COMMENCEMENT
AN ENDING, AS WELL AS A BEGINNING...
**VISION STATEMENT**

Carondelet High School, founded and sponsored by the Sisters of St. Joseph of Carondelet, will serve those seeking to become “all of which woman is capable” through a curriculum that integrates intellectual, moral, physical, psychological, social and spiritual development.

Carondelet High School will model collaboration among students, faculty, parents, alumnae, Board, and the greater community.

Integrating a counter-cultural stance based on gospel values, the School will nurture an environment of risk-taking that enables each person to assume roles of leadership and service to the dear neighbor.

Graduates of Carondelet High School will know their responsibility to reflect the CSJ charism of unity and reconciliation in their personal and professional lives.

(In March 2000, the high schools sponsored by the Sisters of St. Joseph met to share a common vision based on the Congregation’s charism, history and mission. The Vision Statement was formulated at that time.)

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**Commencement—An Ending, as well as a Beginning . . .**

I am wondering when I first started wondering about the usage of this word, commencement! Although these two meanings—ending and beginning—seem to be directly opposite, they are most appropriate to the season of graduation and to the content of this *Carondeletter*.

We honor our graduates as they end their high school years; their honors, awards and scholarships represent major achievements. We also commend all our graduates as they anticipate new beginnings; their college acceptances and college choices signify great accomplishment. Every member of the class of 2011 (100%) is college-bound, with 89% entering a four-year college. I believe this is a first in our 43 years of graduating the young women of Carondelet!

There are other occasions of commencement. At a June luncheon, faculty, staff, family and friends recognized departing members of the Carondelet Community. Dr. Teresa Hurlbut completed her term as principal on June 30. Sister Anne Eugene will remain in the Bay Area, assisting ESL students as well as those preparing for GED examinations. Mr. Andrew Kjera, MFA ’11, San Francisco Art Institute, plans to pursue his art career full time in Oakland. Ms. Lora Schoen begins married life in Tennessee. Ms. Kelly Kramer and Mr. Alan Schulze (a frequent sub on campus) begin their married life ministering to the Maasai children in Southern Kenya. Mrs. Kira Rashada will attend the University of San Francisco Law School beginning in September.

We also honored Mrs. Elizabeth Clemente House and Miss Tracey Bartlett as they celebrated formal retirement from their long careers here as teachers and educational leaders. Elizabeth will begin a new venture in the College and Career Center and will assume the group leader role for the CHS CSJ Associates. Tracey is already anticipating early morning phone calls for substitution.

In the Spring *Carondeletter*, we reported on the 27 alumnae who have returned to CHS as teachers, staff members and coaches. That report already needs updating as three more alums join us in August. Mrs. Merrilee Gutierrez Silveira ’88 will teach science and Mrs. Janine Toomey Orr ’89 will teach health and science classes. Ms. Danielle O’Connor ’03 will join some of her former teachers in the English Department. In addition, Adjunct Faculty Member Dr. Rosanne Siino ’80 will pioneer an English IV hybrid course, on campus several days a week and online.

Speaking of beginnings, on July 1, Mrs. Nancy Kelley Libby ’76 assumed her new position as principal. On that day, also we welcomed Mrs. Pamela Seto as our assistant principal.

*Continued on next page...*
Remembering Lou Bomben, CHS Staff from 1981 to 1992
Excerpts from her Eulogy, Given by Elaine Bomben Vecchi ’72

Lou McKinnon Bomben was a true Concord Girl, born in Concord, child number 11 of 15 to Leslie and Cecilia McKinnon. She grew up in the big house on the corner of East Street and Almond Avenue. She attended Concord Elementary and Mt. Diablo High School. The family home was one block from Queen of All Saints Church. Last week (my brother) Tom looked out the hospital window, saw the QAS steeple and the Almond/East corner, and said “Mom’s whole life was lived right here!”

I don’t know a lot about Mom’s early childhood. But as a child of the 30’s and the Depression, she had some of the same qualities as others I have known from that era. She lived simply, frugally and unassumingly.

I do know that her family was at the core of who she was. Last week, (my sister) Debbie and I found letters in Mom’s cedar chest, letters from her brothers written during the World War II years of the 40’s. They obviously meant a great deal to Mom, for she kept them for 60-plus years.

Mom was a member of the QAS Mothers Club and at some point served as treasurer. She worked hot dog lunches and carnivals; she drove the nuns to appointments and shopping; she carpooled for sports. Mom was deeply involved in school activities and all the faith-related events—the Baptisms, First Communions, Confirmations and May processions. And you know that the list goes on and on.

In the 60’s, Mom worked in the QAS School office. There were five ladies, one for each day of the week. In a conversation with Sister Patricia Anne, who was principal from ’60 to ’66, she told me that it was a voluntary position... I never knew that!

She remarked, “Those five ladies saved me!” Sister and Mom became good friends and, many years later, when Mom took a paying job at Carondelet, Sister PA was working there and they were delighted to be together again!

It was in September 1975, when we lost Dad to a heart attack, that I saw strength in my mother that I was not aware of before, and the sudden shift in daily life was very apparent. . . One year later, in November of ’76, she was again a source of strength as she held me up and supported me through the loss of my husband. Sometime after this, in the early ’80s, Mom joined the Carondelet High School community as Library Assistant/ Audio Visual Coordinator. During her 11 years here, my mother made a whole new circle of friends among the faculty and staff, many of whom she has stayed in touch with over the years.

My special thanks to the Carondelet Community, who hold my mother in high regard. Your support during Mom’s last years has been overwhelming.

Commencement (continued)

Mrs. Seto recently completed 10 years of service in the Liberty Union High School District, including five years as assistant principal. (We will feature Mrs. Seto in the next issue.)

As I reflect on the impact of all of the above, I recall some familiar T.S. Eliot lines: “What we call the beginning is often the end. And to make an end is to make a beginning. The end is where we start from.” The poet must have had a special insight about commencement.

Class of 2011, retirees, those moving on and those joining the CHS community, may God bless your new beginnings!

—Sister Eleanor

IN MEMORIAM

We commend to your prayerful remembrance:
David Baker, father of Michelle, CHS faculty.
Eleanor Blankenberg, mother of Louise ’71 and Annette ’78.
Lillian (Lou) Bomben, former CHS staff, mother of CHS staff member Elaine ’72, Patricia ’82 and Debora ’84.
Phyllis Cotruvo, mother of Catherine ’71, grandmother of Kate ’04, Meagan ’04 and Samantha Cracknell ’05.
Peter Dalmada, father of Paula ’90.
Charles Dooher, father of Elizabeth ’85 and Catherine ’87 (deceased). Marjorie Donovan Majoy, mother of Stephanie Majoy, CHS faculty.
Ron Gardner, father of Elizabeth ’87.
Laura Lewis, mother of Michele ’83.
Genevieve ”Jenny” Murphy, mother of Rita ’71 and Michele ’82.
Rose Marie Quontamatteo, mother of Linda Jameson, former CHS staff; grandmother of Meghan Harbaugh ’94 and Kathleen Steiner ’93.
Pauline (Polly) Witts, mother of Judith ’72 and Elizabeth ’77.

These loved ones are enrolled in the Carondelet Academic Foundation and remembered each month at Mass celebrated in honor of St. Joseph.


**Elizabeth Clemente House Retires after 39 Years**

*In honor of Liz Clemente House, we are going to have a lesson on Hawaiian vocabulary. Aloha and ekomomai, which means hello and welcome. In Hawaiian, the name for Elizabeth is Elikapeka. The meaning of her name is “God Is My Oath.” How appropriate!*

Liz is a teacher, a *Kumu*. This is a term of great respect, elders being the most revered, wise people. In Pacific Island cultures, the way we learn is through our elders. Liz is part of our *Ohana* or family.

No matter if this is your first year at Carondelet or if you have been here for decades, Liz has always been here. She is our friend, *Hoaloha*. Most of us have experienced her generosity of spirit. And she has been a *Makana*, a gift to Carondelet High School for 39 years.


—*Ms. Debra Miller*

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**A Quiet Servant, Tracey Bartlett Retires**

*Nada te turbe, nada te espante... Let nothing disturb you, let nothing frighten you...* So say the first two lines of St. Teresa of Avila’s beautiful poem. I learned this prayer from Tracey Bartlett and picture her, in a way, living as Teresa did, during Spain’s golden age, wearing richly embroidered garments, listening to madrigals and lutes, enjoying Cervantes and Lope de Vega.

*Asked to give this tribute, I was nervous. Who am I to give a speech about one of Carondelet’s best-known and longest-teaching educators? I’ve barely been here a quarter of the time that Tracey has. Still, when I think of Tracey, I don’t think of a goodbye filled with fanfare, drum rolls and slideshows. She is a quiet servant, like Joseph, who has loved and cared for her students for 30-some years, and I hope she will be okay with my modest thank you.*

In the first poems I taught when I came to CHS in 1972 was an excerpt from “Idylls of the King” by Alfred, Lord Tennyson. In this poem, King Arthur tells Sir Bedivere, his sole surviving knight, that it is time for Arthur to leave. Arthur says, “The old order changeth, yielding place to new, And God fulfillth himself in many ways.” I reflect on this poem as I retire from Carondelet.

Closing this chapter of my life, I thank all of you for walking by my side through these many years, with your extraordinary friendships and, especially, for holding my hand when I most needed it. I do believe that “parting is such sweet sorrow,” but I also believe the words of Eleanor Roosevelt who said, “First it’s youth. Then it’s middle age. Then it’s wonderful!”

—*Liz Clemente House*

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**Kumus Say Aloha to a Hoaloha**

One of the first poems I taught when I came to Carondelet in 1972 was an excerpt from the English teacher’s gentle style and dedication to her students. Thankfully, this dedication continues into her retirement, as Mrs. House plans to volunteer in the College and Career Center, engaging students in discussions about their futures.

*Quien a Dios tiene, nada le falta. Sólo la paciencia todo lo alcanza...* With patience, all can be reached. I did the math and estimated that Tracey has taught about 4200 students. I’m guessing that her patience has been tried once or twice, but I have always been impressed at her serenity and patience in light of life. Through ups and downs—and loss—somehow she emerged strong and serene. Santa Teresa knows that hope springs eternal and with patience, I’m sure, someday we will see a Cuba Libre!

