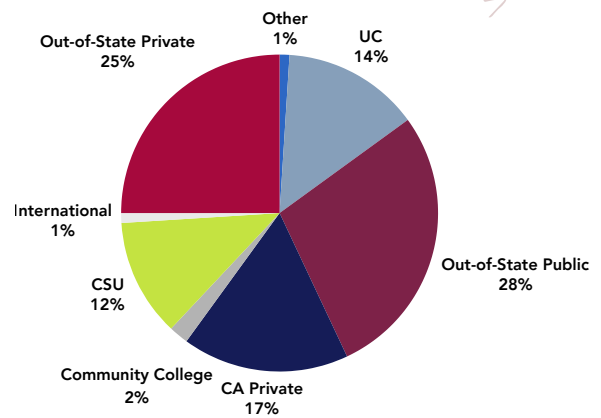


Valedictorian Feyi O. '25 is attending UCLA and Salutatorian Isabella M. '25 is attending Notre Dame.

View a **full** list
of where our
students go to
college



Arizona State University
Ave Maria University
Barnard College
Baylor University
Boise State University
Boston College-Massachusetts
California College of the Arts
California Institute of the Arts
California Polytechnic State University-
San Luis Obispo
California State University-Fullerton
California State University-Monterey Bay
Chapman University
College of San Mateo
Dominican University of California
Fordham University
George Washington University
Howard University
Louisiana State University
Loyola Marymount University
Marist University
Massachusetts College of
Pharmacy and Health Sciences
McGill University
Miami University-Oxford
New York University
Northern Arizona University
Oberlin College, Conservatory
of Music
Ohio State University
Oklahoma City University
Pepperdine University
Purdue University



Richard Bland College
Saint Mary's College of California
Saint Michael's College
San Diego State University
San Jose State University
Santa Clara University
Stanford University
Syracuse University
Temple University
Texas Christian University
The Pennsylvania State University
The University of Edinburgh
The University of Tampa
The University of Tennessee
Tulane University of Louisiana
United States Naval Academy
University of Arizona
University of California-Berkeley
University of California-Davis
University of California-Los Angeles

University of California-San Diego
University of California-Santa
Barbara
University of California-Santa Cruz
University of Colorado Boulder
University of Connecticut
University of Hawaii at Manoa
University of Miami
University of Michigan
University of Mississippi
University of New Hampshire
University of Notre Dame
University of Oregon
University of Pennsylvania
University of Portland
University of San Diego
University of San Francisco
University of Southern California
University of the Pacific
Vanderbilt University
and more!

College Counseling

Our student-centered college counseling program is rooted in Carondelet's core values of educating young women to live with Heart, Faith, Courage, and Excellence.



Our Roadmap

All freshmen are assigned to the Academic Counselor who helps lay a strong academic foundation by ensuring appropriate course selection and providing an early introduction to the college counseling process.

Beginning in the second semester of sophomore year, students are assigned to a dedicated College Counselor who will support them throughout the rest of their high school journey at Carondelet. Each College Counselor works with approximately 50 students per grade level, offering personalized guidance through the college planning and application process.

The Carondelet approach to college counseling is to identify goals for each grade and help guide students through the college exploration process.

9th Grade: DISCOVER

Students try something new, discover an interest, get involved.

10th Grade: EXPLORE

Students deepen commitments and further academic interests.

11th Grade: THRIVE

Students begin their college search in earnest, learning valuable skills that will serve them in college and beyond.

12th Grade: LAUNCH

Students feel confident in applying to college and receive guidance and feedback along the way.



LUNCH AND LEARN SERIES

Each month, students are invited to visit College Counseling for an informative lunch time presentation on various college-focused topics. These sessions are intended to give younger students an introduction into the college search and application process.

COLLEGE KICKSTART

In addition to regular one-on-one meetings, students participate in a three-part College Bootcamp that begins in the winter of junior year. This comprehensive program jumpstarts the college application process, guiding students through essay writing, filling out their applications, staying organized, and much more.

COLLEGE REPRESENTATIVE VISITS AND COLLEGE FAIRS

Each year, nearly 100 colleges and universities visit Carondelet and De La Salle to connect with interested juniors and seniors. In addition, multiple college fairs are hosted throughout the year, providing all students with valuable opportunities to explore a wide range of higher education options.

COURSE SCHEDULING

Each year, College Counselors meet individually with every student to guide them in selecting courses for the upcoming school year. These personalized meetings ensure that students stay on track to meet graduation requirements while aligning their coursework with future academic and career goals.

