# Junior Varsity Cross Country
## 2022-23 Roster

| Name | Grade | Hometown |
|---|---|---|
| Jamie Capuli | 11 | Concord |
| Ally De Vera | 10 | Concord |
| Valeria Felix | 10 | Antioch |
| Alexandra Felix | 9 | Antioch |
| Madelyn Karst | 11 | Pleasant Hill |
| Sarah Lohmeier | 11 | Walnut Creek |
| Ava Sana | 10 | Concord |
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| **Head Coach:** John Harvey | | |
| **Assistant Coach:** Lauren Terrell | | |

*Updated: August 12, 2022*