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*Quien a Dios tiene, nada le falta. Sólo Dios basta... Whoever has God lacks nothing. God is enough. There is not much to say here. Tracey knows this. She lives this. Her faith is a living testament to the grace of God.*

We are honored and humbled to have had her as a colleague, teacher, and friend. I am sure our friendships will continue in the years to come, but we will miss her.

—*Mrs. Marjorie Murphy*
Cherie Hughes Soza ’82 Honored as Alumna of the Year

Carondelet’s Alumna of the Year Award is given to a graduate who is a living example of being “all of which woman is capable.” Her story shows us how she integrates gospel values into her own life and the lives of others. She is a leader and does not hesitate to share her many talents. Carondelet’s spirit is very alive in her heart.

Our 2011 Alumna of the Year spends her time serving others. She is first and foremost a loving and dedicated wife and doting mother. Her family, she will tell you, is her first priority. Her two children are blessed with their mother’s full-time presence and attention. She challenges and encourages them to be faith-centered and has happily made sacrifices to educate them at Carondelet and De La Salle.

Her strong beliefs in the Catholic faith have been shared with young lives for over 10 years as she teaches faith formation classes at St. John Vianney. “I will do whatever you need or go wherever you need me,” she tells the Faith Formation Coordinator. The students admire her as she gently helps to shape their young lives.

Many have benefited from this graduate’s generous time, talent and treasure. She was actively involved for many years with Junior League, volunteering countless hours and serving a variety of charitable organizations.

Her face is a familiar one on our campus. Our Alumna of the Year has been active and faithful to her alma mater, working diligently on Visions of Christmas, Mother-Daughter Retreats, Class Reunions and a variety of other projects. For over 10 years, the Alumnae Association has been blessed with her presence. She has supported and inspired the Alumnae Board with undying devotion and has served as president this past year.

Those who know her will tell you they are not surprised that she is receiving this honor. Her faith, values, commitment to service and love of life are evident and inspiring. She is admired and loved by family, friends and colleagues. She is the kind of person you can call at 3 AM and say “I need you” and, before you hang up the phone, she’s at your doorstep.

This 1982 graduate is someone who makes a difference in the lives she touches. She is a beautiful, humble person with a kind heart who walks in Jesus’ footsteps. Her name is Cherie Hughes Soza and we are so proud she is our 2011 Alumna of the Year, truly “all of which woman is capable.”

—Mrs. Mary Goebel Frevele ’75

Director of Alumnae Relations
Mary Goebel Frevele ’75 presents the book, The Giving Tree, to Alumna of the Year Cherie Hughes Soza ’82.
Putting a Face with the Name:
Scholarship Recipients Meet Benefactors

A growing number of Carondelet High School’s benefactors have designated their financial gifts either in honor of or in memory of a loved one. Many choose enrollment in the Academic Foundation. Other families have established scholarships characteristic of the person honored or remembered. Carondelet’s Annual Scholarship Evening provides a unique opportunity to bring together these benefactors and those students and families who benefit directly from such generosity. “Putting a face with the name at the Garaventa Center round tables helps our donors to establish personal relationships with the recipients,” observed Sister Kathleen, explaining the background for the evening. “It also provides the student with an opportunity to personally thank the family who provided her scholarship. As we continue to direct all our fundraising and annual appeal revenues to tuition assistance, we are especially grateful to those who choose to honor and remember through scholarship awards.”

Carondelet Academic Foundation Scholarship
The Carondelet Academic Foundation Scholarship is funded through gifts made in two ways. Gifts made in honor of an individual recognize a birthday, anniversary or memorable occasion. An appropriate congratulatory card is sent to the honoree. Gifts can also be made in memory of deceased friends or loved ones. Those enrolled are remembered monthly at a Mass in honor of St. Joseph, patron of a happy death. An appropriate sympathy card is sent to the family. Names of all enrollees and donors are inscribed in the Academic Foundation book located in the School Lobby. (Enrollment cards may be obtained through Terri Meehan in the President’s Office.)

The Academic Foundation Scholarship was awarded to Samantha Francisco.

Alumnae Association Scholarship
Established in the early 1990’s through a series of fundraisers, this scholarship continues to be funded through individual alumnae and alumnae parent contributions, as well as through revenue from specified spirit items in the Student Store. This scholarship is given to a student whose mother or sister attended Carondelet High School. The Alumnae Association Scholarship was awarded to Miranda Carpenello, whose mother, Rosemary Regan, is a member of the class of 1980.

Lucy Nido Cervone Memorial Award
Honoring the memory of a CHS benefactor's beloved aunt, who had a great appreciation of the fine arts, this award is presented to a graduating senior who plans to major in the performing arts. Rebecca Capriulo, a member of Concert Choir and Company through her four years, received the Lucy Nido Cervone Memorial Award. The versatile Rebecca performed the Italian aria, "O del mio dolce ardor," at the Scholarship Evening.

Denise Durant Memorial Scholarship
This scholarship was established in 1989 to honor Denise, a member of the class of 1977 and an active, generous member of the Alumnae Association. This scholarship is presented to a student who has demonstrated Denise's qualities of strong school spirit, deep family commitment and deep religious values. Barbara Durant Funderburk '82, Denise's sister, presented the Denise Durant Memorial Scholarship to Liliana Carrara.

Janice Ann Durant Scholarship
This scholarship honors Carondelet's beloved attendance officer, Janice (mother of Denise, Barbara and Judy), who served and nurtured our students for almost 17 years. The scholarship recognizes a student who best exemplifies Janice’s special gifts of caring, service and generosity, all given in a very quiet manner. Judy Durant Keenan ’84, presented the Janice Ann Durant Scholarship to Ariana Bradley.

Silvio E. Garaventa, Sr. Scholarship
Blessed with many possessions in life, Silvio E. Garaventa taught his family and his community the true meaning of stewardship—to give back to the community and to share with others. His family established the Silvio E. Garaventa, Sr. Scholarship in his memory. Scholarships were awarded to Kristen Sant and Chloe Traynor.

Patricia “Tricia” Gunning Memorial Award
This scholarship honors Patricia, a very involved member of the class of 1988. The award is presented to that student whose orientation to school and community service best exemplifies the spirit and dedication to others that Tricia so beautifully modeled as a student at Carondelet High School. The student who received the Patricia "Tricia" Gunning Memorial Award is Chelsea Pratte.

“It is always a pleasure to hear from students receiving this scholarship as they thank us for our generosity, which enables them to continue their education at Carondelet.”

—Mrs. Elizabeth Clemente House, Faculty/Staff Scholarship
Legacy Scholarship
This is an anonymous scholarship given by generous benefactors to a student whose mother has graduated from Carondelet High School. The Legacy Scholarship was presented to Tara Sandvig, whose mother, Patricia Rovai Sandvig, was a member of the class of 1980.

Negherbon Family Scholarship
This scholarship was established in honor of Mrs. Trudy Negherbon, an alumnae parent who served on the Carondelet Board of Directors for nine years. Mrs. Negherbon designed the Garaventa Center interior, including the foyer's heritage arch of Le Puy stones and lace. The Negherbon Family Scholarship was awarded to Ginette Salaverria.

Dorothy O'Brien CSJ Memorial Scholarship
From the estate of Jeanne and AJ Alexander, these scholarships are given in memory of Jeanne’s sister, Sister Dorothy O'Brien CSJ, who ministered to young women in the Bay Area. The Dorothy O’Brien CSJ Memorial Scholarship was awarded to Taylor Freeman, Elin Henningsson, Daniella Martinez, Julia Nau, Chelsea Pratte, Kelsey Rondini, Ginette Salaverria and Kelly Salvin.

Olivas Family Scholarship
This scholarship is presented to a student of Mexican-American heritage. Marta Olivas is a member of the class of 1985 and Juliana Olivas is the class of 1990. The Olivas Family Scholarship was presented to Daniela Martinez.

Alan Pasternak Memorial Award
Mrs. Meta Pasternak's colleagues and friends funded this award for a student with a special interest in the sciences, in memory of Meta's husband, Alan, who died in 2010. Erin Hassett received the Alan Pasternak Memorial Award.

Jeannette "GiGi" Pochini Memorial Award
This award has been given to that student who best exemplifies the traits of GiGi’s life: cheerful enthusiasm, cooperation, academic excellence and a keen sense of Christian service. GiGi was a member of the class of 1982 and her sister, Victoria, is a member of the class of 1985. The Jeannette “GiGi” Pochini Memorial Award was presented to Ana Fosbery Velis.

The President’s Scholarship
The President’s Scholarship is funded by the Carondelet High School Endowment and was awarded to Bryce Brinser, Allison Castro, Morgan Cortez, Ximena Farfan, Ana Fosbery Velis, Petra Nicolas, Alesesa Panis, Bianca Pires and Rebecca Villegas.

Donna R. Sabatte Scholarship
The Donna R. Sabatte Scholarship is given by her husband John and her five daughters, all Carondelet graduates. A Carondelet “mom-on-campus” for 13 consecutive years, from 1968 through 1981, Donna Sabatte helped to establish the Carondelet Development Program. The Donna R. Sabatte Scholarship was awarded to Sophia Ipsen and Katie Joskowitz.

Sisters of St. Joseph of Carondelet Scholarship
Established through the generosity of the Los Angeles Province of the Sisters’ Congregation, the Sisters of St. Joseph of Carondelet Scholarship was awarded to Elisa Aliano, Kaitlyn Funderburk and Danielle Ouimet.

Faculty/Staff Scholarship
This scholarship is funded by current and past faculty and staff members for a student who represents the ideals of Carondelet: scholarship, leadership and a Christian spirit. Samantha Rose received the Faculty/Staff Scholarship.

Mary Rose Tancredy Memorial Scholarship
Mary Rose graduated in 1991. This scholarship, in her memory, is presented to that student who, like Mary, loves to smile and to give to others, is faith filled, and dedicated to student leadership and school service. The Mary Rose Tancredy Memorial Scholarship was presented to Cassandra Ysip.