Her Faith Journey



Our Catholic Foundation

At the heart of Carondelet is our Catholic tradition, rooted in the mission of the Congregation of the Sisters of St. Joseph (CSJ): **to create an inclusive environment that embraces all students, welcomes diversity, and values social justice, empathy, service, and gratitude.**

Carondelet students learn the skills they need to make their faith actionable, picking up on the traditions handed down by the Sisters of St. Joseph in addressing real world issues. Our curriculum helps our students to identify what it means to live with Heart, Faith, Courage, and Excellence. We integrate these measures into all aspects of the school with the expectation that our students will graduate ready to respond to the needs of the times and make a positive impact in the world.

Our Charism

In the spirit of our founders, the Sisters of St. Joseph, we embrace our charism of **"unifying love"** and our mission **"to serve the dear neighbor without distinction."** This belief is at the heart of everything that we do.

Students don't just deepen their understanding of the Catholic faith and gospel values: they put them into practice.

Through retreats, immersion trips, and service opportunities, students are able to nourish their faith and their expressions of spirituality.

✧ *Liturgies and Prayer*

There are several liturgies and prayer services held throughout the school year. Students are invited to become lectors, Eucharistic ministers, liturgical dancers, music ministers, and to offer spiritual reflections.

✧ *Retreats*

The retreat program is designed to offer our student community time to reflect, rest, and bond with self, others, and God. The charism of the Sisters of St. Joseph and the Carondelet mission is woven into the themes of each retreat.

✧ *Social Justice & Immersions*

Many opportunities to create a more just community and world are available to students. The church's tradition of Catholic Social Teaching, a consistent ethic of life, and the CSJ charism provide the framework for the opportunities and emphases of our Social Justice program.

✧ *Service Opportunities*

Students have the opportunity to collaborate with their peers and gather together to serve the local community. Students eager to volunteer are encouraged to learn about local agencies that our students frequently partner with. Logging service hours allows students to become eligible for service awards and membership to honors societies.



The Alpha Retreat was the highlight of my freshman year! I went into the experience very nervous and unsure because I didn't really know anyone, but left with new friends and memories that will last a lifetime!

-Alysse M. '27



Her Athletics

Carondelet is a place where young women enjoy the opportunity to develop athletic abilities consistent with the highest standards of leadership, sportsmanship, academic scholarship, and school tradition. Our mission to live out our values of Heart, Faith, Courage, and Excellence remains at the core of our athletic ideals.

39 SPORTS
TEAMS

Our Athletics Program

BASKETBALL

Varsity

JV

Freshmen

BEACH VOLLEYBALL

Varsity

CHEER

Varsity

JV

CROSS COUNTRY

Varsity

JV

DIVING

Varsity

JV

GOLF

Varsity

JV

FALL DANCE

Varsity

JV

FALL RUGBY

Varsity

FLAG FOOTBALL

Varsity

LACROSSE

Varsity

JV

SOCCER

Varsity

JV

Freshmen

SOFTBALL

Varsity

JV

SPRING RUGBY

Varsity

JV

STUNT

Varsity

SWIMMING

Varsity

JV

TENNIS

Varsity

JV

TRACK & FIELD

Varsity

JV

VOLLEYBALL

Varsity

JV

Freshmen

WATER POLO

Varsity

JV

Freshmen/Sophomore

WINTER DANCE

Varsity

JV



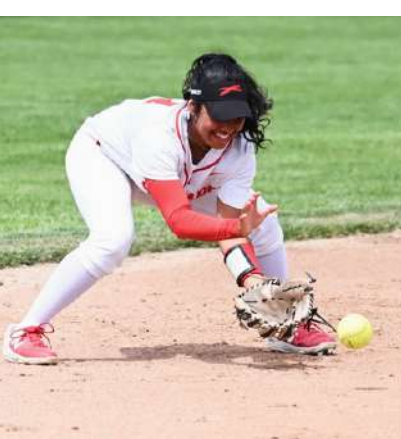
VARSITY WATER POLO
2024 NCS Open Division Champions

Winning Teams

- 148** League Championships
- 63** NCS Team Championships
- 18** National Cheer and Dance Championships
- 8** Northern California Team Championships
- 4** State Team Championships
- 3** Individual State Championships
- 2** National Team Championships
- 1** Individual National Champion



2025 CIF Division I State Champions



National Talent

16

Class of 2025 student-athletes signed commitments to play at the collegiate level.

GO COUGARS!

Average GPA of our student-athletes was 3.65 for 2024-2025.

Freshman year, I decided to try out for the volleyball team. To me, it is more than just a sport. It is a way to connect with your sisters and build unbreakable bonds. I have met my best friends through this program and will be forever grateful for the confidence it has given me.

