



CARONDELET COUGARS 2021 CROSS COUNTRY SCHEDULE

DATE	DAY	MEET	LOCATION	TIME
9/4	SAT	Cal High / Dougherty Valley	San Ramon, CA	8:30 AM
9/11	SAT	Ed Sias Invitational	Martinez, CA	9:00 AM
9/18	SAT	Nike Invitational	Newhall Park	8:00 AM
10/2	SAT	Crystal Springs Invitational	Belmont, CA	TBA
10/9	SAT	Castro Valley Invitational	Castro Valley, CA	10:30AM
10/15	FRI	Rough Rider Invitational	Fresno, CA	1:30 PM
10/16	SAT	Mariner Invitational	Hayward, CA	TBA
10/22	FRI	Mt. Sac Invitational	Mt. Sac College	TBA
10/27	WED	Beat-A-Boy (Sr. Night)	Heather Farms Park	4:00 PM
11/6	SAT	EBAL Championships	Newhall Park	8:30 AM
11/20	SAT	NCS Championships	Hayward High	8:30 AM
11/27	SAT	CA State Champs	Woodward Park (Fresno)	TBA
12/2	THUR	Team Awards Dinner	TBA	6:00 PM

Head Coach: John Harvey – trackfield@carondeleths.org

Assistant Coaches: Devon Tracy