Tellez Family Award
This award is presented to a student of Hispanic origin. Reina Tellez is a member of the class of 1983 and Yvette is in the class of 1992. Morgan Cortez is the recipient of the Tellez Family Award.

What the Work Grant Means to Students
Hello and good evening, everyone. My name is Chelsea Pratte and I am currently a junior here at Carondelet. We all know that money is a huge issue in today’s challenging society. Due to the recent housing and job market, a great number of families and schools have been affected by this economic crisis. Thankfully, for my family and many other students at Carondelet, we have been blessed. Through the work study program, our families have been generously assisted in seeing that their daughters reach their potential goal of a first rate education. I know I speak for many past and present students saying that without the financial assistance of the work grant program, our dreams of a Carondelet education would be in jeopardy. I want to thank all the generous people including the alumnae and the parents who volunteer their time and put together Carondelet’s fundraisers to make financial assistance a success.

For me, my last three years at Carondelet have been absolutely amazing. I have made many lifelong friends and have experienced so many wonderful memories with them. I have also been involved in numerous clubs and extracurricular activities. I truly feel as if I have stepped outside of my comfort zone and have tried new things because of Carondelet’s variety of opportunities. The biggest opportunity Carondelet has blessed me with was being able to go on Ven a Ver. Ven a Ver was a short yet life-fulfilling immersion trip. It opened my eyes and honestly changed the way I live my life. I feel extremely blessed to go to Carondelet because Carondelet is a school with great opportunities, a school that supports the students, a school that challenges the students, and a school where we can all reach our fullest potential.

I have been on the work grant program since my freshman year and I am truly thankful. Without the help of our donors, I would not be at Carondelet receiving an incredible Catholic education, which is very important to me and my family. So, on behalf of myself and all the young women receiving scholarships, I want to thank everyone who contributes to our education and therefore, our futures.
The Winton Arts Festival

Artistic Talents on Display

Exhibitions of two- and three-dimensional artworks and the performing arts of dance and music were all on display during the annual Winton Arts Festival, a week-long event at both Carondelet and De La Salle. In addition to an art exhibit in the Inner Court, the week included the Spring Dance Showcase, “Everybody Dance Now!” as well as a choral presentation at the Lesher Center for the Arts.

“All the dancers were very professional and danced with grace and dignity. They were a wonderful group of dancers to work with and I am very proud of all of them.”

—Aggie Wintch Eidson ’79
CHS Faculty

“Everybody Dance Now!” featured 63 CHS and DLS dancers—including 14 soloists—who performed 27 dances in a variety of styles, from jazz, contemporary, hip-hop, musical theatre and folkloric to tap, ballet and lyrical dance. Most of the dancers took classes taught by Aggie Eidson, who choreographed many of the show’s thought-provoking pieces. At top left, Carondelet’s Advanced Dance class performed the contemporary dance, “Motherless Child.” Bottom left, the class performed “This Woman’s Work,” a lyrical dance honoring women suffering from cancer. At top right, a beginning class performed “Shoeless Joe,” a theatrical number from Damn Yankees. Bottom right, an intermediate dance class performs the jazz dance, “For Your Entertainment.”

Below, a digitally altered photograph of broccoli by Camille Larracas.

Winton Arts Festival Award Winners

Congratulations to all who participated in the Winton Arts Festival Art Exhibit, especially the following award winners:

Significant Achievement in 2D Media
Dominic Aliotti and Juliana Joseph

Significant Achievement in 3D Media
Weston Borosky

Significant Achievement in Photography
Jason Camera and Camille Larracas

Significant Achievement in Video
Julia Stager

Special Judges’ Award
Zynab Hashim

The Carondelet Choir performed at the Lesher Center for the Arts, led by Music Educator, Amy Hayner.
The Fontbonne Forum

Student Exploration: The Pursuit of Happiness

Student participants in the annual Fontbonne Forum investigated “The Pursuit of Happiness,” studying the roots of happiness, from materialistic satisfaction to spiritual fulfillment. Presenting the Forum entirely on their own, the students explored happiness from a variety of perspectives by staging a multimedia extravaganza of speeches, videos, music and dance. Moderators Shannon Inglesby and Ashley Dominici then challenged the community to consider the question, “What makes you happy?”

Each year, Fontbonne Forum students work to create a memorable and provocative experience for the Carondelet community, engaging the audience in a multidisciplinary/multimedia dialogue. In the preparation stages, the students work with a faculty team as they select a topic that will allow them to illuminate and interrogate the intersection between religion, culture, politics, technology, and the arts. The Fontbonne Forum honors Mother St. John Fontbonne, re-founder of the Sisters of St. Joseph. Mother St. John integrated her vows as a Catholic woman religious with her political and cultural values as a citizen in the emerging French democracy of the early nineteenth century. She effected practical, far-reaching change, providing a creative model of how church and state need one another in order to promote a more just, wise and loving society. Below are excerpts from the four panel discussions about the origins of happiness.

Madeline Venturino: Your brain interprets situations and floods your body with chemicals and hormones. All over your body and especially in your brain, you have neurons, tiny little cells that are responsible for your movements, feelings, thinking and even things you don't have to think about—like your heartbeat and breathing. Neurons connect with other neurons to form complex communication networks, but they don't actually touch each other. The spaces between neurons are called synaptic gaps. When your friends, team, boyfriend, iPhone or Ben and Jerry come around, your brain tells your neurons to release mood-inducing chemicals called neurotransmitters—serotonin, dopamine, and norepinephrine—and you get that warm, fuzzy, euphoric feeling, that runner's high, that cloud-nine feeling...

Rachel Gonzalez: Despite the difficulty of achieving genuine happiness, society does everything in the realm of possibility to create a superficial world in which all it takes is a brand new puppy or fresh-baked cookies to instill joy. We are surrounded by false happiness, and this corruption has become so commonplace that most of us don’t even realize it; in fact, we participate in it. Take Disneyland, for instance. Essentially everyone would agree that Disneyland is unquestionably the “Happiest Place on Earth.” But why is that? If you think about a typical trip to Disneyland, what’s so great about it?

Gillian Foley: Four days in Disneyland is no comparison to the superficial happiness of our everyday lives . . . . Advertisements, slogans, music and movies constantly shove down our throats what it means to be happy . . . . Happiness is rarely found through the methods that are often advertised on television, in pop music, movies and on the internet . . . . What does happiness even mean? Where can I find it? Happiness isn’t as easy as everyone makes it sound, but sometimes, I doubt its mere existence. Maybe the only thing that connects happiness with the movies and TV images is that, although they are alluring, they aren’t real.

Megan Beck: Yes, we have neurons firing across synapses and releasing endorphins that make us feel good . . . . But is there nothing more? Are we really just a walking-talking mass of cells, tissues, and organs held together by strips of sinew? . . . . We are not solely biological beings, because we are made up of body, mind, and soul. What makes you truly happy? . . . . The most powerful image for me is a loving and forgiving God . . . . I think the Catholic name for happiness would have to be salvation . . . . Human life just cannot be completely captured by a purely mechanistic view of the world. Even the mathematical genius, Albert Einstein, believed, “He to whom this emotion is a stranger, who can no longer wonder and stand rapt in awe, is as good as dead.” Need everything be proven or calculated? Without mystery, wonder, beauty, and awe could we have happiness? . . . . This I believe: We are meant to find joy in life and help others find the joy in their lives.
Light and salt. Two things that I would not normally be discussing together.

Okay, so the symbolism of light is pretty easy to understand. Light provides clarity, guidance, hope, or truth. Light is referred to in a million songs, books, stories and of course, it’s all over the Bible.

Jesus stated, “I am the light of the world. Whoever follows me will not walk in darkness, but will have the light of life” (John 8:12).

When colonists first came to America, John Winthrop spoke of a ‘City Upon A Hill.’ He had a dream for the Puritans to share their vision and serve as role models to the greater community.

Carondelet, it seems, has a similar dream. Our motto, “God is our light,” bears testimony to this fact. If God is our light, then I’d like to think of each and every one of us as a prism—bending, refracting and reflecting that light at all different angles in all different colors and creating rainbows! And each one of us has something unique to bring to the light show. The tricky part is actually allowing our light to shine.

We often have difficulty accepting compliments. Why is that? We look in the mirror and immediately zoom in on our blemishes. We criticize ourselves by looking in the mirror and immediately zoom in on our blemishes. We criticize ourselves. We must remember that life is a gift, and each one of our talents is also a gift. And it’s where the humility comes into play. Rather than displaying one’s gifts out of arrogance or hiding them out of fear or embarrassment.

Light. A perfect symbol. Effective metaphor. Easy to understand. Check. But salt? A simple condiment that adds a little flavor to our food? Why would that be symbolic or significant? After I thought about it for a little while, I realized salt is all over the Bible too. In Genesis, Lot’s wife looks back while they are fleeing Sodom and Gomorrah and turns into a pillar of salt.

In Colossians, Paul advises similar to today’s Gospel, encouraging Christians to “let your conversation be always full of grace, seasoned with salt” (Colossians 4:6). And after doing a little research, I discovered that there are actually 31 references to salt in the Bible. And it’s not just in the Bible.

Roman soldiers were paid “salt money,” an allowance referred to as ‘salarium’ in Latin—the origin of the English word, “salary.” The expression “He is not worth his salt” originated in ancient Greece where salt was traded for slaves. The superstition that spilling salt brings bad luck is believed to have originated with the overturned salt cellar in front of Judas Iscariot at the Last Supper—an image illustrated in Leonardo Da Vinci’s famous painting.

Clearly, salt isn’t quite as overlooked as I had thought. But beyond its recurrence and a little bit of trivia, what is its significance? Well, salt is pretty universal. It has been used for thousands of years in many different countries. Perhaps this symbolizes our responsibility to the global community, to world peace, to unity. Salt is a preservative. If we are called to be “salt for mankind,” we are called to be a stabilizing and protective force. The Church has existed for a long time, so it has to be doing something right. We are a preservative, we are long-lasting.

Salt is also an additive. It is something we crave and it can be very addictive. You eat one potato chip and pretty soon you’ve finished an entire bag. In a similar way, we are called not to be addictive but to be contagious. [Positivity is contagious, so spread the love!] We can be additives in other people’s lives, bringing them joy in the midst of suffering. We provide the flavor—we have the potential to spice up our lives!

