CARONDELET COUGARS _2023 TRACK & FIELD SCHEDULE

DATE	DAY	MEET	LOCATION	TIME
2/6	MON	First day of practice	DLS Track	3:00 PM
2/9	THUR	Parent Meeting	ZOOM	7:30 PM
2/25	SAT	Super 7 Invitational	Ygnacio Valley	8:00 AM
3/4	SAT	Clayton Valley Relays	High Clayton Valley	9:00 AM
3/11	SAT	EBAL Center Meet	High Dublin High	9:00 AM
3/17-3/18	FRI-SAT	California Relays	Long Beach Wilson	TBA
3/17-3/18	FRI-SAT	Dublin Distance Fiesta	Dublin High	TBA
3/18	SAT	Eddie Hart Invitational	Pittsburg High	8:00 AM
3/23	THUR	San Ramon Valley High	DLS Track	4:00 PM
3/25	SAT	Bay Area Relays	Foothill High	TBA
3/30-4/1	THUR-SAT	Texas Relays	Austin, TX	TBA
3/31	FRI	Fr/Soph West Coast Relays	Clovis East High	TBA
4/1	SAT	West Coast Relays	Buchanan High	9:00 AM
4/5	WED	Amador Valley High	Amador Valley High	TBA
4/7-4/8	FRI-SAT	Arcadia Invitational	Arcadia HS	TBA
4/15	SAT	Granada Dist & Sprint Fest.	Granada High	TBA
4/20	THUR	Dougherty Valley High	San Ramon, CA	TBA
4/22	SAT	Nor Cal F/S Invitational	Dublin HS	9:00 AM
4/22	SAT	Sacramento MOC	American River College	9:00 AM
4/26	WED	Dublin High School	Dublin High	4:00 PM
5/5	FRI	EBAL Championships	San Ramon High	TBA
5/6	SAT	EBAL Championships	San Ramon High	TBA
5/13	TBA	NCS Tri-Valley	Foothill High	TBA
5/19-5/20	FRI-SAT	NCS Meet of Champions	Dublin High	TBA
5/26-5/27	FRI-SAT	CA State Champs	Buchanan HS, Clovis	TBA
TBA	TBA	Team Awards Dinner	TBA	TBA

Head Coach: John Harvey – <u>trackfield@carondeleths.org</u>

Assistant Coaches: David Asiasi, Marvis Haley, Michael Morris, Lauren Terrell,

Terrell Ward