



CARONDELET COUGARS

2023 SWIM SCHEDULE

Day	Date	Opponent/ Meet	Location	Time
Sat	February 25	Royal Pentathlon	De La Salle	9:00am
Fri	March 10	Dougherty Valley	Dougherty Valley	4:00pm
Fri	March 17	DLS Swim Invitational – Varsity Prelims	De La Salle	12:00pm
Sat	March 18	DLS Swim Invitational – JV & Varsity Finals	De La Salle	9:00am
Wed	March 22	Monte Vista	De La Salle	4:00pm
Sat	March 25	Oak Ridge Invitational - JV	Oak Ridge High School	7:15am
Tue	March 28	San Ramon Valley	De La Salle	4:00pm
Mon	April 3	Jesuit	Jesuit High School	4:00pm
Fri-Sat	April 14-15	Mt. Sac Invitational – Varsity	Mt. Sac	tba
Wed	April 19	Cal High	California High School	4:00pm
Fri-Sat	April 28-29	EBAL Championship Meet	Dougherty Valley High School	8:00am
Thurs-Fri	May 4-5	NCS Diving Championships	Concord Community Pool	8:00am
Fri-Sat	May 5-6	NCS Swim Championships	Concord Community Pool	8:00am
Fri-Sat	May 12-13	CIF State Meet	Clovis West High School	9:00am