Salt must be processed. Although we are not simply manufactured and mass produced in a factory, we too must go through a process. Salt can even be a mechanism for change! In 1930, in order to help free India from British control, Mahatma Gandhi led the citizens in the non-violent Salt March in order to protest the British Salt Tax.

There are a surprising number of parallels amongst salt and ourselves. Just as salt has many different uses, we too have many uses and we take on many different roles. Salt has many different variations or names: table salt, sea salt, finishing salt, flake salt, sodium
Senior Breakfast: Alumnae Association Welcomes Newest Alums

No wonder seniors claim to be impaired by senioritis! Every time they turn around, they are treated to another special event, another rite of passage on their journey to becoming high school graduates. At Carondelet, one such milestone is the Senior Assembly, when the students of the graduating class receive their awards, honors and the Carondelet Medal. That ceremony is immediately followed by the Senior Breakfast, another rite of passage for Carondelet women. Hosted by the Alumnae Association, the Breakfast welcomes the young women as the newest members of a special group—Carondelet High School alumnae.

At the Breakfast, Mary Frevele, Director of Alumnae Relations, officially welcomed the Class of 2011 to their new relationship with Carondelet, as adult women who went to school here. With a big "Aloha!" alumnae volunteers helped serve the breakfast and mingled with the graduating class while the new graduates shared their plans for the future, primarily graduation parties and college.

Unique among recent graduating classes, representatives from the Class of 2011 spontaneously took the mic and thanked the Alumnae Association for the Breakfast. Mary Frevele, in turn, thanks the graduates for representing Carondelet so well, and hopes that the Breakfast was only the first of many alumnae events they will attend!

At Mass, the graduates presented personal notes to their parents.

Faculty Blessing over the Graduates

May God bless you with discomfort at easy answers, half-truths, and superficial relationships, so that you may live from deep within your heart. Amen.

May God bless you with anger at injustice, oppression, and exploitation of people, so that you may work for justice, freedom, and peace. Amen.

May God bless you with tears to shed for those who suffer from pain, rejection, starvation, and war, so that you may reach out your hand to comfort them and turn their pain to joy. Amen.

And may God bless you with enough foolishness to believe that you can make a difference in this world, so that you can do what others claim cannot be done. Amen.

—"Franciscan Benediction," Anonymous
**Class of 2011 Leaves Technicolor Footprints**  
By Erin Araj, Salutatorian

Good Afternoon Sister Kathy, Dr. Hurlbut, esteemed faculty and staff of Carondelet, family, friends, and my dear sisters, the Class of 2011... I welcome you today to the ceremony of the graduating class of 2011. As you enjoy this wonderful day, I encourage you—parents, faculty, and students—to reflect on every step taken to get to this moment, steps nurtured by family, fortified by education and enriched by faith.

On the first steps of our journey we treaded lightly, our footprints barely leaving a mark. We stumbled a bit building friendships and figuring out correct uniform combinations. We learned to step a little faster trying to out-maneuver the deans with that ever-tricky skirt length. We dashed onto courts and fields after NCS championships, nervously pushed on a gas pedal for the first time, and danced at rallies and homecomings.

Over time, we came to realize that, though our steps were unsteady, our path was always clearly marked by God, our light, and the family and faculty who believed in us. With every step, we gained wisdom from our teachers, gospel values from our faith, and strength from each other. Life-giving liturgies, eye opening community service, well-planned retreats and bonds of sisterhood steadied our stride and our footprints became ever more visible as we discovered all of which woman is capable.

In time, we walked in the footsteps of each other and attained understanding and unity. In service, we walked in the footsteps of those in need and appreciated diversity. And, in difficult times or through difficult decisions, we carried those who faltered.

Whether we stood on our own two feet or leaned on each other for guidance, we discovered we were never alone. We had constant support from each other, our families and our school community. Each set of footprints in this class represents a unique woman of faith, courage and heart and, collectively, we are exceptional.

Tresure this moment today, as we take our final steps together as a class. Standing solidly on our own two feet, we go into the world walking in the footsteps of Jesus, our footprints no longer lightly pressed, but deeply indented in Technicolor.

**Integrating CHS Foundation, Graduates Greet the Future**  
By Paige Fisher, Valedictorian

Today we celebrate, reflect, and give thanks. I’d like to begin by expressing heartfelt gratitude to those who deserve it. To the teachers and staff at Carondelet, for building in us a strong foundation of integrity, respect, and curiosity, thank you. To our families, for supporting us as we developed into the women we are today, thank you. And finally, to the Class of 2011 for accepting me, for teaching me, and for inspiring me, thank you. Because of you, I’ve had an experience that has changed me in the best way possible. I am forever grateful to each of you.

At Carondelet, we’ve discovered the power of community. Together, we’ve loved freely without condition, collaborated effectively, and taken risks to find answers. We’ve embraced differences and discovered that at the core, we are all the same. Most importantly, we’ve been humbled by God’s presence in one another. In our journey with Him, we are one.

In our time here, we’ve also found fulfillment in service. We have looked beyond ourselves to see the needs of others. We now know the abiding satisfaction that comes from giving. Acts of service have shown us that life’s most precious gift is selfless love. And as we move forward, I challenge each of us to always love. Practice, preach, analyze, accept, and be love.

In just four short years, Carondelet has instilled in us critical values that transcend time: the beauty of truth, the power of hope, the balance of mercy and justice, the peace in God’s immeasurable dignity, and the strength of prayer. Now, we naturally integrate these gospel values into our lives. May they continue to be the wisdom that guides us.

We are all of which woman is capable. Look around. We should be proud of ourselves. I see friends who have blossomed in ways I could never have fathomed. I see beautiful, competent, honest and gifted women. Individually we are strong; together we are stronger.

Let this ceremony today not be a final farewell, but rather a celebration that only crystallizes what we’ve learned at Carondelet. In the future, you will all thrive in ways you cannot imagine now. Remember that this family is always here for you. I wish you the best of luck and give you all my love.
ERIN ARAJ
THE CARONDELET AWARD
Represented the ideals of the school: academics, leadership, service, character, loyalty.

BREANA BURGOS
THE PRINCIPAL’S AWARD
For outstanding service to Carondelet High School.

JUSTINE SONGEY
THE FORTBONNE AWARD
Recognizes the spirituality of Mother Saint Jeanne Fontbonne, a woman of faith, courage and heart, who refounded the Sisters of St. Joseph after the French Revolution. This award recognizes the graduate who personifies the CSJ tradition of “eyes open, ears attentive, spirits alert...sleeves rolled up for ministry.”

LAURA LEWIS & TINA GOMEZ
THE MEDAILLE AWARD
FOR SPIRITUALITY AND SERVICE
Honors the spirit of Jean Pierre Medaille SJ, who challenged six women—the first Sisters of St. Joseph—in 1650, to “divide the city, identify the needs of the time, and to do all of which woman is capable in service to the dear neighbor.”

KELLY GROSS
THE SENIOR ATHLETE OF THE YEAR AWARD
For a student athlete who participates in four years of interscholastic sports while maintaining high academic standards and representing the values of CHS and a Catholic education.
THE CLASS OF 2011 HONORS AND AWARDS

Antonia Acquistapace
California Scholarship Federation
Elks Lodge 1474 of Pittsburg Edmund A. and Melba Linscheld Memorial Scholarship
Italian Catholic Federation Steve Arnaudo Memorial Scholarship
President’s Award for Academic Excellence
President’s Volunteer Service Award
Sons of Italy Western Foundation Joseph Di Trapani Memorial Scholarship

Lindsey Benger
National Merit Scholarship Program
Commended Student
President’s Award for Academic Excellence
President’s Volunteer Service Award

Michele Benz
California Scholarship Federation
Italian Catholic Federation First Year Scholarship East Bay District
President’s Volunteer Service Award
Saint Mary’s College of California Scholarship

Katherine Biermayer
California Scholarship Federation
Mount St. Mary’s College Carondelet Award
President’s Volunteer Service Award

Robyn Birkenfeld-Malpass
California Scholarship Federation
Diablo Valley Alumnae Panhellenic Award
Loyola Marymount University Grant
Loyola Marymount University Honors at Entrance
Loyola Marymount University Scholarship
President’s Award for Academic Excellence
President’s Volunteer Service Award
Soroptimist International of Diablo Vista Violet Richardson Award

Jennifer Blohm
California Scholarship Federation
Loyola Marymount University Achievement Award
Loyola Marymount University Grant
President’s Volunteer Service Award

Monica Arnaout
California Scholarship Federation
President’s Award for Academic Excellence

Kristen Arzt
Congressional Certificate of Special Recognition for Service
President’s Lifetime Volunteer Service Award
Soroptimist International of Diablo Vista Community Service Award

Gabrielle Azumbrado
President’s Volunteer Service Award

Julia Barge
Boise State University Gem Scholarship
Boise State University Honors College
Boise State University Thurber Family Scholarship
California Scholarship Federation
President’s Award for Academic Excellence
President’s Volunteer Service Award

Catherine Battaglia
President’s Volunteer Service Award

Megan Beck
ABC 7 Top Scholars Nominee
California Scholarship Federation
Italian Catholic Federation First Year Scholarship Branch 14
National Honor Society
National Honor Society Scholarship Nominee
National Merit Scholarship Program Commended Student
President’s Award for Academic Excellence
President’s Volunteer Service Award
Robert C. Byrd Honors Scholarship Nominee
Sons of Italy Western Foundation Angela Ardent and Pearl Billeci Memorial Scholarship
Valedictorian Candidate

Lucille Akaba
President’s Award for Academic Achievement
President’s Volunteer Service Award
University of Arizona Excellence Award

Michaela Alamillo
California Scholarship Federation

Alyssa Alvarez
President’s Volunteer Service Award

Erin Araj
California Scholarship Federation
Carondelet Award
Carondelet Parents’ Association Scholarship
Daughters of the American Revolution Good Citizen Award
National Honor Society
National Honor Society Scholarship Nominee
President’s Award for Academic Excellence
President’s Volunteer Service Award
Salutatorian
Santa Clara University SCU Incentive Grants
Society of Women Engineers-Golden Gate Section Scholarship
Society of Women Engineers-Mt. Diablo Section Scholarship
Stephanie Brown Cadet Memorial Scholarship Finalist