—Geneva S. '27



Carondelet Athletics Complex
3737 Valley Vista Rd, Walnut Creek, CA



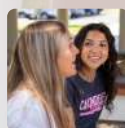
Sisterhood means always having a support system—people who celebrate your wins, stand by you during tough times, and help you grow into the best version of yourself. It's about trust, connection, and lifting each other up every day.

—Madilynn M. '28

The Carondelet

Sisterhood

We are a proud, supportive Sisterhood. We motivate each of our students to aim higher, take on new challenges, and feel part of something greater than herself. This Sisterhood has created an inclusive environment that embraces all students, welcomes diversity, and values social justice, empathy, gratitude, and service to our dear neighbor.



Going to an all girls school has changed my life for the better. I have become so much more outgoing and confident due to the support from my sisters. The sisterhood here has truly made me feel like I belong, and I've made amazing friendships that will last forever.

—Mikayla B. '26





Her Interests



There's something for everyone!

Every student can find an activity, club, or honor society to enhance her personal development and her sense of purpose. Carondelet's wide array of student organizations reflects the broad and diverse interests of our girls. There's a place for **everyone** here.

STUDENT COUNCILS

- Associated Student Body (ASB) Council
- Senior Class Council
- Junior Class Council
- Sophomore Class Council
- Freshman Class Council
- Diversity, Equity, Inclusion Council
- Green Team Environmental Council
- Peer Counselors
- Spiritual Life Council

HONOR SOCIETIES

- American Sign Language Honor Society
- California Scholarship Federation (CSF)
- French Honor Society
- National Honor Society (NHS)
- National Music Honor Society (Tri-M)
- Spanish Honor Society



More than

50+

co-curricular offerings or clubs in the areas of academics, honor societies, fine arts, theatre, culture, and more to allow students to express themselves and explore their passions.

CLUBS

- | | | | |
|---|--|---|---|
| <ul style="list-style-type: none">• Asian Music Club• Asian Pacific Islander Club• ASL Club• Badminton Club• Basketball Club• Black Student Union• Bring Change to Mind• Carondelet Ventures• CHS/DLS Company• Cougars in Cosmetology• Cougars United | <ul style="list-style-type: none">• De La Salle and Carondelet Trap Team• Empower Her• Filmmakers Club• Future Imagineers• Girls Who Code• Grounds From Around• Hikers of Carondelet• Horizon• Latin@s Unid@s• Made with Love | <ul style="list-style-type: none">• Metal Club• Middle Eastern Club• Mock Trial• Model United Nations• Mu Alpha Theta• Multiplying Good• Neurodiversity Club• Philanthropy Club• Pre-Med Club• Robotics Club• Social Justice Club | <ul style="list-style-type: none">• SWENext Club• The Cougar Chronicle• The Rotten Tomatoes• Vegan-ish• Vital Women |
|---|--|---|---|



Carondelet & De La Salle combined choirs performing the National Anthem at Oakland Coliseum (fall 2024)



At Carondelet, it feels like everyone is looking out for each other. It's more than just friendship—it's like having a second family at school.

—Zaya P. '28



WELLNESS CENTER



Follow us on Instagram!
@carondeleths_wellness

Her Wellness

The Cannon Wellness Center opened its doors to students in January 2023. The Cannon brings wellness to the forefront of our community, providing a comforting environment where students can connect with wellness counselors, utilize designated TeleHealth rooms, reset in the Gratitude Garden, or join in wellness activities such as painting, arts and crafts, and journal making.



Our wellness counselors provide programming for students around key social and emotional health topics, including: stress management and mindfulness, communication, healthy relationships, and responsible social media use.



Opportunities for Tuition Assistance

We want every family to have the opportunity to afford Carondelet. We provide multiple ways to offset the cost of tuition through school-provided need-based aid and merit-based scholarship. Carondelet also partners with outside organizations, such as FACE and Bay Scholars, to provide financial aid.

Tuition assistance applications open in December.



For more information, please visit:
CarondeletHS.org/Apply/Tuition-Aid

51%

of students receive
merit and/or need-based
tuition assistance

\$2.67

million awarded



Learn More Today!

- Learn about our application process step-by-step during the Admissions night in October.
- Experience our community with students and teachers at Open House in November.
- Visit classes for a half-day, on-campus experience during Student Preview days.
- Get ready for your HSPT exam through our Prep Course.
- To sign up for events and to start your application, visit:

CarondeletHS.org/Apply

- Applications are due early December.



Upcoming Events

Visit the QR Code to learn about upcoming events.





CARONDELET
HIGH SCHOOL



Carondelet High School

Heart. Faith. Courage. Excellence.

1133 Winton Drive, Concord, California, 94518
(925) 686-5353 | admissions@CarondeletHS.org

CarondeletHS.org