



CARONDELET COUGARS

2022 CROSS COUNTRY SCHEDULE

DATE	DAY	MEET	LOCATION	TIME
8/8	MON	XC Practice Begins	CHS Tennis Courts	3:30 PM
8/18	THUR	Parent Meeting	Zoom Link	7:00 PM
8/27	SAT	Dublin / Hayward High	Hayward CA	9:30 AM
9/10	SAT	Ed Sias Invitational	Martinez, CA	9:00 AM
9/17	SAT	Nike Invitational	Newhall Park	8:00 AM
10/1	SAT	Crystal Springs Invitational	Belmont, CA	TBA
10/8	SAT	Clovis Invitational	Fresno, CA	7:30AM
10/15	SAT	Mariner Invitational	Hayward, CA	TBA
10/21-22	FRI/SAT	Mt. Sac Invitational	Mt. Sac College	TBA
10/26	WED	Beat-A-Boy (Sr. Night)	Heather Farms Park	4:00 PM
11/5	SAT	EBAL Championships	Newhall Park	8:30 AM
11/19	SAT	NCS Championships	Hayward High	8:30 AM
11/26	SAT	CA State Champs	Woodward Park (Fresno)	TBA
12/1	THUR	Team Awards Dinner	TBA	6:00 PM

Head Coach: John Harvey – trackfield@carondeleths.org

Assistant Coaches: Lauren Terrell