Sons of Italy Western Foundation Angela Ardent and Pearl Billeci Memorial Scholarship
Molly Boal
California Scholarship Federation
Carondelet Parents’ Association Scholarship
University of San Francisco President’s Merit Award
University of San Francisco Tuition Grant

Julia Bolognesi
President’s Volunteer Service Award

Danielle Brasher
President’s Award for Academic Excellence
President’s Volunteer Service Award

Erin Breska
California Scholarship Federation
President’s Award for Academic Achievement
President’s Volunteer Service Award
University of Portland Holy Cross Scholarship

Kristiana Britanik
President’s Award for Academic Achievement
President’s Volunteer Service Award

Alexandra Brothers
California Scholarship Federation
George Washington University Athletics Scholarship
George Washington University Presidential Academic Scholarship
National Hispanic Recognition Program Scholar
President’s Award for Academic Excellence

Breana Burgos
California Scholarship Federation
Colombo Club and Colombo Club Auxiliary Scholarship
President’s Award for Academic Excellence
Principal’s Award
Salutatorian Candidate
University of San Diego Torero Pride Scholarship

Victoria Burian
California Scholarship Federation
Italian Catholic Federation Alice Providence Bottino Memorial Scholarship
National Honor Society
President’s Award for Academic Excellence
President’s Volunteer Service Award
University of San Francisco President’s Merit Award

Madeline Campisano
California Scholarship Federation
President’s Award for Academic Achievement
President’s Volunteer Service Award

Carondelet to you we sing this song of praise and loyalty.
Our pledge of faith and love we bring, Carondelet all hail to thee!

Rachel Ann Cauilan
California Scholarship Federation
President’s Volunteer Service Award

Jacqueline Cea
California Scholarship Federation
President’s Award for Academic Achievement
President’s Volunteer Service Award

Danielle Chapey
President’s Volunteer Service Award

Devon Chiapello
Burger King Scholars Award
California Scholarship Federation
Italian Catholic Federation First Year Scholarship Branch 154
National Honor Society
Package of Prevention Beryl V. Smith Scholarship
President’s Award for Academic Excellence
President’s Volunteer Service Award
University of Southern California Athletic Scholarship
University of Southern California Latino Alumni Association Scholarship
Wendy’s High School Heisman Award

Samantha Ching
ABC 7 Top Scholars Nominee
California Scholarship Federation
National Merit Scholarship Program Commended Student
University of California, Santa Barbara Grant

Catherine Carnathan
AP Scholar
California Scholarship Federation
National Hispanic Recognition Program Scholar
National Merit Scholarship Program Commended Student
University of California, Santa Barbara Grant
University of California, Santa Barbara New Freshman Scholarship

Lauren Connolly
California Scholarship Federation
Congressional Certificate of Special Recognition for Service
National Honor Society
President’s Award for Academic Excellence
President’s Volunteer Service Award
Soroptimist International of Diablo Vista Community Service Award
THE CLASS OF 2011 HONORS AND AWARDS

Allison Cook
California Scholarship Federation
President’s Award for Academic Excellence
President’s Volunteer Service Award

Alexandra Corbett
California Scholarship Federation
President’s Award for Academic Excellence
President’s Volunteer Service Award

Mariel Cortes
President’s Volunteer Service Award

Amy Czyz
California Scholarship Federation
President’s Award for Academic Excellence
President’s Volunteer Service Award
Prudential Spirit of Community Awards Certificate of Achievement
Rice University Athletic Scholarship

Alyza Dietzel
University of Hawaii Manoa Chancellor’s Scholarship

Christina Dodson
President’s Volunteer Service Award

Rogan Dolan
President’s Award for Academic Excellence
University of California, Davis Athletic Scholarship

Nicole D’Souza
California Scholarship Federation
Ca rondelet Parents’ Association Scholarship
Congressional Certificate of Special Recognition for Service
President’s Award for Academic Achievement
President’s Lifetime Volunteer Service Award
Soroptimist International of Diablo Vista Community Service Award

Meaghan Duck
California Scholarship Federation

Kathryn Dufau
California Scholarship Federation
President’s Award for Academic Excellence

Ashley Edson
California Scholarship Federation
Congressional Certificate of Special Recognition for Service
President’s Lifetime Volunteer Service Award
Soroptimist International of Diablo Vista Community Service Award
University of Arizona Excellence Award
University of Arizona Non-Resident Tuition Grant

Hannah Eichers
California Scholarship Federation
President’s Award for Academic Excellence
President’s Volunteer Service Award

Erin Enea
California Scholarship Federation
President’s Award for Academic Achievement
President’s Volunteer Service Award

Megan Ennis
President’s Volunteer Service Award

Nicole Enriquez
University of California, Merced Bobcat Scholarship

Jacqueline Ernest
California Scholarship Federation
President’s Award for Academic Excellence

Alexandra Ferrante
California Moving and Storage Association Scholarship
California Scholarship Federation
Italian Catholic Federation First Year Scholarship Branch 352
President’s Award for Academic Excellence

Paige Fisher
AP Scholar
California Scholarship Federation
National Honor Society
National Merit Scholarship Program Commended Student
President’s Award for Academic Excellence
President’s Volunteer Service Award
Valedictorian

Jessie Flatt
California Scholarship Federation
President’s Award for Academic Excellence
President’s Volunteer Service Award

Jessica Fleming
Congressional Certificate of Special Recognition for Service
President’s Lifetime Volunteer Service Award
Soroptimist International of Diablo Vista Community Service Award

Carolyn Fluehr
President’s Award for Academic Achievement
University of Arizona Excellence Award

Gillian Foley
California Scholarship Federation
Carondelet Parents’ Association Scholarship

Paige Fisher
AP Scholar
California Scholarship Federation
National Honor Society
National Merit Scholarship Program Commended Student
President’s Award for Academic Excellence
President’s Volunteer Service Award
Valedictorian

Sarah Freeberg
California Scholarship Federation
Loyola Marymount University Achievement Award
Loyola Marymount University Grant
National Honor Society
President’s Award for Academic Excellence
President’s Volunteer Service Award

Melody Fulton
California Scholarship Federation
NASSP and Herff Jones Principal’s Leadership Award Nominee
National Honor Society
President’s Award for Academic Excellence
President’s Volunteer Service Award

Jenna Galli
President’s Volunteer Service Award
Guided by our love of Mary and our motto, “God My Light,”
Ever onward, Alma Mater,
with our colors red and white.

**Molly Galloway**  
President’s Volunteer Service Award

**Allison Garavaglia**  
ABC 7 Top Scholars Nominee  
California Scholarship Federation  
National Honor Society  
National Honor Society Scholarship Nominee  
President’s Award for Academic Excellence  
President’s Volunteer Service Award  
Salutatorian Candidate  
Valedictorian Candidate

**Antonette Garcia**  
California Scholarship Federation  
Congressional Certificate of Special Recognition for Service  
Drexel University Build the Pipeline Scholarship  
Drexel University Dean’s Scholarship  
Drexel University Early FAFSA Award  
Drexel University Pennoni Honors College  
President’s Award for Academic Excellence  
President’s Lifetime Volunteer Service Award  
Soroptimist International of Diablo Vista Community Service Award

**Allison Gargalikis**  
University of California, Los Angeles Athletic Scholarship

**Christina Garner**  
California Scholarship Federation  
Chevron Corporation Percy Abram Jr. Scholarship  
President’s Volunteer Service Award  
Saint Mary’s College of California Grant  
Saint Mary’s College of California Scholarship

**Tina Gomez**  
Loyola Marymount University Grant  
Medaille Award  
President’s Award for Academic Achievement  
President’s Volunteer Service Award

**Sarah Gonsier**  
AP Scholar  
California Scholarship Federation  
Fordham University Semifinalist Scholarship  
National Hispanic Recognition Program Scholar  
President’s Award for Academic Excellence  
President’s Volunteer Service Award

**Bernadette Gonzales**  
St. John’s University- Queens Dean’s Grant

**Breanne Nicole Gonzales**  
California Scholarship Federation  
President’s Volunteer Service Award  
San Diego State University Grants

**Rachel Gonzalez**  
California Scholarship Federation  
President’s Award for Academic Excellence  
President’s Volunteer Service Award  
University of San Francisco President’s Merit Award  
University of San Francisco Tuition Grant

**Veronica Gonzalez**  
California Scholarship Federation  
President’s Award for Academic Excellence  
President’s Volunteer Service Award  
Saint Mary’s College of California Alumni Legacy Scholarship  
Saint Mary’s College of California Honors at Entrance Scholarship  
Saint Mary’s College of California Scholarship

**Katharine Goodspeed**  
California Scholarship Federation  
President’s Award for Academic Excellence  
President’s Volunteer Service Award

**Kelly Gross**  
California Interscholastic Federation  
Scholar-Athlete of the Year Candidate  
California Scholarship Federation  
National Honor Society  
Positive Coaching Alliance Triple-Impact Competitor Scholarship  
President’s Award for Academic Excellence  
President’s Volunteer Service Award  
San Ramon Valley Primary Care Scholarship  
Scholar-Athlete Milk Mustache of the Year (SAMMY) Semi-Finalist  
Senior Athlete Award  
Valedictorian Candidate

**Vanessa Guerrero**  
AP Scholar  
California Scholarship Federation  
Coca-Cola Scholars Program Semifinalist  
Congressional Certificate of Special Recognition for Service  
National Honor Society  
Pleasant Hill Recreation and Park District Certificate of Appreciation  
Ronald McDonald House Charities HACER Scholarship  
Soroptimist International of Diablo Vista Community Service Award

**Paige Haberman**  
California Scholarship Federation  
President’s Volunteer Service Award

**Kayla Hammergren**  
California Scholarship Federation  
President’s Award for Academic Excellence  
President’s Volunteer Service Award
Lauren Leahy
California Scholarship Federation
Comcast Leaders and Achievers Scholarship Nominee
President’s Award for Academic Achievement
President’s Volunteer Service Award

Katharine Legaspi
California Scholarship Federation
President’s Volunteer Service Award
University of San Francisco Dean’s Merit Award

Megan Lenahan
California Scholarship Federation
President’s Award for Academic Excellence
President’s Volunteer Service Award
University of Kansas Freshman Achievement Scholarship
University of Kansas Jayhawk Generation Scholar

Kirsten Lewallen
California Scholarship Federation
Pepperdine University Associated Women for Pepperdine Scholarship
President’s Award for Academic Excellence
University of Kansas Freshman Achievement Scholarship
University of Kansas Jayhawk Generation Scholar

Laura Lewis
California Scholarship Federation
Medaille Award
President’s Volunteer Service Award
University of New Mexico Amigo Scholarship

Alexis Brittany Luna
California Scholarship Federation
Dominican University of California Trustee Scholarship
President’s Award for Academic Excellence
President’s Volunteer Service Award
Carondelet will live forever in our hearts and memories. Friendships made, forgotten never, faithful always we will be.

Kaitlyn Malcolm
California Scholarship Federation
Congressional Certificate of Special Recognition for Service
Pleasant Hill Recreation and Park District Certificate of Appreciation
President’s Award for Academic Excellence
President’s Volunteer Service Award
Soroptimist International of Diablo Vista Community Service Award

Danielle Manifold
California State University, Fullerton Grants

Chanel Claire-CC Manzanillo
California Scholarship Federation
President’s Volunteer Service Award

Morgan March
University of Arizona Excellence Award

Brianna Martinez
President’s Volunteer Service Award
Seattle Pacific University Deans’ Scholar Award

Kathleen Marusich
California Scholarship Federation
Holy Names University Athletic Scholarship
Holy Names University Merit Scholarship
President’s Volunteer Service Award

Jessica Mattson
Northern Arizona University Western Undergraduate Exchange Program

Amethyst Maxson
University of Arizona Excellence Award

Michelle McCourt
California Scholarship Federation
Clayton Business and Community Association Academic Scholarship
President’s Volunteer Service Award

Allie Mendelson
President’s Volunteer Service Award

Laura Messman
California Scholarship Federation
President’s Volunteer Service Award

Gina Milano
California Scholarship Federation
President’s Award for Academic Excellence
President’s Volunteer Service Award

Kathleen Miyakado
California Scholarship Federation
Gonzaga University Aloysius Scholarship
President’s Volunteer Service Award

Maegan Molo
President’s Volunteer Service Award
The Copart Private Foundation Scholarship

Torie Monroe
California Scholarship Federation
President’s Volunteer Service Award

Elizabeth Montgomery
California Scholarship Federation
Loyola Marymount University Achievement Award
President’s Award for Academic Excellence

Leah Moranville
President’s Volunteer Service Award

Brenda Mungua
Dominican University of California Grant
Dominican University of California Presidential Scholarship

Cynthia Nieders
California Scholarship Federation
President’s Volunteer Service Award

Kaitlyn O’Connell
California Scholarship Federation

Hailey O’Connor
Carondelet Parents’ Association Scholarship

Morgan O’Connor
California Scholarship Federation
University of Oregon Nonresident Dean’s Scholarship

Grace Olson
California Scholarship Federation
National Honor Society
President’s Award for Academic Excellence
President’s Volunteer Service Award

Stephanie Palomino
California Scholarship Federation
President’s Award for Academic Excellence
President’s Volunteer Service Award
University of Oregon Nonresident Dean’s Scholarship

Rachel Pauling
President’s Volunteer Service Award

Erica Payne
President’s Award for Academic Excellence
Stanford University Athletic Scholarship

Nicole Petersen
California Scholarship Federation

Kamila Petrencik
California Scholarship Federation
Chapman University Chancellor Scholar
Chapman University Chancellor Scholarship
Chapman University Grants

Janessa Pinon
President’s Volunteer Service Award

Anne Platner
California Scholarship Federation

Olivia Poirier
President’s Volunteer Service Award
**The Class of 2011 Honors and Awards**

**Shannon Price**  
California Scholarship Federation  
President’s Award for Academic Excellence  
President’s Volunteer Service Award  
Santa Clara University SCU Grants

**Krista Purser**  
Best Buy @15 Scholarship  
California Scholarship Federation  
Clayton Business and Community Association Academic Scholarship  
President’s Award for Academic Excellence  
President’s Volunteer Service Award

**Stephanie Quilici**  
President’s Volunteer Service Award  
University of Portland Holy Cross Scholarship

**Lauren Radich**  
California Scholarship Federation  
President’s Volunteer Service Award

**Jiunee Ramos**  
California Scholarship Federation  
President’s Volunteer Service Award

**Amanda Ricasa**  
California Scholarship Federation  
President’s Award for Academic Excellence  
University of San Diego Grant  
University of San Diego Torero Pride Scholarship

**Jessica Roland**  
California Scholarship Federation

**Estibaliz Romeo**  
California Scholarship Federation  
President’s Volunteer Service Award

**Danielle Romero**  
President’s Volunteer Service Award

**Marina Rumore**  
California Scholarship Federation  
Coca-Cola Scholars Program Semifinalist  
Fordham University Jogues Scholarship  
Fordham University Tuition Award  
National Hispanic Recognition Program Scholar  
National Honor Society  
National Merit Scholarship Program Commended Student  
President’s Volunteer Service Award

**Paige Rutten**  
California Scholarship Federation  
Carondelet Parents’ Association Scholarship  
National Honor Society  
President’s Award for Academic Excellence  
President’s Volunteer Service Award

**Nicole Stanners**  
California Scholarship Federation  
Congressional Certificate of Special Recognition for Service  
President’s Award for Academic Excellence  
President’s Lifetime Volunteer Service Award  
Soroptimist International of Diablo Vista Community Service Award

**Joelle Stegner**  
California Scholarship Federation  
President’s Volunteer Service Award

**Felicia Stiles**  
Pacific Postal Credit Union Scholarship  
Saint Mary’s College of California Performing Arts Scholarship

**Alison Stribling**  
California Scholarship Federation  
Mustang Soccer League Student-Athlete Scholarship  
President’s Award for Academic Excellence  
President’s Volunteer Service Award

**Alexa Salcido**  
President’s Volunteer Service Award  
University of Nevada, Reno Pack Pride Level Scholarship

**Victoria Schaefer**  
California Scholarship Federation  
President’s Award for Academic Excellence  
President’s Volunteer Service Award

**Kristine Scheibley**  
California Scholarship Federation  
President’s Volunteer Service Award

**Emma Schiappacasse**  
Loyola Marymount University Achievement Award

**Courtney Schreiner**  
Oregon State University Tuition Grant

**Madison Shirley**  
President’s Volunteer Service Award

**Justine Songey**  
Carroll College All Saints Award  
Congressional Certificate of Special Recognition for Service  
Fontbonne Award  
President’s Award for Academic Achievement  
Salutatorian Candidate  
Soroptimist International of Diablo Vista Community Service Award

**Corinne Spohrer**  
President’s Volunteer Service Award

Amanda Sechrest receives a standing ovation from her classmates.
Carolyn Sullivan
Burger King Scholars Award
California Scholarship Federation
Carondelet Parents’ Association Scholarship
Chevron Corporation Percy Abram Jr. Scholarship
Coca-Cola Scholars Program Semifinalist
Congressional Certificate of Special Recognition for Service
Drexel University A. J. Drexel Scholar
Drexel University A. J. Drexel Scholarship
Drexel University Pennoni Honors College
Drexel University Theater Scholarship
National Honor Society
National Merit Scholarship Program Commended Student
President’s Award for Academic Excellence
President’s Lifetime Volunteer Service Award
Soroptimist International of Diablo Vista Community Service Award

Kathleen Thaete
California Scholarship Federation
President’s Award for Academic Excellence
President’s Volunteer Service Award

Kayla Vaughan
California Scholarship Federation
Carondelet Parents’ Association Scholarship
National Honor Society
President’s Award for Academic Excellence
President’s Volunteer Service Award

Portia Luz Velasco
President’s Volunteer Service Award
St. John Fisher College Achievement Award
St. John Fisher College Grant

Madeline Venturino
California Scholarship Federation
Italian Catholic Federation First Year Scholarship Branch 214
National Honor Society
National Merit Scholarship Program Commended Student
President’s Award for Academic Excellence
President’s Volunteer Service Award
Robert C. Byrd Honors Scholarship Nominee
Salutatorian Candidate
University of Colorado at Boulder Chancellor’s Achievement Scholarship
University of Colorado at Boulder College of Arts and Sciences Honors Program
University of Colorado at Boulder Norlin Scholar
University of Colorado at Boulder Norlin Scholarship
Valedictorian Candidate

Courtney Weixel
President’s Award for Academic Excellence

Tylyn Wells
California Scholarship Federation
Olympic Club Foundation Brian Ohleyer Memorial Award Nominee
President’s Award for Academic Achievement
Stanford University Athletic Scholarship

Jessica Whicher
California Scholarship Federation
President’s Award for Academic Achievement
President’s Volunteer Service Award
Saint Mary’s College of California Grants
Saint Mary’s College of California Scholarship

Allison White
California Scholarship Federation
Carondelet Parents’ Association Scholarship
Fordham University Athletic Scholarship
North Coast Section Merv Harris Scholarship
President’s Volunteer Service Award

Margaret Yamamoto
California Scholarship Federation
Gonzaga University Dean Scholarship
President’s Award for Academic Excellence
President’s Volunteer Service Award

Miranda Zulueta
Dominican University of California Grant
Dominican University of California Presidential Scholarship
President’s Volunteer Service Award

Spirit fills your columned walls and echoes through your cherished halls. Through the years our love increasing, we will ever turn to you.
—The Alma Mater of Carondelet High School
2010-11 on the Court, in the Pool, on the Field

Fall Sports
Demonstrating the solid connection between athletics and academics, every fall team—at every level—qualified as a scholar-athletic team, earning team grade point averages of 3.0 or better during the season. The teams’ GPAs ranged from 3.31 to an impressive 3.83, achieved by the Freshman Volleyball team. At the same time, all fall varsity teams made it to the NCS playoffs! The Varsity Tennis and Varsity Cross Country teams attained the highest goal of educational athletics, combining outstanding academic performance with interscholastic athletic participation, as both of these teams earned the NCS Scholastic Girls’ Division II Varsity Championship Team Award for the fall season—Cross Country with a team GPA of 3.66 and Tennis with 3.75. With 168 schools in the NCS, this is an outstanding achievement!

The Positive Coaching Alliance recognized Kelly Gross as a Triple-Impact competitor, who made a positive contribution on three levels: “Personal Mastery: making oneself better; Leadership: making one’s teammates better; Honoring the Game: making the game better.”

Cross Country
The Cross Country team finished third in Division II at the NCS Championships and 13th at the CIF state meet. At State, Michaela Alamillo crossed the line first for Carondelet and she was named to the EBAL All-League Second Team.

Golf
The Golf team went on to compete in the NCS qualifier.

Tennis
Nicole Hohenstein and Juliana Joseph won the consolation round of the EBAL Doubles Championship and Kayleigh Hunt won the third-line Singles Championship.

Volleyball
The team went on to compete in the NCS Championship and was eliminated in the quarterfinals. Bridgett Larsen was selected as a member of the All-League First Team and Alicia Flatt received an honorable mention.

Water Polo
After placing second in the EBAL finals, the team went on to the NCS quarterfinals. Kelly Gross and Lauren Radich made the EBAL All-League First Team, Devon Chiapello made Second Team, and Breana Burgos received honorable mention.

Winter Sports
In its “Scholastic Championship,” NCS recognizes the top three varsity teams with the highest composite GPA of 3.0 or above in each sport's division or classification. Three Carondelet teams were recognized for reaching this mark! Outstanding! The Soccer, Cheer and Dance teams were recognized for attaining the highest goal of educational athletics—combining outstanding performance in interscholastic athletics while achieving GPAs of 3.76 for Soccer, 3.55 for Cheer, and 3.38 for Dance.

Soccer
The 2011 Varsity Soccer team achieved the “Triple Crown,” winning EBAL, the Tri-Valley Classic, and NCS. It was the first time since 2001 that CHS Soccer has won NCS! Special congratulations to EBAL All-League Soccer MVP Rogan Dolan, who was also selected as the NCS Girls Soccer Player of the Year, as an East Bay High School Headliner by the Contra Costa Times and the Oakland Tribune, and the Bay Area News Group-East Bay Girls Soccer Player of the Year! The newspaper also named Kory Lamet, Alex Brothers, Kate Castillo and Ally White to the First Team and Katie Kelly and Cassidy Nick in the Second Team, while Amy Czyz and Liz Montgomery received honorable mentions. Finally, Coach Rick Morin was named as Bay Area News Group East Bay Girls’ Soccer Coach of the Year.

Cheer
Undefeated in Northern California, the Varsity Cheer team received first-place scores at the Regional USA Competition in Santa Cruz and went on to the State Competition in December. Competing at the United Spirit Association Regional competitions, Cheer qualified for Nationals, which took place in March. Varsity Cheer placed sixth in the Medium Varsity Show Cheer Advanced Division at the USA Spirit Nationals in Anaheim.

Dance
With incredible performances in both preliminaries and finals, the Song team placed first at Song Nationals in Anaheim. Congratulations to Varsity Song on their repeat National Championship Title!

Varsity Pom placed first in the JAMZ regional competition in San Francisco. Congratulations to Varsity Pom on their excellent performance, placing third in their first showing at JAMZ School Nationals in Las Vegas!

Basketball
The Varsity Basketball team competed in Arizona at the Nike Tournament of Champions and at the West Coast Jamboree. Capping off a great season, the 2011 EBAL champions continued to the NCS and Nor-Cal Championships, finishing second in both competitions.

Hannah Huffman was selected as the Contra Costa Athlete of the Week in February and she and Erica Payne were named as East Bay High School Headliners by the Contra Costa Times and the Oakland Tribune. Erica was also selected as the NCS Girls Basketball Player of the Year and was named as a McDonald’s All-American Basketball Player.
Spring Sports

All spring teams earned GPAs of 3.0 or better, earning the NCS Distinguished Team Award. Of 258 spring athletes, 160 received the NCS Scholar Athlete Award with a 3.5 or better GPA. Junior Varsity Lacrosse had the highest GPA with a 3.68, and the highest varsity team was Varsity Lacrosse with a 3.51 GPA.

Track & Field

Carondelet's Varsity Track and Field team finished fifth in the league, while Katherine Biermayer finished first in league. The Cougars placed seventh at the EBAL finals. Moving on to the Tri-Valley Area Championships, Katherine Biermeyer placed third in the triple jump and Erica Payne tied for third in the high jump, with Valerie Francis placing fifth in that event. A heat winner in the 800-meter, Shelby Vaculin placed third in the finals. Altogether, the Cougars finished 11th at Tri Valley, which includes four leagues. Qualifiers competed at the NCS Meet of Champions at UC Berkeley, where Carondelet's 4x8 relay team—Kayla Vaughan, Antonia Acquistapace, Kelly Lofus, and Lyndsey Ciabattari—finished second.

Softball

As the #5 seed at the NCS semifinals, Varsity Softball upset higher seeded schools and finished second. This is the first time since 2005 that CHS has been in the NCS playoffs. With a team GPA of 3.43, the team also received scholastic honors from NCS.

Lacrosse

As the season started, Lacrosse Magazine ranked Carondelet's Varsity Lacrosse team as #8 in the country. The team went on to defeat first-ranked Monte Vista for the first time in six years, and the Cougars ended the season with an 18-game win streak! For the first time, the Lacrosse team won NCS, defeating Foothill in the finals. Recognizing the team's great season, the East Bay Newspapers named coach Rick Jeffery Coach of the Year.

Swimming

Carondelet swimmers took second place at NCS with Natalie Amberg, Madeline Benavidez, Chelsea Chenault, Allison Gargalikis, Nicole Palmer, Kendra Prutton, Christina Ray and Madison White in the finals for CHS. Chelsea Chenault and Madison White were also named as East Bay High School Headliners by the Contra Costa Times and the Oakland Tribune.

Congratulations to Swim Coach Jasmine Millan, who was named 2011 California Coaches’ Association Girls’ Swimming Coach of the Year! “This award gives much deserved recognition to your coaching excellence,” said the California Coaches Association, "and your professional contributions of time, service, and dedication to the profession and athletics.”

Diving

Brooke Osborn placed third at the NCS finals.

Badminton

The 2011 Badminton Club/Team made school history by being the first badminton team at CHS. The team competed in the EBAL tournament hosted by Monte Vista High School and the Doubles Team placed second, qualifying them for NCS playoffs.

Mrs. Gleam Green, Athletic Director, provided the sources of information for this overview of Carondelet athletics.
The May weather could have been better but the rain didn’t catch Carondelet’s golfers until the end of the day. With festivities, contests, and prizes into the evening, everyone had a great time...

**Hole #1** - Margaritas and quesadillas!
**Hole #3** - Closest-to-the-Hole and Bulls-Eye Contests!
**Hole #5** - Sports Basement snacks and beer.
**Hole #6** - Closest-to-the-Hole, Hit-the-Green, and Hole-In-One opportunity for a 2011 Arlen Ness Victory Vision Motorcycle.
**Hole #7** - Longest drive (men & women)
**Hole #8** - Closest-to-the-Hole and CHS Golf Team.
**Hole #10** - Blackjack!
**Hole #13** - Closest-to-the-Hole and Hole-In-One opportunity for a 2011 Porsche Boxster from Stead Porsche!
**Hole #16** - Hole-In-One opportunity for Walnut Creek Ford's 2011 Ford Fusion!
**Hole #19** - Premium hosted bar.

**Tournament Awards**
- **First Place**: Tom Morgan, Clyde Miles, Stephanie Seeno-Miles '80, Tom Whalen
- **Second Place**: Tim Pauling, Matt Clay, Bill Finnigan, Ranjit Sufi
- **Third Place**: Michael Porfido, Peter Porfido, Len Ialeggio, Ken Haruta
- **High Score**: Richard Vasquez, Bob Vasquez, Eric Benisek, Brian Laynge
- **Long Drive**: Stephanie Seeno-Miles and Matt Clay
- **Closest-to-the-Hole #3**: Ray Green
- **Closest-to-the-Hole #6**: Ed Benger
- **Closest-to-the-Hole #8**: Edwin Corbin
- **Closest-to-the-Hole #13**: Ken Haruta
- **Closest-to-the-Hole #16**: Clyde Miles
- **Putting Contest**: Jim Hamill

**Fairmont Resorts Grand Golf Drawing**
- **Grand Prize-$5000 Fairmont Resorts Gift Card**: Steve Bakos
- **Second Place-Cleveland TA7 Gun Metal Irons**: Mike Libby
- **Third Place-Bobby Jones Graphite Driver**: Ruben Díaz

With gratitude, Carondelet High School thanks many gift-in-kind donors and the following sponsors who made this event possible:

**Major Sponsors**
- Garaventa Enterprises
- The Hamill Family
- The Hofmann Family Foundation
- The John Sabatte Family
- Thomas A. Seeno Foundation

**Corporate Sponsor**
- CSDA Architects, Inc.

**Eagle Sponsor**
- Sequoia Landscape Specialties, Inc.

**Birdie Sponsors**
- Acme Scale Co.
- Dolan's Lumber

**Putting Contest Sponsor**
- Drito Brothers

**Par Sponsors**
- Blinkers On Racing Stable
- Maroney and Associates, Inc.
- Pacific Coast Chemicals Co.
- The Russell Family
- Jodie & Jack Russi
- Yvette & Kent Ipsen, Skipolini's Pizza
- State Farm Insurance–Roger Fernando Agency
- Sid & Carol Thompson

**Carondelet Caddies**
- John Daubenspeck
- Fire Protection Management, Inc.
- Patricia & David Larsen
- Cynthia & David Lawrence
- Marybeth and Gregory Anicich
Alumnae Executive Board Retreat Generates Ideas & Plans for 2011-12

Not all who patronized the Pyramid Alehouse on that Friday afternoon sat riveted to the TV ball game! In a private meeting room, 11 energetic members of Carondelet’s Alumnae Association Executive Board met for their planning retreat. Those attending were Signe Curtis ’82, Mary Goebel Frevele ’75, Dottie Milan Niethold ’80, Cherie Hughes Soza ’82, Kelly Onyett Williams ’85, Char Teutschel ’79, Amy McKinnon Hartman ’85, Colleen Groh Lauer ’84, Carol Cornette Young ’80, Barbara Hockel Lopez ’81 and Roxanna Guzman ’92.

The group reviewed and editorially revised the content of the By Laws of the Association to reflect more consistent language and terminology. They concluded that the Alumnae Association is open to all graduates as well as those women who attended Carondelet and left in good standing.

The women reviewed and evaluated the past year’s events: Welcome Luncheon for Legacy mothers and incoming freshmen, Visions of Christmas Preview, “Like a Swarm of Bees”*, by Sister Carol Anne O’Marie CSJ, was last year’s selection for the “One Book, One Community” project at Carondelet High School.

The Alumnae Executive Board meets before each monthly meeting, to plan the program and projects for the Association meeting.

All members of the Alumnae Association are welcome to attend meetings on the third Thursday of every month, beginning in September. Details and reminders will be included in Carondelet on the Net. The Alumnae Executive Board met for the Board elected officers for the 2011-2012 year: Co-Presidents Roxanne Guzman ’92 and Colleen Groh Lauer ’84 (pictured); Vice President Char Teutschel ’79 and Secretary Kelly Onyett Williams ’85. The afternoon was especially effective as the group also identified committee chairs and reunion volunteers.

The retreat ended promptly at 4:00 PM as 11 enthusiastic, generous, newly energized Carondelet women left Pyramid Alehouse and headed for work, home, or other duties—and the ballgame was still on the TV screen, in overtime, extra innings!

Celebrating 175 years of CSJ mission, the Sisters of St. Joseph of Carondelet have taken the opportunity of their anniversary to articulate a vision of community and ministry for the generations to come. “Deepening Communion to the Seventh Generation” is the focus and theme of the CSJ 175th anniversary celebration.

The maxim, “To the Seventh Generation,” comes from the Iroquois Confederacy of Native American Nations in the northeastern part of the U.S. Among the nations, a key guide for discernment in decision-making is to consider the impact a decision will have on the seventh generation to come. In native wisdom, seven is a sacred number of fullness—wholeness—as it is in the culture of Catholic Christianity, in which we celebrate seven sacraments and tell the story of God’s creating the world in seven days. The genealogy of Jesus’ ancestors is recounted in groups of seven. Indeed, when the years are counted in generations units, 175 years equals approximately seven generations.

Lenten Souper Alum project, Crab Feed, and Golf Tournament Registration. They also reviewed and confirmed their service projects: Crossroads Blankets, Letters to the Troops and Concord Royale Tea Party, which were confirmed for the coming year.

A discussion followed regarding the need for alumnae to be more visible to the current student body. It was observed that the Senior Breakfast, when the alumnae welcome the graduates to the Association, happens too late to have much impact. As a result, the Alumnae Board intends to develop ways to be present as alumnae during regular school time, e.g. give a small token gift, such as an exam-week survival packet, from the Association.

The retreat afternoon was affirming as the Board elected officers for the 2011-2012 year: Co-Presidents Roxanne Guzman ’92 and Colleen Groh Lauer ’84 (pictured); Vice President Char Teutschel ’79 and Secretary Kelly Onyett Williams ’85. The afternoon was especially effective as the group also identified committee chairs and reunion volunteers.

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In 2011, the Sisters of St. Joseph celebrate seven generations of their CSJ foremothers and sisters—ancestors—who lived and extended the CSJ mission from Carondelet, Missouri, throughout the United States and the world. In doing so, they look to their deepening communion today and into the future, and they consider the potential and certain impact of their love of God and neighbor for seven generations to come.

The American CSJ Community gathered at their Motherhouse in St. Louis on July 7 and 8 to commemorate the anniversary. The Sisters of CHS belong to the Los Angeles Province, and several of their members, including many local Sisters, attended the anniversary celebration, as did CSJ Associate Michelle Koski ’98, a CHS faculty member.

Continued on next page...
Seven generations (continued)

The gathering gave the entire CSJ Community a time and place to celebrate the inspiring and prophetic women who led and mentored them through the past seven generations, to thank God for their mission and all that they have become, to deepen their relationships and collaborations in mission for generations to come and, finally, to have a good time and energize themselves for their future mission. The two-day event included prayer services and liturgies, sharing of sacred stories, speeches, exhibits, archive access, singing and dancing.

After seven weeks at sea, the first six sisters arrived in New Orleans on March 5, 1836. They traveled up the Mississippi River and arrived in St. Louis on March 25. They spent some time learning English before they opened their first mission in Cahokia, Illinois on April 7, 1836. On September 12, they moved to Carondelet, Missouri, where they lived in the log cabin that was destined to become the Motherhouse of the Sisters of St. Joseph of Carondelet. The plaque at right is displayed on the wall of the Motherhouse, where the American CSJ Community gathered in July.

WE HOPE YOU WILL KEEP IN TOUCH!

We’d like to know what you’ve been doing! Where do you live? With whom? What do you do? Have you got a new job, earned a new degree, made new plans? Please tell us about the direction your life has taken so we can share your news in the Carondeletter. Alumnae love to read about former classmates in our “Keeping in Touch” news notes, especially when families grow, careers change, and people move away...or return home! Please use this form to share your news or feel free to send an email to kvecchio@carondeleths.org. We’ll try to include your news in the next "Keeping in Touch." (Remember, we can only print information that an alum provides about herself...)

Your name:                                                                                      Class of:
What's New:

________________________________________

________________________________________

________________________________________

________________________________________

Signature

WHAT IS YOUR STORY?

You may not realize how interested we are in your volunteer work, family life, ministry or career, but we are! The Carondeletter aims to share the stories of Carondelet women who live the mission and values that the school seeks to impart. This takes many forms, as unique and nebulous as the human spirit. If you use your Carondelet foundation to do interesting work in the world, or you integrate gospel values in your life in some way, let’s explore that to see how we might share your story with our community.

We mail the Carondeletter to more than 10,000 people, primarily alumnae and their parents, current students’ families, current and past faculty and staff, benefactors and other community supporters. While we welcome all inquiries and ideas regarding editorial content, we cannot print everything that comes our way and, by design, we concentrate our publication on those stories that illustrate the mission and values of Carondelet High School. We hope that your years here continue to influence you and we look forward to hearing your story... If you’d like us to contact you, please make a note on the above "Keep In Touch" form or send an email to Katie Vecchio, Carondeletter Assistant at: kvecchio@carondeleths.org.
Reunions are Underway!

The Class of 2006 Kicked off the Reunion Season...

Reunions are a GREAT Way to Reconnect!

**Class of 1971**
- 40-year Reunion
- CHS Luncheon
- CHS/DLS Dinner Party
- August 20, 2011

**Class of 1976**
- 35-year Reunion/Mixer
- August 20, 2011

**Class of 1981**
- 30-year Reunion
- July 30, 2011

**Class of 1986**
- 25-year Reunion/Mixer
- July 16, 2011

**Class of 1991**
- 20-year Reunion
- July 30, 2011

**Class of 1996**
- 15-year Reunion/Mixer
- August 6, 2011

**Class of 2001**
- 10-year Reunion
- August 6, 2011

The Alumnae page of the school's website, [www.carondelet.net](http://www.carondelet.net), has complete reunion information and online registration!
PARENTS: Please send address corrections to the Alumnae Office.

CLASS OF 2011 COLLEGE CHOICES

12% of the Class Will Attend the University of California
Berkeley Davis
Irvine Los Angeles
Merced Santa Barbara
Santa Cruz

15% Will Attend California State Universities & Colleges
California Polytechnic State University, San Luis Obispo
California State University, Chico
California State University, East Bay
California State University, Fullerton
California State University, Long Beach
California State University, Sacramento
San Diego State University
San Francisco State University
San Jose State University
California State University, San Marcos
Sonoma State University

25% Will Attend 4-Year Private Universities & Colleges in California
Chapman University, Orange
Dominican University of California, San Rafael
Holy Names University, Oakland
Loyola Marymount University, Los Angeles
Marymount College, Palos Verdes
Mount St. Mary’s College, Los Angeles
Pepperdine University, Malibu
Saint Mary’s College of California, Moraga
Santa Clara University
Stanford University
University of the Pacific
University of San Diego
University of San Francisco
University of Southern California

38% Will Attend 4-Year Colleges & Universities Outside California

Boise State University, Idaho
Indiana University
Northern Arizona University
Oregon State University
The University of Alabama
The University of Arizona
University of Colorado at Boulder
University of Hawai’i at Mānoa
University of Idaho
The University of Iowa
The University of Kansas
University of Michigan
University of Nevada, Reno
The University of New Mexico
University of Oregon
University of Washington
Virginia Commonwealth University
Virginia Polytechnic Institute and State University
Washington State University

All 205 students in the Class of 2011 will attend college. 89% are attending four-year colleges and universities. 62% will attend college in California.

Private Out-of-State Colleges & Universities
Boston College, Massachusetts
Carleton College, Minnesota
Carroll College, Montana
Case Western Reserve University, Ohio
College of the Holy Cross, Massachusetts
Dartmouth College, New Hampshire
Drexel University, Pennsylvania
Duke University, North Carolina
Fordham University, New York
The George Washington University, Washington DC
Gonzaga University, Washington
Howard University, Washington DC
Marquette University, Wisconsin
Oberlin College, Ohio
Princeton University, New Jersey
Rice University, Texas
Sarah Lawrence College, New York
Seattle Pacific University, Washington
St. John Fisher College, New York
St. John’s University, New York
Texas Christian University, Texas
Trinity College, Connecticut
University of Dallas, Texas
University of Pennsylvania
University of Portland, Oregon

11% Will Attend 2-Year Colleges
Austin Community College
Diablo Valley College
Fashion Institute of Design and Merchandising
Los Medanos College
Santa Barbara City College
Santa Monica College